

East Valley
Intergroup, Inc.
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www.aamesaaz.org

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# NO BOOZE NEWS

### The A.A. Ripple Effect

In the beginning there were a number of people who warned me about doing what I was doing—hanging out with "those people." But I couldn't really hear them. As time went along, there were more warnings I ignored. Some came from within. Those were more difficult

Ouote of the Month

"No personal calamity is so crushing that something true and great can't be made of it."

-Bill W.

to wave off. The signs became more obvious as I progressed until I hit a wall, which got my attention.

Here in AA, we talk about the ripple effect, something we see often. You know, where one person touches another's life and those people in turn touch more lives. My sponsor's sponsor Bill D. was a very wise and beautiful man. A street drunk who sobered at 40 in 1959 and was diagnosed with TB and told he wouldn't live a year. A homeless veteran washed up and wasted, he lived anyway and became a doctor in psychology and spent another 40 years helping others. Many of the stories he shared are still alive with my sponsor, myself and those whose lives he touched. These are the ripple effects.

I think that there is one person for each of us that can help make AA click. One person who turns up the volume so that we can hear all the rest of the things and the people we never could hear before. For me that person was Bob O., a speaker who opened my eyes and heart to the necessity to live by the Big Book. His impact on me was profound in the months before I met Bill D. and my sponsor. I often wonder if I would I have stayed sober without his message.

We often ask ourselves: "Why didn't Jimmy make it? I thought he really had this, I thought he'd never drink again." We in AA bury so many people we love. I have buried seven that have lived with me since I got sober and lost many more that were friends and acquaintances and there are those we never hear from again that we sometimes think about. And so I wonder is there another facet to this ripple effect we don't realize? Where the one person whose message could've turned up the volume for Jimmy or Susan or whoever wasn't there.

Bearing that thought helps me realize my obligation to stay sober and happy. To become a part of this solution. To attend meetings and reach out to newcomers and to make myself available. The funny thing is that even if it doesn't help them, that's okay because it always helps me stay centered—and a part of that ripple effect.

Dave R.

### Thirty Minute Rule | Five dozen cookies scattered all over the floor!

I like to take cookies, lots of cookies, to our AA meetings. I take lots of cookies because the open speaker meetings in my area are well-attended.

On one occasion, as I was passing the cookie tin to the coffee person, the tin fell and the lid popped open. Five dozen cookies scattered all over the floor! People love my baking so panic ensued. I suggested we should just sweep them up for the garbage because of the "30-second rule." One member jokingly said that for AA members, a "30-minute rule" is more appropriate. Another person only heard the word "sweep." Very quickly the cookies were swept, yes, swept, onto a large platter from the church kitchen. There were some cookies still intact, many crumbs and a few dust bunnies arranged on the platter.

During the meeting I was asked to read something. When I got to the front of the room I took the opportunity to thank everyone for enjoying my cookies. The whole room exploded with laughter. This is what we do. We enjoy the moment. If we don't laugh, we cry.

I recently read that laughter is the deepest form of freedom. What a wonderful thought. I'm so grateful to have the freedom to laugh and have fun in sobriety. I am so humbled and grateful for that positive experience with my fellow members that night.

After that meeting, I started taking my cookies in a basket that has a handle I can grip firmly.

I now walk around greeting people as I offer a treat. Perfect solution. This way I get to chat with everybody in the room!

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### From pq.66 of How It Works

"If we were to live, we had to be free of anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison. We turned back to the list, for it held the key to the future. We were prepared to look at it from an entirely different angle. We began to see that the world and its people really dominated us. In that state, the wrong-doing of others, fancied or real, had power to actually kill. How could we escape? We saw that these resentments must be mastered, but how? We could not wish them away any more than alcohol."

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

(480) 827-1905 <i>e-maik</i> info@aamesaaz.org www.aamesaaz.org				
·	Last			
Address	*Phone			
   *City *\$T	*Zip *Gender			
   *Sobriety Date Home Grou	ıp			
e-mail address Alt Phone				
* = required for listing in 12 <sup>th</sup> Step List				
[] No Booze News Subscription / Rene	wal (\$18.00 annual subscription fee enclosed)			
Volunteer Service Options Committees of Interest				
Check only those you are willing to commit time to	Check only those you are willing to serve on			
   12 <sup>th</sup> Step List Volunteer	nd [] Public Information / Cooperation with the			
[] Weeknights [] Weekends	Professional Community			
[] Weekends [] Weeknights	[] Special Events			
[] Weekdays	[] Literature			
	[] Newsletter (No Booze News)			
[] Office Phone Volunteer	[] Unity Committee			
[] Other Office Help [] Deliver A Meeting				

