



NO BOOZE NEWS

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Live and let live



Scan QR code for:
aamesaaz.org/contact/



Simplicity

And one more thing; none of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to have done numerous little kind and thoughtful acts in our behalf. —Dr. Bob S.

Right Where I Left Off —Susan M.

After five years in the program of AA, I thought I understood the true nature of the disease. I also thought I was spiritually fit. I still attended weekly AA meetings, although sporadically, I'd become comfortable.

One day someone said something that hurt my feelings. I let all the pain I had ever experienced in my life hurt me once again. I cried and cried about it. But I didn't call my sponsor. Later that day, I gave a neighbor a ride home from the store near my house. We were to have lunch, but I had five shots of vodka instead. I attempted to move my car and ended up in a cell downtown. It was just that quick.

My disease is truly cunning, baffling and powerful and had reared its ugly nature once again, only this time, my consequences were steep. All the times I had driven drunk and now I had gotten a DUI in my own driveway! It is true that you pick up right where you left off. At least, it was true for me.

For the past six months, I have been leading a sober life again, sharing daily with a wonderful sponsor and praying and meditating. These things have helped me "grow through the pain." God has once again helped me through. My anger, fear and resentment have healed. I am truly at peace with myself. As long as I allow God to do his will in my life I can stay sober. Today, I value my sobriety. I make better choices, set firmer boundaries and read and write daily literature. Each day I take one day at a time leads me on my journey in recovery.

Time To Check Out | Money And Sobriety

I've done it all. I don't drink. I go to meetings. I call my sponsor. I did the Steps. I gladly do service. And of course, I reach out to help other alcoholics.

But after all of this, there's more? Apply the principles of AA "in all my affairs"? Every day? Forget it. That's simply too much to ask this recovering alcoholic, no matter how many years I have in the program.

Most of the time I do quite well. Remember, "it's progress, not perfection."

At a restaurant, wedding, fancy party or ball game, I'm an AA superstar. But doing the family food shopping? Now that's another story. If you see me "in action" at a grocery store, please, I beg you, don't tell my sponsor how I acted when...

- 1) The shopper in front of me in the "15 items or less" line starts to place 27 items on the conveyor belt.
- 2) The guy in front of me leaves the checkout counter to get the one item he "forgot."
- 3) Someone has an endless conversation with the cashier about her granddaughter's amazing report card.
- 4) "Starving" shoppers reach and grab food from the salad bar, using their hands.
- 5) A driver cuts me off to get the last remaining parking spot.
- 6) I get to the store and it doesn't open its front door one minute early, leaving customers to freeze outside. And...
- 7) An SUV has been parked so close to my car that I can't even open my door to get in.

I'm 76 years old with 28 years in the program. It may be too late for this grouchy old-timer to change no matter how many times I do the Steps.

But thankfully, I can always do another Step 10. I'm an expert at apologies. Though I'd rather be an expert at "doing the next right thing." *-Definitely Steve, Nashville*

From the 12 X 12

Step 1 *"We admitted we were powerless over alcohol—that our lives had become unmanageable."*

WHO cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of providence can remove it from us.

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News Subscription / Renewal** (\$18.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

Phones Night & Weekend

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

Committees of Interest

Check only those you are willing to serve on

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**

ROUNDUPS, CAMPOUTS AND CONFERENCES

RIVER ROUNDUP

JANUARY 7 ~ 9
RIVERSIDE RESORT
LAUGHLIN NV

**Check the events page on our website. We will
post information as it becomes available.**



Sunset Group's
New Years Day Outing
4pm to 8 pm
Lost Dutchman State Park
Cholla Day Use Area
Potluck and Campfire Meeting



Area 03 - Virtual Workshops

12 X 12 X 12

Steps, Traditions and Concepts
Every 4th Thursday at 7pm
Meeting ID: 843 7907 2144
Passcode: 523310

**EAST VALLEY INTERGROUP
NEW YEARS EVE**

DINNER, MEETING AND DANCE.

5:30 PM SATURDAY, DECEMBER 31
TILL SOMETIME NEXT YEAR.

2222 S PRICE RD. TEMPE
(CHURCH OF THE EPIPHANY)

COME RING IN A SOBER NEW YEAR



**Mesa Roundup Presents
Laughing in the New Year**

5pm to 10pm Saturday, January 7
Dinner and Speaker
Comedy show and Dance
805 N Country Club Dr. Mesa
Tickets available at the door.

