



NO BOOZE NEWS

2020

*East Valley
Intergroup, Inc.*

*1855 E Southern,
Suite 103*

Mesa, AZ 85204

480-834-9033

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info@aamesaaz.org

www.aamesaaz.org

TABLE OF CONTENTS

Hidden, Lost and Found	1
Quote of the Month	1
Hidden (cont)	2
I can Smell the cookies	2
Words from the Book	3
Gratitude Service Form	3
Carrying the Message	4
Announcements	4
Anniversaries	5
At Wit's End	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10, 11
Twelve on 12	12



Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

Hidden, Lost and Found

From the August 1963 Grapevine

All the test questions proved this mother of nine wasn't an alcoholic, but. . .

UNFORTUNATELY, I am a rarity in AA. I was what they call a hidden alcoholic.

I hid everything that had anything to do with my drinking. Few people knew I drank to excess, and not more than two or three suspected I might be an alcoholic. I hid bottles. I was a master at that. When they had something in them I hid them where they could be easily available to me--in the soap-flakes box under the kitchen sink, among the towels in the linen closet, in the pockets of my overcoat. I even threw out good cough syrup and filled that bottle with what I felt was much more desirable medicine. When those bottles were empty I hid them in the bottom of garbage bags; I wrapped them in newspaper and put them in the neighbor's garbage cans; I dropped them behind the walls of an unfinished closet. Once I even went so far as to wrap an empty bottle in wet paper towels, smash it to smithereens and flush it down the toilet.

I drank a lot. At one time I drank in excess of two fifths a day. After a while, I switched to beer. For a long time I drank little but beer. For seven months of one pregnancy I didn't drink at all. I made a bargain with a friend to lend my family a certain amount of money if I would promise not to take a drink until the baby was born. That was my first prolonged dry spell for a long time, and my last for a long time.

After that, beer ceased to satisfy me. I couldn't drink anything except beer in front of my husband, so I'd always have a bottle hidden--sometimes in the pocket of *his* overcoat. This I didn't like too much. And there were other things I didn't like. I didn't like the fact I rarely felt right, physically or mentally, until after I had had a drink. I didn't like the fact that my next drink was my number-one thought, when and how I was going to get it. I didn't like the way I looked; my face was pasty--sometimes bloated--and never did it sparkle or look alive. I didn't like the financial drain of alcohol; I didn't like the increasing curtailment of all outside activities because I never felt up to par.

I tried to stop. I made a bet with my husband that I wouldn't drink for seven days. I spent six miserable days, at the end of which I decided we hadn't had a real bet after all--and it didn't matter anyhow. I tried not to drink until four in the afternoon; I was miserable. I tried to drink only a bottle of beer and one shot an hour; I was miserable.

And then, finally, one big glaring fact had to be faced: I was drinking when I didn't want to. I kept excusing myself to myself. But that didn't, thank God, last long.

In the course of my life I had read everything I could readily find on alcohol and alcoholism. My father is an alcoholic, dry now because of God and himself, so I grew up knowing what alcohol in excess could mean to an individual and all who love him. I watched my own drinking pattern develop from a "drink would be nice" to "make it a double." I took all the tests for alcoholism in the magazines and newspapers. They threw me for awhile because: I didn't

QUOTE OF THE MONTH

At length I began to write on a cheap yellow tablet. I split the word-of-mouth program up into smaller pieces, meanwhile enlarging its scope considerably. Uninspired as I felt, I was surprised that in a short time, perhaps half an hour, I had set down certain principles which, on being counted, turned out to be twelve in number.

- Bill W. July 1953

have blackouts; I didn't pass out (I just fell asleep when I was tired, and who wouldn't be tired taking care of nine kids and a big house); I'd never been in jail or seen a doctor or psychiatrist for my drinking; my husband didn't leave me because I was a lush; I never had any great personal tragedy directly due to alcoholism. But I had read about tragedies and I knew they did happen to those who progressively drink more, as I seemed to be doing.

So I had to stop before it was too late. Actually I didn't know how AA was going to help me, or if they could help me. I only knew that before I lost all respect--the little bit of self respect I had left--I had to stop.

