

October 2022

NO BOOZE NEWS

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Get a Backbone, Not a Wishbone

I got sober in 1961. I asked Bill W. years ago why we call the Steps the Steps. He said that we climb up with dignity. He also told me we experience the Steps. At times in sobriety we are uncomfortable, and they enable us to pick out what we can change to get comfortable again. They help us quit running from ourselves, our lives and our Higher Powers.

I was at the Babylon group one Monday night. I was early, and this woman was putting out the ashtrays. Her name was Wilma

M. I said to her, "I'm afraid of living and scared of dying." Wilma looked at me and said, "You are not a has-been, you are a never-was. Better get a backbone instead of a wishbone."

Faith in AA and a Higher Power gave me a backbone. It enabled me to try to correct my defects and live with dignity. I no longer was the dog under the table; I was the dog at the table. The Fifth Step enabled me to forgive myself and join the human race. I found out how I had been lying to myself and let fear and anger run my life.

I came into AA at 21. I joined a group, got involved and helped open other new groups. I took a day off every three months to go into New York City to buy literature. I was only making \$40 a week, but AA had given me a life, so I was willing to sacrifice a day's pay.

The old-timers taught me how to love, and my group showed me that I counted. Through the Steps I learned that I didn't have to react to people, but interact with people. I retired from my job. I made a difference and got to grow up as a man of dignity. When I look at my kids I see the principles of AA in them.

An old friend of Bill W.'s once told me that AA will give you a will to live, a life to lead, and a faith to live by.

We all put a lot of work into change, and we put in a lot of effort to keep AA going. Sometimes we would drive 50 miles to keep a commitment. And we all learned to laugh, but we never forgot how much we cried.

Written by Michael S. -Florida

Quote of the Month

Learning how to live in the greatest peace, partnership, and brotherhood with all men and women, of whatever description, is a moving and fascinating adventure.

-Bill W.



Scan QR code for:

aamesaaz.org/contact/



Teenage Nightmare: Confessions of a Young Suicidal Alcoholic

By Eduardo C.

I was already emotionally unstable before I started my career as an alcoholic. Both of my parents were born in Mexico. My parents split when I was about 13. I was happy as a child, but I just went wild. My dad had left the state with his new girlfriend. Now it was just my mom, my sister, and me. I was a freshman when I started drinking, and that same year I started cutting myself.

The following years were nothing but parties, cruising in stranger's cars, fights with the family and a lot of self-destructive behavior. At 16, I became bulimic. I made myself throw up because I felt ugly. Within a year, I was hospitalized at a mental hospital for the third time because of suicide attempts. I have been in and out of AA since I was 16. I worked with a drug counselor, a therapist, and a psychiatrist, and they diagnosed me as a "bipolar, manic-depressive." I was prescribed a variety of meds to help keep me stabilized. The only pills I felt OK with were the mood stabilizers because they helped with my intense emotions and anxiety.

After a relapse when I was 17, I drank with all of my medications. I was heavily drunk when I decided to gulp them. This happened a night before my mom's birthday. I thought my life was over. I was just so tired of waking up and seeing my world dark and clouded. I couldn't bear to look in the mirror. I was numb. I felt as if my life was an endless movie of self-destruction, rejection and abuse—something unreal. It became so unbearable that I finally just gave up. I stayed sober for 13 months and relapsed a few weeks before my 19th birthday. I stayed out for two months and realized that even if I didn't feel like killing myself, even if I had all the things I wanted and was fit and healthy, that alcohol and drugs were not going to clean up the mess I created. I was throwing my life away. Maybe, just maybe, I don't know so much about living life.

Today I am in service every single day—from the moment I wake up to the hour I go to bed. Today I try to be honest with myself so that I know what my real intentions are.

At first being thoroughly honest was hard. I didn't like admitting to humans, God and myself the exact nature of my defects. I still don't like admitting that I'm powerless over everything and everyone. I still don't accept that my life is unmanageable on a daily basis. But all of this is becoming easier for me to do by practicing it and following suggestions from my sponsor. Whenever things get hard, or I don't want to follow through with a suggestion, I simply humble myself to my Higher Power and say, "Just for today." That helps me live in the moment, and accept that—just for today—AA is my reality. I didn't need meds to stay sober, just a Higher Power, a spiritual path and someone to hold my hand through it all. AA has given that to me.