PRAASA 2023

Save the Date

March 3 ~ 5, 2023
Los Angeles, CA

Name	Date
------	------

Richard B.	1/4/1968	20089
Joe A.	1/21/1979	16071
Leonard D.	1/3/1983	14610
Wayne S.	1/31/1983	14610
Sandra M.	1/30/1984	14240
Susan C.	1/1/1985	13879
Rachel L.	1/7/1985	13879
Sherri B.	1/28/1987	13149
Anne Elizabeth H.	1/1/1988	12784
Mark K.	1/10/1989	12418
Jane R.	1/11/1989	12418
Jerry F.	1/27/1989	12418
Gerry B.	1/20/1990	12053
Ron H.	1/17/1993	10957
Dottie D.	1/20/1993	10957
Barbara L.	1/13/1994	10592
Becky C.	1/29/1995	10227
Craig W.	1/20/1996	9862
Debi M.	1/1/1997	9496
Becky K.	1/13/1997	9496
Melissa L.	1/20/1997	9496
Ame F.	1/16/1999	8766
Terry P.	1/29/1999	8766
Rodger L.	1/30/1999	8766
Lori M.	1/10/2001	8055
Brenda B.	1/14/2001	8055
Lisa H.	1/28/2001	8035
Norman H.	1/1/2005	6574
Sam V.	1/1/2005	6574
Will P.	1/5/2006	6209
Lee Z.	1/9/2006	6209
Marie W.	1/10/2007	5844
Kevin B.	1/21/2008	5479
Janet S.	1/3/2009	5113
Paul T.	1/24/2010	4748
Jim M.	1/27/2010	4383
David T.	1/2/2011	4383
Elizabeth T.	1/23/2012	4018
Bethann T.	1/4/2013	3652
Steve S.	1/10/2013	3652
Tamara L.	1/11/2013	3652
Jocelyn G.	1/16/2013	3652
Ryan E.	1/14/2016	2557
Chris B.	1/7/2019	1461
Tim L.	1/2/2020	1096
Joaquin R.	1/21/2021	730



At Wits End



"I had to quit drinking because I got tired of waking up in my car driving 90 mph... and trying to talk to the police when my mouth doesn't work."

-Richard Pryor

Feeling UN-connected in AA?

Public Information and Cooperation with the Professional Community (PICPC) is a great place to plug back in.

How can you help?

Create a new service position in your homegroup for a PICPC rep.

- **Volunteer** to take meeting lists to RV Parks and Seasonal Parks in the East Valley.
- **Volunteer** to help committee members with outreach to East Valley Veteran Services and other Government programs.
- **Volunteer** to help committee members with outreach to Eat Valley Schools and Educational Services.
- **Volunteer** to help committee members with outreach to Media (print, radio, television) to run free Public Service Announcements.

Questions? Email: picpc@aamesaaz.org

Step One~ "We admitted we were powerless over alcohol—that our lives had become unmanageable."

Tradition One~ "Our common welfare should come first; personal recovery depends upon A.A. unity."

Concept One~ "Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets Tuesday, Jan 3 at 7PM

(schedule returns to 1st Mondays in Feb.)

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org



EVI Phone Workshop

Third Friday's at 6:15 pm

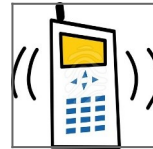
Before the monthly business meeting
at

On ZOOM

aamesaaz.org

Or

Workshops can be done at your Group !



For more information

Call Lisa V.

480 827-1905

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

February 4 ~ Page A Day



Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Now Live only, no more ZOOM

January 6 ~ The Society

February 3 ~East Valley Men's

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.



***** Fill and Regular Shifts Available *****

Central Office Manager's Report

December 16, 2022

We received 359 requests for information and assistance in November. Of those 90 calls were for meeting info, 90 were office visitors and 11 resulted in a good old fashioned 12 step call. Our website stayed busy with 29,419 visits. And our Google totals for last month were 3,282 views. Of those 369 went to our website, 73 requested directions and 43 gave us a call.

District 12(Casa Grande, Florence, Maricopa, etc.) has a new website, aapinalcounty.org. They are also connected to the Meeting Guide app.

Literature orders have been received from both AAWS and Grapevine. We have a complete selection of all AA produced literature, including the new Grapevine books, for your holiday needs. Please support your local Intergroup by purchasing A.A. produced literature from local A.A. sources. We are your most affordable source for A.A. literature.