So I called AA. In those first few weeks I learned certain little ways to stay sober--to just put off having a drink. Sometimes I didn't even think of it. At other times the desire for a drink became such an obsession that I could just put off that drink for five minutes, then for another five minutes, and finally the thoughts on the job I was trying to do would break through and the desire would leave me. I kept active--that's not hard with nine kids, but I found I had to do other things besides housework. There were a lot more ways: meetings where I aired my alcoholic problems, reading the Big Book which many times gave me the answers and talking to others, learning their problems and learning what might have happened to me.

Yes, AA and God got me sober. And because of that I wake up in the morning with hope and love and faith in my heart. I look at the dawn as a beautiful thing. I go to bed at night tired, but feeling good because I have accomplished something. If nothing else, I have been sober.

BY: M. B. C. | PHOENIX, ARIZONA

I Can Smell the Cookies

From the 2015 Grapevine

I live in the Yukon, and there are seven AA meetings a week that I could drive to. Technically, I don't know if I exactly fall under the auspices of a remote community, but in the winter, if the snow isn't too bad and hasn't drifted over my driveway with the snowplow being at the wrong end, I can sometimes make it to one of those meetings. In the spring, I can usually contend with the mud. However to get to those meetings requires navigating more than 800 kilometers of Highway 16. And believe me, sometimes in order to get my vitamin AA, I will do it, but the 15 or so hours required can prove a bit onerous.

Most of the meetings in my area are small, averaging three to four people. While it takes only two alcoholics to have a meeting, I have to admit to occasionally wanting more. So it was a delight when I was introduced to the remote communities telephone meetings. Wednesday night, come seven o'clock, you will find me, supper finished, slippers on, sitting in my office waiting for Chris or Wendy to call. The group facilitates a telephone meeting and I have the luxury of attending it—whether snowstorm, rain or mud—without my wife wondering and worrying about when I will return. This way I get to have this wonderful fellowship, the AA message of recovery, and the sure knowledge that I am not alone. Sometimes I can even smell the cookies being served at the other end of the line.

If you're up on Highway 16 on a Wednesday night around 7 p.m., please drop by. I'm listed as a remote meeting, and there's always room for one more around my speakerphone. Together we can pass on a message of recovery through the phone. And with a bit of a heads up, I can make sure that the smell of cookies isn't just in our imaginations.

—Anonymous



Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

Words From the Big Book

On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while. — PG 86

Please use the **Gratitude With Service** form below to volunteer for any of EVI's Standing Committees, such as **PI/CPC (Public Information / Cooperation with the Professional Community)**, **Special Events**, **Literature**, **Unity**, or **Phone Volunteers**.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

- Weeknights
 Weekends
 Weekdays

Phones Night & Weekend

- Weekends
 Weeknights

- Office Phone Volunteer
 Other Office Help

Committees of Interest

Check only those you are willing to serve on

- Public Information / Cooperation with the Professional Community**
 Special Events
 Literature
 Newsletter (*No Booze News*)
 Unity Committee
 Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

TRAIL TO SERENITY, HAVASU STYLE

NOVEMBER 12 ~ 15, 2020

LAKE HAVASU STATE PARK

699 LONDON BRIDGE RD, LAKE HAVASU, AZ 86403

TRAILTOSerenity.org FOR MORE INFORMATION

INTERNATIONAL WOMEN'S CONFERENCE

FEBRUARY 18 ~ 21, 2021

VIRTUAL, HOSTED BY CHARLOTTE NC

INTERNATIONALWOMENSCONFERENCE.ORG



Area 03

2020 November Assembly

Virtual

area03.org for details

Casa Grande to Host

Western US / Canada Forum - Virtual

December 19, 2020

Registration opens November 20th at aa.org

No charge to register.

Workshops, presentations, Q&A

And more...



Looks like most events are shut down or going to online formats.

Check the events page on our website periodically. We will post information as it becomes available.



Carrying the Message

JANUARY 1965

Water on the rocks

Just a quickie to the professional-type alcoholic who still might have a sneaking feeling that drinking is a part of his job and that other members of his profession would look aghast if he ordered a tall, cool, soft one at the next business meeting or social gathering.

Recently, an item appeared about me in our Orange County *Press Club Reporter*. It said, to wit: "Don't talk to Mitche H. about food, cigarettes or drink. She's off booze and cigarettes and on a strict diet via doctor's orders. Can't even have coffee, but she's still in a pretty good mood."