### Group, District, and Area AA Announcements

### Page4

### ROUNDUPS, CAMPOUTS AND CONFERENCES

#### TRI-STATE ROUNDUP

MAY 18 ~ 20 RIVERSIDE RESORT LAUGHLIN NV

#### FLAGSTAFF ROUNDUP

JUNE 1 ~ 4
FORT TUTTHILL, FLAGSTAFF AZ

#### PROMISES IN THE PINES

JULY 27 ~ 30 LEWIS CANYON CAMPGROUND SHOW LOW AZ

#### PAYSON ROUNDUP

AUGUST 25 ~ 27 LOCATION TBD

#### **VERDE VALLEY ROUNDUP**

OCTOBER 27 ~ 29 LOCATION TBD



## Area 03 - Virtual Workshops 12 X 12 X 12

Steps, Traditions and Concepts Every 4th Thursday at 7pm Meeting ID: 843 7907 2144

Passcode: 523310

### **EVI 44th Anniversary Dinner**

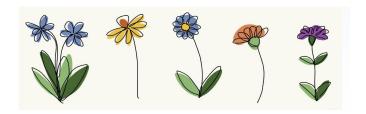
5:30pm to 9pm. May 6th, 2023
1525 N. Power Rd. Mesa.
Love of Christ Church
Dinner and a Speaker
Need Home Groups to make baskets for raffle
Please purchase tickets in advance.

### **2023 Post Conference Assembly**

June 17

Lake Havasu City AZ

(Check area03.org for more information)



### Cinco No Drinko

4:30pm ~ 10:00pm Saturday, May 6th Meeting, Dinner and Dance 805 N Country Club Dr., Mesa AZ. (First Christian Church)

### 2023 Arizona State Convention

Hosted by District 08
September 1 ~ 3 (Labor Day Weekend)
The Wigwam Resort
Litchfield Park AZ

Sober Anniversaries Page 5

### Name Date Mike C. ...... 5/1/1981....... 15340 Bud K...... 5/23/1982...... 14974 Jon C. ..... 5/6/1984 ...... 14244 Becky C. ..... 5/9/1984 ...... 14244 Ken H. ..... 5/19/1986 ...... 13514 Rick J...... 5/13/1987...... 13149 Chris M. ...... 5/13/1987 ...... 13149 MaryEileen R...... 5/8/1988...... 12783 Beth H. ..... 5/29/1988 ...... 12783 Lynn S. ..... 5/25/1989 ...... 12418 Mike S. ..... 5/1/1991...... 11688 Hallie G...... 5/5/1991....... 11688 Louis S. ..... 5/28/1991...... 11688 Regan G. ..... 5/1/1992 ...... 11322 Christine T. ..... 5/5/1992...... 11322 Jack G. ..... 5/23/1996...... 9861 Heidi H...... 5/23/1999....... 8766 Mickey W...... 5/1/2003............ 7305 Debbie G. ..... 5/16/2003 .......... 7305 Kathy T. ..... 5/15/2005 ...... 6574 Larry S...... 5/23/2007...... 5844 Pat C. ..... 5/27/2007 ...... 5805 Neil H...... 5/23/2008...... 5478 Frank P...... 5/26/2008...... 5478

Ken M. ..... 5/19/2010 ...... 4748

Lyndadiane L............ 5/29/2010.......... 4748 Michelle M.............. 5/25/2010.......... 4383

 Christopher T.
 5/5/2015
 2922

 Beth M.
 5/6/2015
 2922

 Mike D.
 5/10/2016
 2556

Gail H. ...... 5/26/2020 .......... 1095

### Some Good Old-Timers Wisdom...



Keep the plug in the jug!

Are you feeding the good dog or the bad dog?

If you don't drink, you wont get drunk.

One is too many and a thousand is not enough.

Once you become a pickle you can never be a cucumber again.

You can't save your face and your butt at the same time.

The elevator to sobriety is broken, take the steps.

### Feeling UN-connected in AA?

Public Information and Cooperation with the Professional Community (*PICPC*) is a great place to plug back in.

How can you help?

# Create a new service position in your homegroup for a PICPC rep.

- **Volunteer** to take meeting lists to RV Parks and Seasonal Parks in the East Valley.
- **Volunteer** to help committee members with outreach to East Valley Veteran Services and other Government programs.
- · **Volunteer** to help committee members with outreach to Eat Valley Schools and Educational Services.
- **Volunteer** to help committee members with outreach to Media (print, radio, television) to run free Public Service Announcements.

Questions? Email: picpc@aamesaaz.org

Contributions in the form of short, anonymous prayers, are always welcome at

@aamesaaz.org



# PI / CPC

(Public Information and Cooperation with the Professional Community)

1st Mondays at 7pm.

1855 E Southern Ave #103 (EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics. 480 827-1905 or email picpc@aamesaaz.org aamesaaz.org

### **EVI Phone Workshop**

Third Friday's at 6:15 pm Before the monthly business meeting

On ZOOM

aamesaaz.org

Or

### Workshops can be done at your Group!

For more information Call Tom S.