From the Twelve Steps And Twelve Traditions

Step Ten - *Continued to take personal inventory and when we were wrong promptly admitted it.*

AS we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions? A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. -pg. 88

Please use the **Gratitude With Service** form below to volunteer for any of EVI's Standing Committees, such as **Special Events, Literature, Unity, or Phone Volunteers.**

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News** Subscription / Renewal (\$18.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting

ROUNDUPS, CAMPOUTS AND CONFERENCES

ROCKY POINT ROUNDUP

OCTOBER 14 ~ 16
SONORAN SEA RESORT
PUERTO PENASCO, MEXICO

VERDE VALLEY ROUNDUP

OCTOBER 28 - 30, 2021
2025 RESERVATION LOOP RD.
JACKPOT RANCH, CAMP VERDE AZ

MIRACLE ON THE RIVER

NOVEMBER 4 ~ 6
100 PARK AVE.
LAKE HAVASU CITY, AZ

APACHE LAKE CAMPOUT

NOVEMBER 11 ~ 13
APACHE LAKE MARINA AND RESORT
APACHE LAKE, AZ

**Check the events page on our website. We will
post information as it becomes available.**



**08/820 QUARTERLY POTLUCK
AND SPEAKER MEETING**

OCTOBER 15, 2022
5:30PM TO 8:00PM
1050 W SUPERSTITION BLVD.
APACHE JUNCTION

PRAASA 2023

Save the Date
March 3 ~ 5, 2023
Los Angeles, CA

**East Valley Intergroup
Unity Day**

October 29th, 2022
9am to 2pm

2222 S Price Rd. Tempe AZ
(Church of the Epiphany)

Come check out service opportunities at your
Intergroup. Presentations from all the service
committees.
Free lunch at 11:30 and Speaker at 12:30pm.

Save the Date

2022 EVI Thanksgiving Alcahthon

12 Noon Wednesday, November 23, 2022

To

12 Noon Friday, November 25, 2022

Still have open slots for host Groups.

Area 03 - Virtual Workshops

12 X 12 X 12

Steps, Traditions and Concepts

Every 4th Thursday at 7pm

Meeting ID: 843 7907 2144

Passcode: 523310

Arizona Area 03

November Assembly

November 5th

425 S Power Rd. Mesa AZ

Name

Date

Thomas S.	10/17/1981	14975
Larry R.	10/3/1983	14245
Marilynn S.	10/23/1983	14245
Lenay L.	10/7/1984	13879
George D.	10/20/1984	13879
Louise G.	10/25/1984	13879
Mike C.	10/12/1985	13514
Shap W.	10/18/1985	13514
Harry L.	10/28/1985	13514
Jim S.	10/10/1986	13149
Pat P.	10/18/1987	12784
Shirley B.	10/8/1988	12418
George P.	10/2/1992	10957
Denis W.	10/26/1992	10957
Travis M.	10/30/1993	10592
Lucy W.	10/11/1995	9862
Juanita A.	10/28/1995	9862
Jay Z.	10/14/1996	9496
Irene D.	10/21/1996	9496
Terry T.	10/6/1997	9131
Lisa B.	10/13/1997	9131
Dave H.	10/14/1998	8766
Dennis R.	10/23/1998	8766
Rebecka L.	10/5/2000	8035
Danny S.	10/22/2001	7670
David R.	10/3/2003	6940
Mike P.	10/9/2003	6940
Kristina F.	10/23/2004	6574
Shelby T.	10/1/2005	6209
Diane B.	10/7/2005	6209
Katie S.	10/8/2008	5113
Robert S.	10/13/2008	5113
Sherry B.	10/21/2008	5113
Vida J.	10/17/2009	4748
Peggy J.	10/23/2009	4748
Skip P.	10/10/2010	4383
Adrian M.	10/21/2010	4383
Jerry C.	10/25/2010	4383
April T.	10/28/2010	4383
Peggy K.	10/21/2012	3652
Paul B.	10/1/2013	3287
Penny N.	10/3/2013	3287
Jack B.	10/10/2013	3287
Harry B.	10/16/2014	2922
Richard E.	10/8/2015	2557
Paige L.	10/17/2015	2557
Adam K.	10/19/2015	2557
Angie G.	10/29/2015	2557
Katrina A.	10/6/2016	2191
Tim G.	10/8/2016	2191
Andrew S.	10/20/2016	2191
Brianna R.	10/22/2016	2191
Maria W.	10/29/2016	2191
Mindy S.	10/24/2017	1826
Kristi S.	10/30/2017	1826
Rachel K.	10/10/2019	1096
Brandon B.	10/14/2019	1096
Jean-Paul R.	10/26/2019	1096
Kelli S.	10/11/2021	365