This would be just an ordinary quote if I hadn't had my last drink on April 26, 1959 and my last cigarette July 9, 1963 (at 4:32 P.M.) and if I hadn't sat in on the Board of Directors' meetings for approximately eighteen months (where directing is simultaneous with drinking), and been active socially, also.

In fact, no one noticed anything until I had to stop drinking coffee. That did it! I was finally questioned about my good, clean life which was prompted by my order for my one and only drink. "Water on the rocks."

BY: M. L. H. | NEWPORT BEACH, CALIFORNIA



Name Date Days

Marilyn M.	11/29/1978	15341
Laure K.	11/6/1982	13880
John H.	11/11/1983	13515
Tom S.	11/13/1983	13515
Terry S.	11/22/1984	13149
Geoff G.	11/17/1985	12784
Richard W.	11/22/1985	12784
Roxanne B.	11/8/1986	12419
Lance N.	11/2/1987	12054
Vance C.	11/9/1987	12054
Ann Marie E.	11/23/1988	11688
Pam Y.	11/25/1988	11688
Candace R.	11/17/1989	11323
Kay R.	11/21/1989	11323
Bob C.	11/1/1993	9862
Gordon G.	11/7/1993	9862
Brandon B.	11/7/1995	9132
Vicki B.	11/29/1995	9132
Rose M.	11/1/1996	8766
Jay Z.	11/14/1996	8766
Mary D.	11/30/1996	8766
John G.	11/26/1998	8036
Clark L.	11/28/2000	7305
Jamie F.	11/3/2001	6940
Mark F.	11/5/2001	6940
Ed B.	11/10/2001	6940
Jim N.	11/17/2001	6940
Melissa H.	11/1/2002	6564
Jennifer M.	11/26/2005	5479
Vera M.	11/26/2005	5479
Maggie S.	11/29/2009	5479
Steve R.	11/1/2006	5114
Tara E.	11/11/2006	5114
Don S.	11/26/2006	5114
Kristina M.	11/10/2007	4749
Dawn H.	11/18/2007	4749
Meredith J.	11/9/2008	4383
Bob C.	11/9/2008	4383
Linda F.	11/19/2008	4383
Cristy F.	11/6/2009	4018
Aaron B.	11/26/2009	4018
Shawn W.	11/5/2010	3653
Brad W.	11/8/2010	3653
Abby A.	11/25/2010	3653
Brad R.	11/27/2011	3288
Karen S.	11/27/2011	3288
Peter U.	11/11/2012	2922
Darrell S.	11/10/2013	2557
Joshua E.	11/15/2015	1827
Matthew J.	11/28/2015	1827
Gavin R.	11/26/2016	1463

Step Eleven~ Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition Eleven~ Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Concept Eleven~ The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

"I have a close friend who has recently yielded to a strong public movement. The movement was spear-headed by his family, his doctors, several hospitals and the police of his immediate neighborhood.



"As a result of this outpouring of public opinion and indignation, my friend had given up drinking. Drinking had been more than a hobby with him. More like a life's work.

"I saw him the other afternoon and asked: 'What do you do with yourself now that you're off the sauce, Jimmy?'

"'Oh, I keep occupied,' he answered. 'Take yesterday, for instance. I got my shoes shined seven times.' "

BY: G. W. | CHAPPAQUA, NEW YORK

Norton Mockridge's column in the N. Y. *World Telegram & Sun*. "I always drink standin' up," Mockridge quotes a saloon customer, "'cause it's much easier to sit down when I get drunk standin' up than it is to get standin' up when I get drunk sittin' down."



Get Published!
Send your articles, jokes, poems and artwork to Rick T. info@aamesaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or visit our website

aamesaaz.org



EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

**2222 S Price Rd. Tempe
(Church of the Epiphany)**

Or

Workshops can be done at your Group !

For more information

Call Beth H



EVI Sponsorship Workshop

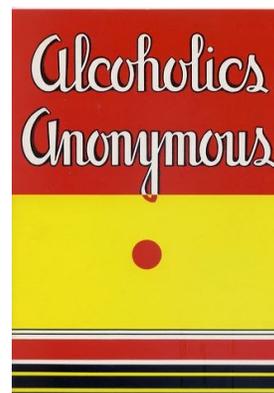
10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jerry C.