# **EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

June 3 ~ The Tribe

**Toin the** 

### **EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information aamesaaz.org

Contact 480 827-1905

### Office Volunteers & **EVI Hot Line Phones**

4 hour shifts in the EVI office Call Roxanne for specific

times and days.

\*\*\* Fill and Regular Shifts Available \*\*\*

### Get Involved:

aamesaaz.org/contact/

### **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting 1st Friday of the month 2222 S Price Rd. Tempe

contact: 480 827-1905

### EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

\*Now Live only, no more ZOOM\*

May 5th ~ Common Thread

June 2 ~ Rising Spirit

These are subject to change - so keep watching.

# Central Office Manager's Report April 21, 2023

April activity was a little slower as our winter members are migrating to their summer homes. We assisted 468 people at the office with 13 of those resulting in 12 step calls. Our website stayed busy too. It had 23,661 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for February were 3,083 views, of those 445 visited our website and 56 asked for directions.

Our annual Arizona Corporation Commission filing has been submitted and paid. I have registered for the ICOAA Seminar this October in Cincinnati. Was able to use VISA points for the airline tickets. The large literature order we placed before the price increase has been received. We shouldn't have to place another order until June. We will update our pricing when we place an order at the increased rates.

If your group is planning an outing or special event, please let us know. We can put it in the newsletter and help spread the word. We also have several large coffee pots that groups can borrow, just call and reserve.

The feedback we have received so far concerning the proposed pamphlet on meeting etiquette has been very positive. We did get a few requests to add a note to limit or discourage profanity and that has been done.

We need office volunteers. Morning and afternoon shifts are available. Please discuss with your group all the service opportunities that are available thru your East Valley Intergroup. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W Central Office Manager, East Valley Intergroup

### EVI CENTRAL OFFICE ACTIVITY

•••••	. March	2023
Meeting Information Calls	110	323
General Information	106	275
Referred to Salt River Intergro	oup 5	13
Referred to Al-Anon	14	41
Referred to Community Info	0	4
12th Step Calls	13	33
Business Calls	88	244
Office Visitors	132	364
Meeting lists printed	600	1800
Info request via E-mail	32	126
Desk Volunteers-Reg/Sub/No		
Desk Volunteers-Reg HRS YTI	D	120hrs
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#### **Web Stats**

Website Visits last 30 days 23,661 YTD 73,454

Google Searches last 30 days 3,083 YTD 8,971

# **Meeting List Updates...**

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

#### New Meetings:

No Filter, No Whining 18160 N Maya Angelou Dr. Maricopa TH 5;30 M

Hyannis West 6400 W Del Rio St. Chandler TH 5:30pm BB,O 90min

(starts online 3/30 and hybrid/live 4/27)

Any Lenghts 145 E 1st Ave. Mesa TH 4:00pm BB

Recovery Thru The Maze 1880 N Longmore Rd. Scottsdale MO 7:00pm S

T.G.I.F. 20164 S Sossaman Rd. Queen Creek FR 6:00pm

Beyond the Horizon 424 E Butte Ave. Florence O WE 5:30pm

### Changes:

Ahwatukee Nooners moved to 2601 E Thunderbird Pl. (Esperanza Church)

#### **Deletions:**

**East Valley Intergroup** 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

Alcoholics Anonymous - Contributions

PO Box 2407

James A Farley Station New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer \*NEW\* PO Box 5629 Scottsdale, AZ 85261 \*Make Check To: AZ Area Committee\* District 08-818 PO Box 12044 Tempe, AZ 85284

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 1901 Queen Creek, AZ 85142-9998