At Wits End

Two drunks were bragging about how smart they were when one said, *"I just took another IQ test."* His friend asked, *"Why did you take another test?"* *"Oh,"* he replied, *"the first one came back negative."*

Feeling UN-connected in AA?

Public Information and Cooperation with the Professional Community (PICPC) is a great place to plug back in.

How can you help?

Create a new service position in your homegroup for a PICPC rep.

- **Volunteer** to take meeting lists to RV Parks and Seasonal Parks in the East Valley.
- **Volunteer** to help committee members with outreach to East Valley Veteran Services and other Government programs.
- **Volunteer** to help committee members with outreach to Eat Valley Schools and Educational Services.
- **Volunteer** to help committee members with outreach to Media (print, radio, television) to run free Public Service Announcements.

Questions? Email: picpc@aamesaaz.org



Things we cannot change.

Dave G. A long time member of our fellowship and a friend to many has passed from this world. His life was well lived and touched many.

**** This Sept Committee meeting is on ****

Tues, Sept 6th due to Labor Day.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org



EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

On ZOOM

aamesaaz.org

Or

Workshops can be done at your Group !

For more information

Call Lisa V.

480 827-1905



EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

November 12 ~ Sunset Group



"Pardon me, is this where I get the message?"

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Now Live only, no more ZOOM

October 7 ~ We Agnostics

November 4 ~ Women's Serenity Seekers

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.



*** Fill in Shifts Available ***

Central Office Manager's Report

September 16, 2022

In August it was hot. We received 488 requests for information and assistance during office hours. Of those 116 calls were for meeting info, 140 were office visitors and 21 resulted in a 12-step call. Our website stayed busy with 24,498 visits. And our Google totals for last month were 34,017 views. Of those 496 went to our website, 86 requested directions and 61 gave us a call.

We received a memo from Grapevine informing us they will be raising prices on their top 10 selling books by \$2.49. The price of their other items will be increased as they go to reprint. That will bring the price of an average Grapevine book to \$14.50. We will continue selling at the old price until we have to reorder. Come stock up for the holidays.

Our insurance company has audited our policy and the amount of additionally insured locations. They have determined that we have been drastically underpaying for the amount of coverage we receive and have adjusted our premium by \$1,951.00 for the remainder of our current policies term. We will be reviewing our insurance needs and gathering quotes next year before our policy ends next year.

I attended the ICOAA seminar held September 1 to 5 in Denver CO. It was so good to be live with the other Office Managers again sharing experience, ideas and inspiration. At our annual GC meeting I was elected to serve as secretary for the next 2 years.

News from NY - Bob W, our GSO General Manager, reported that GSO has 84 employees and GV has 10. Everyone will be working at least 3 days a week in the office and they will reopen for visitors October 5th with mask mandates in place. There is a new person on the Group Services desk. Karrina C from Grapevine will be filling that spot next month.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have complete contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this.