HOST GROUP SCHEDULE

November 7th ~ Page A Day



Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

2222 S Price Rd. Tempe

(Church of the Epiphany)

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting
1st Friday of the month

Check aamesaaz.org for location information
contact: 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

Check aamesaaz.org for location information

November 6th ~ Gilbert Gals

December 4th ~ The Way Out

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.



***** Regular Shifts Available *****

Central Office Manager's Report October 16, 2020

In September we received 465 requests for information and assistance. Of those 135 calls were for meeting info, 112 were office visitors and 14 resulted in a good old fashioned 12 step call. Our Google listing also receives steady traffic. Our Google totals for September are 4,830 searches resulting in 322 visits to our website and 38 calls. Our website stays busy too with 25,292 visits in the last 30 days. We are seeing a few events popping up in the future. Keep checking the Events page at aamesaaz.org.

We have received a book/literature order from Grapevine and have plenty of stock available for your holiday shopping needs. It included a rereleased 3 book set of the Best of Grapevine vol 1, 2, and 3 for \$23.

Good connections: In the last month we have had 2 twelve step opportunities come to the office. People who didn't really know what to expect from Alcoholics Anonymous but found our address on the internet and came in to address their drinking issues. The desk volunteers and I had the opportunity to share some experience, strength and hope, getting them started in the right direction. This hasn't happened since covid came in March. Good to see people reaching out, this is why we are here.

I attended the virtual Office Managers Seminar September 17th to 20th. There were 207 registered attendees from as far away as Auckland, New Zealand and Oahu, Hawaii. This was the highest attendance ever. The people in Des Moines did an amazing job putting this together.

There are regular spots available for the office front desk. Please discuss with your group the service opportunities that are available thru your East Valley Intergroup. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service
 Kim Watkins
 Central Office Manager
 East Valley Intergroup

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and how.

New Meetings:

- Good Orderly Direction 241 Queen Anne Dr. Queen Valley MO 7:00p O
 (Queen Valley Baptist Church)
- Happy Destiny 5764 E Hunt Hwy. San Tan Valley TU 6:00p O
 (American Legion Community Center)
- Serenity Now 655 S Crismon Rd. Mesa SU, MO, WE 9:30a O
 (Skyline Park N of RR)
- The Patio Group 4040 W Ray Rd. Chandler Every Day 7:00a O

Changes: ~Too many to mention.~

Deletions:

EVI CENTRAL OFFICE ACTIVITY

	Sep	2020
Meeting Information Calls.....	135	1350
General Information	99	985
Referred to Salt River Intergroup	4	52
Referred to Al-Anon.....	12	94
Referred to Community Info.....	1	1
12th Step Calls	14	113
Business Calls	88	875
Office Visitors	112	982
Meeting lists printed.....	200	3300
Info request via E-mail.....	72	742
Desk Volunteers-Reg/Sub/None.....	24/ 12/ 4	
Desk Volunteers-Reg HRS YTD.		936hrs

Web Stats

Website Visits last 30 days 25,292 YTD 287,732
 Google Searches last 30 days 4,830

East Valley Intergroup **NEW**
 1855 E Southern Ave. Suite # 103
 Mesa, AZ 85204

General Service Office
 PO Box 459, Grand Central Station
 New York, NY 10163

Area 03 Treasurer **NEW**
 PO Box 3691
 Gilbert AZ 85299
 Make Check To: AZ Area Committee

District 08-818
 PO Box 12044
 Tempe, AZ 85284

District 08-819
 PO Box 594
 Mesa, AZ 85211

District 08-820
 PO Box 20404
 Mesa, AZ 85277

District 08 (Maricopa County)
 PO Box 45066
 Phoenix, AZ 85064

Valleywide H & I
 PO Box 80126
 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area
 30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.