The 2022 Holiday Event Schedule has been completed, to the best of our knowledge. Copies have been provided to phone volunteers, posted to our website and some hard copies are available on the back table. Just a reminder that one of the main functions of a local service office is to be a source of information for the local fellowship. We try our best to keep everyone informed but we only know what we are told. If you are planning an event or special meeting please let you Central Office know so, in the spirit of unity and fellowship, we can help spread the word.

Tis the season for 12 step calls. Service opportunities are available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

As 2022 draws to a close I would like to thank everyone for another year of service and sobriety. Thanks to all who have worked to carry the message and welcome to those who have found a new life with us.

I hope this goes on forever. Wishing you peace and joy in whatever Holidays you may celebrate this year.

In the spirit of Tradition Eight, Love and Service
Kim W Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

..... Nov. 2022
Meeting Information Calls..... 90 1187
General Information 90 1185
Referred to Salt River Intergroup 7 49
Referred to Al-Anon..... 8 108
Referred to Community Info..... 0
12th Step Calls 11 185
Business Calls 63 849
Office Visitors 90 1322
Meeting lists printed..... 800 8800
Info request via E-mail 42 420
Desk Volunteers-Reg/Sub/None..... 28/ 5/4
Desk Volunteers-Reg HRS YTD. 1460hrs

Web Stats

Website Visits last 30 days 29,419 YTD 263,584
Google Searches last 30 days 3,282

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

Hungry Ghost	2222 S Price Rd. Tempe	WE 6:30pm M,O
Road to Recovery	6135 e Main #102. Mesa	Daly 9:00pm O
Easy Does It	1933 E University Dr #24, Mesa	MO thru FR 6:30am O
The Society	9333 E. Main St. Mesa	SU 6:30am C, Meditation

Changes:

Ahwatukee Nooners has moved to 2601 E Thunderbird Pl. (Esperanza Church)
Tempe Nooners has moved back to 5801 S Rural, Tempe.

Deletions:

Road to Recovery has discontinued all 8pm and 10pm meetings.

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407

James A Farley Station
New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
PO Box 2065
Green Valley, AZ 85622
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 1901
Queen Creek, AZ 85142-9998

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I

PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities
10% to District 10% to Area
30% to GSO 50% to Intergroup



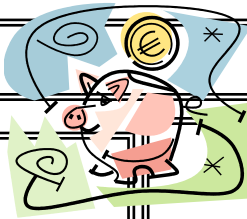
GROUP CONTRIBUTIONS



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<u>GROUP</u>	<u>November</u>	<u>YTD</u>
11th Step Candlelight	\$150.00	\$450.00
2121 Beginner Workshop		\$0.00
417 Group		\$200.00
A Vision For You		\$510.00
ABC Group		\$150.00
Ahwatukee Group		\$422.69
Ahwatukee Nooners		\$458.09
Ahwatukee Saturday Men's	\$86.70	\$1,913.45
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group	\$200.00	\$2,000.00
As Bill Sees It QC		\$220.00
Attitude Adjustment CG	\$59.00	\$1,109.00
Basic II		\$100.00
BBookworms	\$330.00	\$1,242.00
Bloopers		\$0.00
Bootstrap Men's		\$125.00
Both Books		\$0.00
Bottom of the Bottle		\$276.30
Breakfast Club	\$250.00	\$1,000.00
Busted Ego		\$250.00
By The Book		\$754.00
Chandler Men's Stag Group		\$0.00
Chandler Noon Group		\$959.74
Chandler Women's Big Book Group		\$542.38
Common Solution		\$499.24
Common Thread		\$1,469.30
Courage To Change		\$400.00
East Phoenix Men's		\$200.00
East Valley Men's Stag		\$436.37
East Valley Veterans		\$392.00
Easy Does It Group	\$88.87	\$977.57
Eye Opener Group		\$300.00
Family Recovery Group		\$200.00
Feelings and Solutions		\$750.00
Fill in the Blank		\$764.00
Firehouse Meeting		\$460.00
Florence Group		\$0.00
Friday Night BB		\$402.30
Get In The Car		\$100.00
Get It Together	\$101.49	\$3,115.75
Gilbert Gals		\$210.00
Gilbert Group		\$232.42
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics	\$200.00	\$400.00
Good Orderly Direction		\$65.00
Grateful Girlfriends		\$699.82
Gratitude Group	\$250.00	\$513.00
Great Start		\$800.00
Gut Level		\$100.00
Happy Destiny		\$50.00
Happy Hour @ Sunbird		\$400.00
Hope For Today		\$220.60
Ladies Lunch Bunch		\$150.00
Last Resort		\$89.36
Life In The Big Book	\$55.69	\$747.79
Livin Life Women		\$150.00
Maricopa 12 X 12		\$280.00
Maricopa Group		\$145.00
Mid-Morning Group		\$500.00
Miracle House		\$403.40
Monday Night Madness		\$130.00
Morning After		\$93.00
Name In The Hat		\$3,118.18
New Beginnings		\$200.00
New Spirit Group		\$1,140.00
No Big Deals	\$25.00	\$345.00
No Name AA Group		\$150.00
Opportunity Knocks		\$400.00
Page A Day		\$3,880.81