In the spirit of Tradition Eight, Love and Service

Kim W Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

.....	Aug	2022
Meeting Information Calls.....	116	889
General Information	117	821
Referred to Salt River Intergroup	4	30
Referred to Al-Anon.....	7	81
Referred to Community Info.....	0	
12th Step Calls.....	21	148
Business Calls	83	629
Office Visitors	140	929
Meeting lists printed.....	800	6400
Info request via E-mail	51	303
Desk Volunteers-Reg/Sub/None.....	30/ 4/ 2	
Desk Volunteers-Reg HRS YTD.	980hrs

Web Stats

Website Visits last 30 days 24,498 YTD 184,223

Google Searches last 30 days 4,017

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

Desperation Group 20164 S. Sossaman Rd. Queen Creek TH 5:30pm O
 Easy Does It 1933 E University Dr #24, Mesa MO & WE 6:30am O
 The Society 9333 E. Main St. Mesa SU 6:30am C, Meditation
 Femme Fatal Freethinkers 4415 S Rural Rd. Tempe SA 4:30pm W, Secular

Changes:

Tempe Nooners is now meeting at 8:30am

Deletions:

Friday Night Speaker 145 E 1st Ave. Mesa(Alano Club) FR 8:00pm

East Valley Intergroup
 1855 E Southern Ave. Suite # 103
 Mesa, AZ 85204

Alcoholics Anonymous - Contributions
 PO Box 2407

James A Farley Station
 New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station
 New York, NY 10163

Area 03 Treasurer ** NEW **
 PO Box 2065
 Green Valley, AZ 85622
 Make Check To: AZ Area Committee

District 08-818
 PO Box 12044
 Tempe, AZ 85284

District 08-819
 PO Box 594
 Mesa, AZ 85211

District 08-820
 PO Box 1901
 Queen Creek, AZ 85142-9998

District 08 (Maricopa County)
 PO Box 45066
 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
 2720 E Thomas Rd. B#180
 Phoenix AZ 85016

Valleywide H & I

PO Box 80126
 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities
 10% to District 10% to Area
 30% to GSO 50% to Intergroup



GROUP CONTRIBUTIONS



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GROUP	Aug	YTD
11th Step Candlelight		\$300.00
2121 Beginner Workshop		\$0.00
417 Group		\$200.00
ABC Group		\$150.00
Ahwatukee Group		\$422.69
Ahwatukee Nooners	\$458.09	\$458.09
Ahwatukee Saturday Men's	\$201.27	\$1,759.58
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group	\$200.00	\$1,400.00
As Bill Sees It QC	\$220.00	\$220.00
Attitude Adjustment CG	\$300.00	\$800.00
Basic II		\$100.00
BBookworms		\$912.00
Bloopers		\$0.00
Bootstrap Men's		\$125.00
Both Books		\$0.00
Bottom of the Bottle	\$216.00	\$276.30
Breakfast Club	\$250.00	\$750.00
Busted Ego	\$250.00	\$250.00
By The Book	\$165.00	\$457.00
Chandler Men's Stag Group		\$0.00
Chandler Noon Group	\$70.00	\$959.74
Chandler Women's Big Book Group		\$0.00
Common Solution		\$0.00
Common Thread		\$1,469.30
Courage To Change		\$400.00
East Phoenix Men's		\$200.00
East Valley Men's Stag		\$0.00
East Valley Veterans		\$392.00
Easy Does It Group	\$88.87	\$710.96
Eye Opener Group		\$300.00
Family Recovery Group		\$200.00
Feelings and Solutions		\$750.00
Fill in the Blank		\$564.00
Firehouse Meeting		\$310.00
Florence Group		\$0.00
Friday Night BB	\$121.90	\$371.90
Get In The Car		\$100.00
Get It Together	\$870.65	\$3,014.26
Gilbert Gals	\$210.00	\$210.00
Gilbert Group		\$232.42
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$200.00
Good Orderly Direction	\$40.00	\$65.00
Grateful Dames		\$0.00
Grateful Girlfriends	\$440.00	\$540.00
Gratitude Group		\$263.00
Great Start		\$800.00
Gut Level		\$100.00
Happy Destiny		\$50.00
Happy Hour @ Sunbird		\$150.00
Hope For Today	\$63.38	\$220.60
Ladies Lunch Bunch		\$50.00
Last Resort	\$20.55	\$63.36
Life In The Big Book		\$612.10
Livin Life Women		\$150.00
Maricopa 12 X 12	\$40.00	\$240.00
Maricopa Group		\$145.00
Mid-Morning Group		\$500.00
Miracle House		\$386.95
Monday Night Madness		\$130.00
Morning After		\$93.00
Name In The Hat		\$600.00
New Beginnings		\$200.00
New Spirit Group		\$752.00
No Big Deals		\$245.00
No Name AA Group	\$50.00	\$100.00
Opportunity Knocks	\$200.00	\$400.00
Page A Day		\$2,941.02