<u>GROUP</u>	<u>Sep</u>	<u>YTD</u>
11th Step Candlelight		\$145.00
2121 Beginner Workshop		\$0.00
417 Group		\$524.29
A Vision For You Group		\$150.00
ABC Group		\$0.00
Ahwatukee Group		\$400.00
Ahwatukee Nooners.....	\$200.00	\$700.00
Ahwatukee Saturday Men's.....	\$87.22	\$525.57
Ahwatukee Women's Group	\$61.00	\$454.06
Arbor Daily Noon Group.....	\$200.00	\$1,00.00
As Bill Sees It QC		\$310.33
As You Wake Up		\$25.00
Attitude Adjustment CG	\$100.00	\$160.00
Attitude of Gratitude		\$0.00
Basic II		\$200.00
BBookworms	\$20.00	\$40.00
Bloopers		\$0.00
Bootstrap Men's	\$300.00	\$300.00
Both Books		\$0.00
Breakfast Club		\$0.00
Busted Ego.....		\$250.00
By The Book		\$122.43
Chandler Men's Stag Group		\$240.00
Chandler Noon Group	\$178.00	\$1,684.40
Chandler Women's Big Book Group		\$262.50
Common Solution.....		\$500.00
Common Thread.....		\$787.04
Copper Basin Group		\$0.00
Courage To Change.....		\$150.00
Dog Tired.....		\$300.00
East Valley Men's Stag.....	\$64.00	\$950.00
East Valley Veterans.....		\$20.00
Easy Does It Group	\$88.87	\$799.83
Eye Opener Group		\$600.00
Fae Pack		\$375.25
Family Recovery Group		\$0.00
Fill in the Blank		\$325.39
Firehouse Meeting.....		\$350.00
Florence Group		\$70.00
Friday Night BB, Step Study		\$454.00
Friends Of Bill W.....		\$115.00
Get It Together.....		\$998.79
Gilbert Gals		\$0.00
Gilbert Group		\$150.00
Gold Canyon 12 X 12 Group		\$102.96
Good Ol' Back to Basics		\$300.00
Grateful Girlfriends		\$200.00
Gratitude Group		\$575.00
Great Start.....		\$650.00
Gut Level		\$0.00
Happy Hour @ Sunbird.....		\$150.00
How It Works		\$40.00
Into Action		\$210.00
Keepin It Real Ladies		\$424.30
Last Resort	\$60.00	\$60.00
Life In The Big Book	\$50.00	\$353.00
Livin Life		\$0.00
Maricopa 12 X 12		\$80.00
Maricopa Group		\$150.00
Mid-Morning Group.....		\$200.00
Monday Night Madness	\$100.00	\$200.00
Name In The Hat.....		\$488.20
New Beginnings		\$100.00
New Hope Group		\$0.00
New Spirit Group		\$750.00
No Name AA Group		\$150.00
Not A Glum Lot.....		\$0.00
Opportunity Knocks	\$100.00	\$300.00
Page A Day		\$2,031.27

<u>GROUP</u>	<u>Sep</u>	<u>YTD</u>
Pioneer Group		\$416.60
Price Is Right		\$156.95
Primary Purpose Group		\$300.00
Prime Time.....		\$0.00
Progress Rather Than Perfection		\$0.00
Putting God First		\$0.00
Queen Creek Nooners		\$1,006.31
Re-Awakening Group		\$20.00
Remember When		\$0.00
Renewed Spirit.....		\$250.00
Rising Spirit.....	\$403.20	\$926.21
Road To Recovery	\$1,055.20	\$5,052.54
Rock Solid		\$130.00
San Tan Men's		\$100.00
Second Chance Group		\$336.00
Serenity Now.....		\$549.50
Shade Tree.....		\$150.00
Sisterhood Of Solutions		\$151.68
Sobriety is Gold		\$400.00
Sobriety Rocks		\$0.00
Society Group		\$51.00.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$175.00
Southeast Valley Stag.....		\$450.00
Spirited Women		\$87.75
Step By Step Group		\$255.29
Stepping Stones		\$583.50
Sunday Afternoon Step.....		\$200.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers.....		\$343.50
Sun Lakes Women Serenity Seeker	\$25.00	\$250.00
Sunland Serenity Seekers.....		\$0.00
Sunset Group	\$100.00	\$150.00
Tempe Group.....		\$205.00
Tempe Nooners		\$325.00
Tempe Sunrisers		\$0.00
Tempe Young People.....		\$0.00
The Library		\$0.00
The Real Thing		\$0.00
The Way Out Group	\$75.00	\$871.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out		\$200.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$771.36
Upon Awakening.....		\$2150.00
We Ain't Dead Yet.....		\$65.00
We Agnostics		\$406.59
We Can Group.....		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$450.00
West Chandler Men's.....		\$0.00
Who's Driving Your Bus?.....		\$0.00
Wolf Pack Group	\$100.00	\$200.00
Women in Gratitude.....	\$43.00	\$43.00
Women in Solution		\$30.00
Women in Touch		\$168.55
Wonder Women.....		\$200.00
*Anonymous Groups.....		\$339.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$0.00
AZ AA Women's Conf.....		\$500.00
Dist 08-818		\$0.00
Dist 08-819	\$1,750.00	\$1,750.00
Meal and a Message.....		\$500.00
Group Totals	\$5,160.49	\$45,218.94
EVI Committees	\$35.00	\$366.39
Individual Contributions	\$471.00	\$8,484.00
GRAND TOTALS	\$5,666.49	\$54,069.33