<u>GROUP</u>	<u>November</u>	<u>YTD</u>
Patio Group		\$1,279.20
Pioneer Group	\$36.40	\$455.56
Price Is Right	\$50.00	\$150.00
Primary Purpose Group	\$90.40	\$172.40
Progress Rather Than Perfection		\$0.00
Province Group		\$182.00
Putting God First		\$0.00
Queen Creek Nooners		\$1,035.37
Re-Awakening Group		\$50.00
Remember When		\$0.00
Renewed Spirit	\$150.00	\$500.00
Rising Spirit		\$0.00
Road To Recovery	\$50.00	\$2,250.93
Rock Solid		\$50.00
San Tan Group		\$80.00
San Tan Men's		\$180.00
Second Chance Group		\$486.00
Serenity Now	\$144.40	\$386.40
Serenity Sisters		\$100.00
Shade Tree		\$300.00
Sobriety is Gold		\$1,666.60
Sobriety Rocks		\$179.00
Society Group		\$1,000.00
Some Are Sicker Than Others		\$600.00
Southeast Valley Stag		\$800.00
Spirited Women		\$200.00
Step By Step Group	\$2,544.50	\$2,759.17
Steppers		\$210.00
Stepping Stones	\$40.00	\$430.00
Sunday Afternoon Step		\$0.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$236.00
Sundowners		\$300.20
Sun Lakes Women Serenity Seeker	\$117.00	\$696.75
Sunset Group		\$0.00
Tempe Group		\$200.00
Tempe Nooners		\$500.00
Tempe Sunrises		\$437.50
The Library		\$127.00
The Real Thing		\$0.00
The Way Out Group	\$150.00	\$678.89
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$230.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$593.50
Upon Awakening		\$2,500.00
We Ain't Dead Yet	\$200.00	\$386.25
We Agnostics		\$0.00
We Can Group		\$0.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$100.00
Women in Gratitude		\$601.13
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women-disbanded		\$0.00
*Anonymous Groups	\$10.00	\$557.11
<u>OTHER GROUPS/COMMITTEES</u>		
Apache Lake Campout		\$0.00
AZ AA Women's Conf.		\$300.00
Mesa Roundup		\$50.00
Dist 08-813		\$0.00
Dist 08-820		\$0.00
Meal and a Message		\$0.00
Group Totals	\$5,379.25	\$63,130.52
EVI Committees	\$88.00	\$805.95
Individual Contributions	\$80.00	\$5,421.95
GRAND TOTALS	\$5,547.25	\$69,417.42



BALANCE SHEET November 30, 2022

Assets

Current Assets

Checking	7,937.28
Prudent Reserve (Savings)	42,457.44
Accounts Receivable	741.50
Inventory Asset	23,347.85
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$79,555.28**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	250.00
Payroll taxes	220.00

Total Liabilities **\$470.00**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	33,242.68
Net Income	2,063.66

Total Equity **\$79,085.28**

Total Liability & Equity **\$79,555.28**

PROFIT & LOSS STATEMENT November, 2022

26 Group contributions totaling	\$5,379.25
3 Individual contributions totaling	\$80.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$88.00
Total Contributions	\$5,547.25
Total Income	\$10,598.33
Less total Cost Of Sales	\$3,419.67
Gross Profit	\$7,178.66
Less total Expenses of	\$7,953.37
Net October Loss	(\$774.71)
YTD 2022 Gain	\$2,063.66

The current Prudent Reserve balance is \$42,457.44

The Prudent Reserve has been established for 2022 in the range of \$36,760 - \$44,112.

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Joseph M. EVI Treasurer

Tradition One Checklist

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument? 3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

East Valley Intergroup Business Meeting Minutes December 16th, 2022

J opened the meeting at 7:00 PM in person and on Zoom. Cannon read the 12 Traditions. .