GROUP	Aug	YTD
Patio Group		\$1,279.20
Pioneer Group		\$404.36
Price Is Right		\$50.00
Primary Purpose Group		\$82.00
Progress Rather Than Perfection		\$0.00
Province Group		\$67.00
Putting God First		\$0.00
Queen Creek Nooners		\$1,035.37
Re-Awakening Group		\$20.00
Remember When		\$0.00
Renewed Spirit		\$250.00
Rising Spirit		\$0.00
Road To Recovery	\$50.00	\$2,100.93
Rock Solid		\$50.00
San Tan Men's		\$180.00
Second Chance Group	\$286.00	\$486.00
Serenity Now		\$348.00
Shade Tree		\$300.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold		\$1,666.60
Sobriety Rocks	\$174.00	\$179.00
Society Group		\$1,000.00
Some Are Sicker Than Others	\$50.00	\$500.00
Southeast Valley Stag		\$800.00
Spirited Women		\$200.00
Step By Step Group		\$214.67
Steppers		\$110.00
Stepping Stones	\$50.00	\$330.00
Sunday Afternoon Step		\$0.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$236.00
Sundowners	\$14.00	\$300.20
Sun Lakes Women Serenity Seeker		\$484.75
Sunset Group		\$0.00
Tempe Group		\$200.00
Tempe Nooners	\$50.00	\$400.00
Tempe Sunrises		\$437.50
The Library		\$82.00
The Real Thing		\$0.00
The Way Out Group		\$403.89
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$230.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$264.00
Upon Awakening		\$1,700.00
We Ain't Dead Yet	\$50.00	\$186.25
We Agnostics		\$0.00
We Can Group		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$100.00
Women in Gratitude		\$491.52
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women-disbanded		\$0.00
*Anonymous Groups	\$447.11	\$547.11.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout	\$0.00
AZ AA Women's Conf.	\$300.00
District 08	\$0.00
Dist 08-813	\$0.00
Dist 08-820	\$0.00
Meal and a Message	\$0.00

Group Totals \$5,646.82 **\$47,203.62**

EVI Committees \$53.00 **\$579.95**

Individual Contributions \$436.49 **\$4,637.96**

GRAND TOTALS \$6,136.31 **\$52,421.53**

*Group contribution with no group name listed)



BALANCE SHEET August 31, 2022

Assets

Current Assets

Checking	8,498.72
Prudent Reserve (Savings)	42,430.99
Accounts Receivable	1,679.45
Inventory Asset	26,379.32
Undeposited Funds	152.20

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$84,210.64**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	1,663.50
Payroll taxes	220.00

Total Liabilities **\$1,883.50**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	33,242.68
Net Income	5,305.52

Total Equity **\$82,327.14**

Total Liability & Equity **\$84,210.64**

PROFIT & LOSS STATEMENT August 2022

34 Group contributions totaling	\$5,646.82
10 Individual contributions totaling	\$436.49
Intergroup Business Meeting & Service Committee's 7th Tradition	\$53.00

Total Contributions **\$6,136.31**

Total Income **\$11,780.44**

Less total Cost Of Sales **\$3,161.00**

Gross Profit **\$8,619.44**

Less total Expenses of **\$8,595.73**

Net Aug. Gain **\$23.71**

YTD 2022 Gain **\$5,305.52**

The current Prudent Reserve balance is \$42,430.99

The Prudent Reserve has been established for 2022 in the range of \$36,760 - \$44,112.

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Joseph M. EVI Treasurer

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really *is* an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How do I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

East Valley Intergroup Business Meeting Minutes September 16, 2022

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer.