(*Group contribution with no group name listed)



BALANCE SHEET
Sept. 30, 2020

Assets	
Current Assets	
Checking	5,609.48
Prudent Reserve (Savings)	24,788.26
Accounts Receivable	594.35
Inventory Asset	26,371.50
Undeposited Funds	50.00
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$62,498.90
Liabilities & Equity	
Liabilities	
Accounts Payable	0.00
Visa Credit Card	262.89
Payroll taxes	0.00
Total Liabilities	\$262.89
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	24,503.74
Net Income	-6,046.67
Total Equity	\$62,236.01
Total Liability & Equity	\$62,498.90

PROFIT & LOSS STATEMENT
Sept. 2020

29 Group contributions totaling	\$5,210.49
14 Individual contributions totaling	\$471.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$35.00
Total Contributions	\$5,716.49
Total Income	\$8,178.27
Less total Cost Of Sales	\$1,767.66
Gross Profit	\$6,410.61
Less total Expenses of	\$7,856.24
Net Sep Loss	(\$1,445.63)
YTD 2020 Loss	(\$6,046.67)

The current Prudent Reserve balance is \$24,788.26
The Prudent Reserve has been established for 2020 in the amount of \$27,817.34

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer
fullflight@cox.net

Traditions Checklist

Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

1. Do I sometimes promote AA so fanatically that I make it seem *unattractive*?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?



East Valley Intergroup Business Meeting Minutes

October 16, 2020

Meeting Opened at 7:01 PM via Zoom

Opened with the Serenity Prayer

12 Traditions read by Eddie

Attendees: Tom N - EVI Chair, Travis M - Serenity now, Ryan P - Great Start QC EVI Rep, Vicki B - Phone Committee, TOMMY M - S.E.Valley Stag, Sharon B - Stepping Stones, EDDIE M - boot straps rep, Marge M - Spanish Liaison, Rose M - Happy Hour Sunbird, Monica S-E - Alt. for Serenity Seekers, Susan G - alt Women in Gratitude, Ron S. - EVI Treasurer, Mary D-B - WIG/EVI rep, Shap W-Tempe Nooners EVI alt, Gary L - Advisor Special Events, Troy D - Road to Recovery, Wesley H. - EVI Vice Chair, Andrea M - EVI Secretary (Sub), Wendy H - H&I Liaison, Lois L - DCM 08-819, Tom C - PI/CPC Chair, Debbie C /ALT-DCM 08-820, Corie R. - Chandler Women's Big Book, Jason C - South-east Valley Mens Stag, Dave M - PI/CPC Advisor, Jim M - WADY, Barb M-Unity Advisor to Steering Committee, Mary N - Ego Busters, Jay J - Special Events Chair, Daryl K. - Both Books Step Study, Jerry C - SPONSORSHIP Workshop, Ken C. - SUNSET REP, Laura K - Patio Group, D J - Easy Does It, Marna W -The Way Out rep, Mindy - The Society, Bill W - GIT, Noah G - Ahwatukee Men's Group, Laura's iPhone - unknown, iPhonevan- unknown
(This list was compiled from the names each rep typed into their Zoom screen.)