Attendees: Carissa –Arbor Group, Mike C -Bloopers, Charlie R. –EV Men’s Stag, Cece A. –Easy Does It, Amber H and Susie –Easy Does It, Al W –Friday Night Big Book Study Gold Canyon, Anne H -GIT, Ronnie C –Good orderly Direction, Rose Morra –Happy Hour, Paul Z. – Opportunity Knocks, Tim R –Patio Group, Marissa C –Primary Purpose, Kathleen D. –Road to Recovery, Cannon –Santan Men’s, Michael - Serious over Sobriety, Rich H. –Step by Step, Tom E. – Steppers, Monica S. –Stepping Stones, David S. –Sunday Afternoon Step Study, Doug W. -Sunday Serenity Seekers Alt., Jannette K. –The Tribe, Michael M. –The Way Out, Andrea N –We Agnostics, Doug W. –We Ain’t Dead Yet, Erika C and Deb B -WIG

Online: George M – AMG, Cris H –Bloopers, Buddy – Gratitude Group, Bradley – Vision for You, Tom C – Upon Awakening, Bailey – New EVI Phone Committee Alt. Chair, Debbie C – VWHI Secretary, Beth N – The Society Alt., AJ G. – Rising Spirit, Kevin M – Dr. Bob’s Nightmare, Kara P – Ahwatukee Group, Teresa M – Price is Right, Jon D – Page A Day, Tracey C – By the Book, Deb – Sun Lakes Women’s Serenity Seekers, Danielle H – Sunset Group, Roxanne – The Real Thing, Chris M – Putting God First, Nina – Life in the Big Book

Welcome to the New Reps:

Carissa – Arbor Group, Mike C. – Bloopers, Cece A – Easy Does It, Amber H and Susie – Easy Does It, Al W – Friday Night Big Book Study Gold Canyon, Paul Z. – Opportunity Knocks, Marissa C – Primary Purpose, David S. – Sunday Afternoon Step Study, Deb B – WIG, Andrea N – We Agnostics

Secretary’s Report: Lois L. – November EVI business meeting minutes and December Steering Committee minutes in packet. No questions from the floor. Marge made motion to accept. Buddy–2nd. Motion passed.

Treasurer’s Report: Joseph M- reviewed report from the packet. No questions from the floor. Tom made motion to accept –Buddy 2nd. Motion passed

7th Tradition: \$50.00. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson’s Report: J J. – No written report. EVI Vice-Chair position is open – need minimum of 5 years of sobriety, to finish out the 2022/2023 term, Ad-Hoc committee has started work – can use more members with Insurance knowledge, call J (EVI Chair) or Kim (Office Manager).

Vice Chairperson Report: position open; Anyone stepping in would end rotation in 2023.

Office Manager Report: Kim W. – Written report in packet. The Grapevine has a new distribution company – they are working out some bugs –may be some delays in delivery temporarily. Holiday events list is available on the back table, PLEASE SHARE GROUP HOLIDAY EVENTS. Folding day is December 22nd at 9am. Come for coffee, donuts, and fellowship.

STANDING COMMITTEE REPORTS

PI/CPC: Tom C. Committee meeting minutes are in packet. We meet the 1st Monday every month except next month – will meet on the 1st Tuesday in January. Anyone interested can attend the meeting. District 08 and Area 03 have PI/CPC events in January. Flyers are in the packet. The 4 Valley Intergroups will be participating in the District 08 event.

Special Events: Roberta –Ready for New Year’s event. The caterer cost was approx. \$4300. People can come to the dance only without a ticket, but are asked to make a donation (dinner is not the only cost of the event). After tonight, tickets will only be available at the EVI office. You can purchase tickets from the office using a credit card and they will be available for will call at the event, or you can just buy them at the office.

Phone committee: Gary (Advisor). All phone slots are full. Chair position will be available in January. Contact J. This role coordinates the volunteers for the 24-hour hotline.

Unity Committee: Cole (Advisor), this committee reaches out to “dark” meetings in the East Valley (meetings without an EVI rep). We can use some volunteers – asking folks to go out to ONE extra meeting this coming month to let them know what EVI is and how they can connect. We have a script you can use. In person OR Zoom meetings.

Sponsorship Workshop: Ken C. –Sponsorship Workshop will move next year to even months – next one will be February 4th at 10am. Page A Day will host. Workshop is moving to a farm house on the grounds of Church of the Epiphany 2222 S. Price Rd. Tempe.