Attendees:

Beth N –The Society, Carrie S. –The Tribe, Cris H–Bloopers, Daisy C –Serenity Now ,Danielle H –Sunset Grp, Deb –Sun Lakes Women's, Doug –Spirit of Hope, Fay J –The Society, George M –Ahwatukee Men's, Glen –Primary Purpose, Kevin M, Kyle M –Bottom of the Bottle, Larry –Upon Awakening, Levi –GIT, Nina –Life in the BB, Rebecca –Ahwatukee Grp, Rita K –Sisters of Serenity, Robin F– Livin Life, Roxanne B –The Real Thing, Scott C – Tumbleweeds, Susan G – Women in Gratitude, Teghan H –Putting God First, Tom B –New Spirit, Tom C–Upon Awakening, Tom –New Spirit, Tracy L –Feelings and Solutions

Welcome to the New Reps:

Carrie – The Tribe, Tom -New Spirit, Doug – Spirit of Hope, Glen – Primary Purpose, Levi – GIT, Larry –Upon Awakening

Committee and other Trusted Servants:

J welcomes everyone. Marge read the 12 Traditions. Introduction of new reps.

Service Position	Name	Present	Service Position	Name	Present	Service Posi-	Name	Present
Chair	J J.	X	Office Manager	Kim W	X	H&I Liaison	Dave T	X
V. Chair	open		Chair- Special Events	Roberta		Spanish Liaison	Natalie	
Treasurer	Joseph M	X	Chair- PI/CPC	Andrea		Al-anon Liaison	Rebecca	
Secretary	Lois L.	X	Chair- Phones	Lisa		DCM 08-818	Tim G	
Advisor- Special E	Sharon	X	Chair- Unity	Ben R	X	Alt. 08-818	Barbara L	X
Advisor- PI/CPC	Regan		Chair- Sponsorship	Ken C	X	DCM 08-819	Robert S	X
Advisor- Phones	Gary L.	X	No Booze News	Mike K.		DCM 08-820	Wayne S	
Advisor- Unity	Cole L.		Chair - Literature	Monica S	X	Alt. DCM 08-820	Carol M	X

Secretary's Report:

Lois L. – presented report. Dave made motion to accept – Marge 2nd. Motion passed.

Treasurer's Report: Joseph M- reviewed report from the packet. Joseph noted that the EVI office only has \$1,000 in contributions so far this month – very low – we spend approx. \$5000 per month on rent, insurance, payroll, office expenses, etc. Marge made motion to accept – Dave 2nd. Motion passed

7th Tradition: \$32. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson's Report: J J. – written report in packet. Our webmaster is stepping down – we need a new Tech person. Kyle has experience in this area – he will contact J or Kim. Vice-Chair position is open. Starting an ad-hoc committee to explore our Insurance needs and options due to recent price increase. Will appoint an Ad-hoc Committee Chair in December. Insurance renews in July 2023.

Vice Chairperson Report: position open

Office Manager Report: Kim W. – Written report in packet. Our Insurance cost went up \$1951 this year. It became evident that we have been drastically underpaying for the amount of coverage we receive. Will explore options for next year. Folding day is September 22nd at 9am. Come for coffee, donuts and fellowship.

STANDING COMMITTEE REPORTS

PI/CPC: Andrea M. not present. Written report in packet. Tom reported next meeting on October 3rd.

Special Events: Roberta – not present. Marge reported Unity Day is coming up – still room for volunteers to set up – handle food etc. Thanksgiving Alcahthon sign-up sheet (included in tonight's email packet) still has openings – meetings on the odd hours – Wednesday noon to Friday noon. 2023 Speaker Meeting sign-up sheet is also included in tonight's email packet – spots still open. Getting ready for N.Y. Eve event. Bowling – 118 people attended. Next year aiming at 150 people?? Cost \$4000 to rent the whole alley.

Phone committee: Lisa – not present. Need Co-Chair.

Unity Committee: Ben– This committee reaches out to “dark” meetings in the East Valley (meetings without an EVI rep). We can use some volunteers – asking folks to go out to ONE extra meeting this coming month to let them know what EVI is and how they can connect. We have a script you can use.

Sponsorship Workshop: Ken C. – The next Sponsorship Workshop will be November 12th at 10am hosted by the Sunset Group. Usually 1st Saturday of month, but they are joining this with the 30th Anniversary of the Sunset Group – workshop from 10-11:30 then FREE lunch from 11:30-1pm all hosted by Sunset Group. This will be at the Church of the Epiphany – flyer at EVI. Next year looking at having these workshops on the even months – there are 2 or more 3-day weekends on the odd months and many folks are out of town so the workshop is not so well attended. Even months may work better.