New Reps: Jason - Alt SE Valley Men's Stag, Susan G. Alt Women's in Gratitude

Committee and other Trusted Servants:

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Tom C	Office Manager	Kim W	H&I Liaison	Wendy H
V. Chair	Wesley H	Chair- Special E.	Jay J.	Spanish Liaison	Marge M
Treasurer	Ron S	Chair- PI/CPC	Tom C	Al-anon Liaison	Warren E
Secretary	Maria D	Chair- Phones	Beth H	DCM 08-818	Tearsa C
Advisor- Special E.	Gary L	Chair- Unity	Dave K	DCM 08-819	Lois L
Advisor- PI/CPC	Dave	Chair- Sponsorship	Jerry C	DCM 08-820	Bill B
Advisor- Phones	Larry S	No Booze News	Rick S	ZONYPAA	Megan P
Advisor- Unity	Barb M	Literature	Eric		

Tom welcomes everyone and reminds everyone of email with attached 2021 Budget. Tom introduces new Advisor to Steering Committee PI/CPC -Dave M.

Secretary's Report: Tom shared on screen minutes from last month's business and Steering Committee Minutes from past week. Tom C. requested amendment to Sept minutes under PI/CPC report, 4th bullet point should read Libraries *will be asked to stock* books. Motion to accept as amended by Ken C., seconded by Travis. Report accepted as amended.

Treasurer's Report: Ron S. Report shared on screen. Motion to accept report as presented - Ken C., seconded by Tommy M, report is accepted as presented.

7th Tradition: You can make a 7th tradition contribution on the EVI website. www.aamesaaz.org

Chairperson's Report: Tom N. no written report.

Office Manager: Kim W. - report on page 7.

Vice Chair's Report: Wesley H.

No written report. Lois will fill us in on Nov. assembly during DCM report.

STANDING COMMITTEE REPORTS

PI/CPC: Tom C.

Minutes of our meeting are in the report. Tom recapped.

Special Events: Jay J.

No too much to report

Monthly Speaker was hosted by Society on Oct 2. The Monthly Speaker Meeting will be hosted by Gilbert Gals in Nov.

Zoom Meeting codes will be available

Phone committee: Vicki H.

No report. Trained new person tonight at workshop. Term is coming to end. There is one person interested in taking over position.

Unity Committee: N/P - Dave K.

Tom read report- committee is planning to visit some groups that have re-opened.

If you would like to do service work with the Unity committee, please contact me via text at 602 920-7417.

Tom clarified that new EVI Zoom Account will use same meeting code for Monthly speaker meeting, Phones, and Unity meetings. The phones and unity will use breakout rooms for their meetings.

Sponsorship Workshop: Jerry C.

Page a Day will host workshop at 10AM on November 7th. Thank you to Larry S. for getting Zoom together.
Lois is sending out Flyer through GSRs. We are hoping to get larger crowd!
Great Start group is going to host January workshop.

No Booze News (NBN) Newsletter Editor: N/P – Rick

Provided written report (pg. 23 of packet)
Need article submitted! Group history
Interested in someone to share story who started sobriety during Covid/Quarantine.
Feel free to send shout outs to newcomers with something nice to say.

Literature: N/P – Eric J.**LIASION REPORTS****Al-anon Liaison:** N/P – Warren E.**H&I Liaison:** Wendy H. –

Elections are happening in Dec.
Budget questions about being above prudent reserve by \$600. They are holding on to the money so they can get books out when possible.
Service Liaison position is possibly to be discontinued. Committee decided they want discussion to go back to groups asking if they want this position.
Service Liaison goes to groups that do not have H&I rep.
Salvation Army needs meets brought in on Tuesday and Friday. Location is at Central and Pima.

Spanish Liaison N/P – Marge M.

Attending women's Spanish meetings.
Asked to be Spanish Liaison for District 16163 PI meeting
Spanish Women's Workshop is next year and asked to help.

Zonypaa Liaison: N/P – Megan P.**Sub District 08-818:** Tearsa C. Meetings have been on Zoom.**Sub District 08-819:** Lois L.