No Booze News (NBN) Newsletter Editor: Mike –not present. Submit stories to info@aamesaaz.org

Literature: Monica S.E. – Will be happy to set up table at group events with EVI literature. Sold some books to a lady from Maricopa.

LIASION REPORTS

Al-anon Liaison: Rebecca – not present.

H&I Liaison: Dave T. – not present. Debbie VWHI Secretary reported –Need volunteers to go into State Prisons – need women for Perryville. Multiple Coordinator positions available to coordinate who goes into the meetings. MCSO would like to allow meeting but don’t have enough guards at this time. VWHI passed the budget. If any questions contact Debbie at: secretary@vwhi.org

Spanish Liaison: Natalie – not present

Sub District 08-818: Gary L. new alt. DCM – Voted to have a workshop – how to do a Group Inventory – Pamphlet “The A.A. Group” – maybe with 08-819. Reaching out to dark meetings to let them know how to connect with their Sub-District – only have 13 to 15 GSR’s attend from 54 meetings. If no GSR – no vote on General Service Conference matters.

Sub District 08-819: Robert S. – Ditto what Gary said – Meet the 2nd Thursday every month at the EVI office at 7pm. Had some new GSR’s this month. EDI will host the Eat Meet and Greet Speaker meeting 1st quarter of 2023.

Sub District 08-820: Wayne – not present. Debbie announced: Quarterly pot luck/speaker meeting will be on January 22nd in Apache Junction. Flyer will be at EVI in DEC

OLD BUSINESS:

Ad Hoc committee to research insurance options is starting to work- Please take back to groups and contact J if interested in joining Ad Hoc.

2023 Budget was approved last month.

EVI Vice-Chair needed – to serve out term (1 more year)

Phone committee Chair open.

NEW BUSINESS: none

ANNOUNCEMENTS: Richard announced: Mesa Round Up is sponsoring a comedy event on January 7th – Stand-up comedy, dinner and dance. \$20 for tickets. 4:30pm to 10pm. 805 N. Country Club Drive. Mesa 5pm dinner, 6pm speaker, 7pm Comedian, 8pm – 10pm Dance. Raffling many great items and a 50/50. Flyer in the packet.

Tom suggested we look into adding a camera/screen in our meeting room so we can see the zoom people and they can see us – will especially be needed when we hold elections.

8:00pm Tom made a motion to close. Monica – 2nd. Passed. Meeting closed with Responsibility Statement.

Thank you for allowing me to be of service. Lois L. EVI Secretary



Liquid Misery | A Step One Journey

As I sat in a meeting recently, I learned of another friend's death during a relapse. I thought of the other AA members I knew who had died after relapsing. My memories of them were still fresh in my mind. I had talked and shared with them. Some of them I had known for years.

One member used to walk to meetings and pick up trash. He was down-to-earth and wanted to help keep his town clean. Another had been in and out of the program for 19 years. Like me, a lot of friends around the tables still missed him.

Yet another was a newcomer, a college girl with her whole life ahead of her. Her parents were left to pick up the pieces.

These people who relapsed were just like me. We can't drink like other people, even though we think we can. I thanked my Higher Power that I hadn't died when I relapsed and wondered whether there was anything I could have said or done to prevent my friends' relapses.

I talked about relapse in meetings. I prayed and meditated on it. I thought back on my own relapse. I had struggled for about four months to stay sober. I felt that I wasn't getting any better. I was full of guilt, shame and self-pity. I just wanted to feel better, so I took a drink. I lifted a bottle to my mouth and down it went. It was liquid misery. The misery went down my throat, into my stomach and veins, and throughout my body. I didn't feel better. I remember standing in the street, every cell in my body screaming for a drink, and the words, "half measures availed us nothing," came to my mind from "How It Works" in the Big Book. Somehow I asked for help. My Higher Power answered, and I ended up at a meeting.

Before that relapse, AA had been working for me, maybe not like I wanted it to, but I had felt better. So this time I went back to AA with a new attitude. This time I had a spark of hope. I remember reading "How It Works" now with new meaning. The words stayed with me.

I worked the Steps again; I knew I had to be fearless and thorough, from Step One all the way through. When life's problems came up, which they did, the words, we "tried to hold on to our old ideas and the result was nil until we let go absolutely," would pop into my mind. I had to learn a new way of dealing with my resentments and problems. I knew I had to grasp and develop "a manner of living which demands rigorous honesty." This meant I had to be honest with others and myself. No more lying or telling half-truths. I began to see that AA could work for a drunk like me. *-Jeff H.*