No Booze News (NBN) Newsletter Editor: Mike –not present. Submit stories to info@aamesaaz.org

Literature: Monica S.E. – Will have a table at Unity Day with EVI literature – can use some volunteers.

Ad-Hoc Committee (chat/website): Mary Beth T. – not present

LIASION REPORTS

AI-anon Liaison: Rebecca – not present

H&I Liaison: Dave T. – Attended September 14th meeting – just under \$20,000 in literature ordered. If you need Big Books or 12x12's for an institution meeting, you can order via the link on the website: www.vwhi.org. Looking for people to get badged to go into Lewis Prison, MCSO, and Perryville Prison. Also need volunteers for Phoenix West, Florence, and Awareness Day.

Spanish Liaison: Natalie – not present

Sub District 08-818: Tim G. – not present. Barbara reported they meet the 2nd Tuesday every month at 1859 E. Baseline, Tempe. Next Area 03 Assembly will be on November 5th. More info on www.area03.org

Sub District 08-819: Robert S. – Looking for a group to host Quarterly pot luck/speaker mtg. The Sub-District and District will give financial aid for the event.

Sub District 08-820: Wayne – not present. Carol reported they are going to go hybrid. Quarterly pot luck/speaker meeting will be on October 15th in Apache Junction. See flyer at EVI.

OLD BUSINESS: Motion to add Chat Help button to EVI webpage had been tabled until September. No ad-hoc committee report on this tonight. Gary gave some info on progress so far. Motion to keep this motion tabled until the ad-hoc committee can complete their report made by Tom – 2nd by Dave. Passed.

NEW BUSINESS: Need a new Vice-Chair. No volunteers or nominations.

ANNOUNCEMENTS: none

8:05pm Marge - Motion to close. Monica – 2nd. Passed. Meeting closed with Responsibility Declaration.

Thank you for allowing me to be of service.

Lois L

EVI Secretary

Step Ten~ Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition Ten~ Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept Ten~ Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

With no TV, no radio, and no cell phone, He turned the power on.

By Aaron H.

When I was first trying to make contact with something or someone who would love me and accept me, I kept running into roadblocks. This was partly due to my lack of acceptance and love for myself, as well as fear of what other people might think of me. I thought I needed to be absolutely right about a Higher Power in order to be accepted and loved in this world, and perhaps happy in the next, should there be a next one.

I was a full-blown alcoholic when I left high school, and for the next six years, until I got sober in 2000, much of my contact with a Higher Power was unconscious. I blotted out God and filled my life with alcohol and sex. I gave up searching for a Higher Power who would love me.

When I got to AA, I was told that I had to switch back to trying to be filled with the spiritual instead of being filled with the material. I was afraid, but I knew deep down that there had to be a way. I started working the Steps right away. I didn't do them perfectly (I have since learned that that isn't a suggestion). However, I accepted very little direction and guidance and got through the first nine Steps on my own. I was still sober, but I was also lonely and empty on the inside. I had heard people share in my meetings in Michigan about praying on their knees, so I thought I might as well try it.

It was a Sunday afternoon in October. I lived alone, and the television and radio were both off. I didn't have a cell phone, so it was really quiet in my apartment. The amber light was coming through my living room windows, and I got down on my knees for the first time—and I asked for help.

Now I don't know or care how or why, but all of a sudden there was a power and presence in the room with me. And I also instinctively knew that this power and presence loved and accepted me and that it cared about whether or not I lived or died, whether or not I stayed sober, and whether or not I was happy. I also knew—and I can't explain this at all—that this power had been with me the whole time and would continue to do so. I felt warm and loved in a way I had never felt before. I began to cry out of joy like I had never done.

That was 13 years ago. And since that day, I cry with joy often. It's kind of obnoxious and sometimes seems to come from nowhere. I'm a big strong dude, but many times I can't read the Ninth Step Promises aloud in a meeting without tears. But they are tears of joy. Today I know that I'm cared for and loved by a Higher Power that has never broken its anonymity to me.