Hybird meeting this month. Budget reviewed and it went smooth. Decided to send off money to GSO and EVI
Trail of Serenity is Nov 12-15 at Lake Havasu
November Assembly for Area 03 is on zoom on Nov 7th. Everyone is invited. www.area03.org to register. No cost, but you must register to get Zoom code.

Sub District 08-820: Debbie Switching over to hybrid meetings**OLD BUSINESS:**

Grateful for Wendy H and Dave M for stepping up.
We do need Literature Coordinator for EVI. Please contact Steering committee if interested.

NEW BUSINESS:

2021 Budget review – thank you to Ron and Kim for work to get out to SC and Groups. Tom turns discussion over to Tom and showed budget on screen
Ron reviewed the two page report. Income is on first page. Expenses on second page. We did budget as if we are having events like anniversary dinner, etc.
We are presenting this as approved budget from Steering Committee.
*Reps need to take this back to the groups for vote next month at November EVI Business Meeting
Ken C- any thoughts of getting this meeting or monthly speaker meeting in hybrid format?
Tom – Yes, it is being considered. Church of the Epiphany is open to having attendees as long as we follow local guidelines. Simply based on logistics, we have stayed on Zoom. We are working on technology around Hybrid.
Ron- We spoke about changing website address from aamesaaz.org to something more inclusive to East Valley.
Tom- We are open to suggestions for new website name. Larry S. has prototype of new website; however, not ready to do any overall revamp. This would be over the course of the next few months.

ANNOUNCEMENTS:

Marge - Campfire Meeting at Riparian Reserve is last Saturday of month Oct – April. Flyers will be at office.

Tom C. motions to close, EVERYBODY seconded, passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service,

Andrea M.

Pass the gravy

NOVEMBER 2019 | GRAPEVINE CLASSICS

There's nothing like a Thanksgiving dinner to put the Third Step to the test

The Third and Eleventh Steps are absolutely essential in my life. And to ensure that I'm reminded of their importance, I begin my week with an Eleventh Step AA meeting on Sunday and end my week with a Third Step meeting on Saturday.

Put another way, I look to the Third Step as my insurance policy against taking a drink. As with any insurance policy, I must make sure my premiums are always fully paid. I pay my premiums by practicing Step Eleven.

I have almost three decades of sobriety and my Higher Power has never let me down. Let me give you the latest example that just happened during Thanksgiving weekend.

It was early Saturday morning and I was walking my dog. The exercise is good for both of us and it's a great time for me to practice praying and walking meditation. My prayers always begin with gratitude, but on this day, my thinking kept veering off to a possible conflict that might happen at dinnertime.

My nephew and his family had come to visit us for Thanksgiving. They brought their three little girls, ages 3, 5, and 6. My wife and I enjoy them immensely. Their family is very religious. The little girls take turns saying a mealtime prayer, even the 3-year-old. This is something that they do and we go along with it.

We had invited another relative and his family to dinner for that night. They had three boys, ages 9, 11, and 13. They are a family of atheists. I've heard them in the past make derogatory remarks about religion. I couldn't help thinking that a nasty scene might unfold, or explode, around the table. So on this morning walk, I needed to have a little talk with my Higher Power about this. "Please give me the right words," I pleaded, "so I can prevent chaos from happening."

Then I practiced make-believe dialogue with certain family members, imagining what I would do if he said this or she said that. But then I realized that was all wrong. In my prayer, I said, "I'm turning all this over to you, God. I know you have my back and I know you will give me the right words to help bring about calm."

Having turned it over to God, I found myself minutes later rehashing the dialogue over and over. Again I prayed, "God, I trust that you'll take care of this."

This situation repeated several more times, but finally I began to really feel that I had given my dilemma over to my Higher Power. For the rest of the day, the anxiety didn't return and I was at peace with it.

Then came dinnertime. The families were all gathered around the table. Everyone had their plate of food. I began praying silently, "OK, God, I may be needing your help soon, please give me confidence, please help me to say kind and effective words, please..."

All of a sudden, my wife piped up, "Is everyone thankful for all our food?" In unison, everyone at the table yelled out an enthusiastic, "Yes!"

And we ate.

"Thank you, thank you, thank you," I whispered to my Higher Power, with a big smile on my face. "Pass the gravy, please."

BY: BILL K. | SANTA ROSA, CALIFORNIA

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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