**District 08 (Maricopa County)** PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016

Valleywide H & I

PO Box 80126 Phoenix, AZ 85060

### **GSO Example of Group Contributions to** A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



# **GROUP CONTRIBUTIONS**



<u>GROUP</u>	<b>March</b>	<u>YTD</u>
11th Step Candlelight		\$150.00
2121 Beginner Workshop	\$1,166.82	\$1,166.82
417 Group		
A Vision For You		\$0.00
ABC Group		\$0.00
Ahwatukee Group		\$182.77
Ahwatukee Nooners		\$446.00
Ahwatukee Saturday Men's	\$193.42	\$259.54
Ahwatukee Women's Group		\$72.42
Arbor Daily Noon Group	\$200.00	\$400.00
As Bill Sees It QC		\$0.00
Attitude Adjustment CG	\$325.00	\$325.00
Atitude of Gratitude	\$59.00	\$59.00
Basic II	\$100.00	\$100.00
BBookworms		\$164.00
Bloopers		
Bootstrap Men's		
Both Books		
Bottom of the Bottle		•
Breakfast Club		·
Busted Ego		
By The Book		
Chandler Noon Group		
Chandler Women's Big Book Gro		
Common Thread		
Courage To Change		
East Phoenix Men's		•
East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group		
Eye Opener Group		
Family Recovery Group		
Feelings and Solutions		
Fill in the Blank		
Firehouse Meeting		
Florence Group		
Friday Night BB		
Get In The Car		
Gilbert Gals		
Gilbert Group		
Good Ol' Back to Basics		
Good Orderly Direction		
Grateful Girlfriends		
Gratitude Group		
Great Start		
Gut Level		
Happy Destiny		· ·
Happy Hour @ Sunbird		
Hope For Today		
Ladies Lunch Bunch		
Last Resort		
Life In The Big Book		
Livin Life Women		
Maricopa 12 X 12		
Maricopa Group		
Mid-Morning Group		
Miracle House		
Monday Night Madness		
Morning After		
Name In The Hat		
New Beginnings		
New Spirit Group		
No Big Deals		
No Name AA Group		
Opportunity Knocks		
Over The Influence		
Page A Day		
Path Less Traveled		\$50.00

GROUP	<u>March</u>	<b>YTD</b>
Patio Group		\$0.00
Pioneer Group		
Price Is Right		\$0.00
Primary Purpose Group		
Progress Rather Than Perfektion		
Province Group		
Putting God First		
•		
Queen Creek Nooners		
Re-Awakening Group		
Remember When		
Renewed Spirit		
Rising Spirit		\$739.52
Road To Recovery	\$768.88	\$3,872.14
Rock Solid		\$0.00
San Tan Group		\$0.00
San Tan Men's		
Second Chance Group		
<del>-</del>		
Serenity Now		
Serenity Sisters		
Shade Tree		
Sobriety is Gold		\$1,666.60
Sobriety Rocks		\$179.00
Society Group		\$0.00
Some Are Sicker Than Others		
Southeast Valley Stag	•	•
Spirited Women		
Step By Step Group		
Steppers		-
Stepping Stones	\$80.00	\$240.00
Sunday Afternoon Step		\$0.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		
Sundowners		
Sun Lakes Women Serenity Seeker		
Sunset Group		
Tempe Group		
Tempe Nooners		
Tempe Sunrisers		\$0.00
The Library		\$65.00
The Real Thing		\$0.00
The Tribe		\$469.39
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tumbleweeds Group		
Upon Awakening		
We Ain't Dead Yet		\$100.00
We Agnostics	\$247.80	\$247.80
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		
		· ·
Who's Driving Your Bus?		
Wolf Pack Group		
Women in Gratitude		\$0.00
Women in Solution		\$0.00
Women in Touch		\$0.00
*Anonymous Groups		
OTHER GROUPS/COMMITTEE		
		<b>#0.00</b>
Apache Lake Campout		
AZ AA Women's Conf		
Mesa Roundup	\$50.00	\$50.00
Dist 08-813		\$0.00
Dist 08-820		
Meal and a Message		
Group Totals\$		
EVI Committees		
Individual Contributions \$	1,605.00	\$2,141.08
GRAND TOTALS \$	6,817.72 \$	22,414.02
*Group contribution with no group name list		•

Financial Statements Page 9

### BALANCE SHEET March 31, 2022

# PROFIT & LOSS STATEMENT March, 2023

Assets	
Current Assets	
Checking	7,926.10
Prudent Reserve (Savings)	35,517.02
Accounts Receivable	829.65
Inventory Asset	32,828.32
Undeposited Funds	-215.80
Fixed Assets	50.00
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$81,958.18
Liabilities & Equity	•
Liabilities	
Accounts Payable	0.00
Visa Credit Card	0.00
Payroll taxes	0.00
	,
Total Liabilities	\$0.00
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	33,619.11
Net Income	4,560.13
Net income	4,300.13
Total Equity	\$81,958.18
Total Liability & Equity	\$81,958.18
,	4/•

27 Group contributions totaling 8 Individual contributions totaling	\$5,161.72 \$1,605.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$51.00
Total Contributions	\$6,817.72
Total Income	\$9,642.31
Less total Cost Of Sales	\$2,108.10
Gross Profit	<b>\$7,534.21</b>
Less total Expenses of	\$6,807.80
Net March Gain	\$726.41
<u>YTD 2023 Gain</u>	\$4,560.13
	. 025 515 02

The current Prudent Reserve balance is \$35,517.02

The Prudent Reserve has been established for 2023 in the range of \$35,703.95 - \$42,844.74

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Joseph M. EVI Treasurer

### **Tradition Five Checklist**

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4. Am I willing to twelfth-step, the next newcomer without regard to who or what is in it for me?
- 5. Do I help my group in every way I can to fulfill our primary purpose?
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

### EVI MONTHLY BUSINESS MEETING

### East Valley Intergroup Business Meeting Minutes

### April 21, 2023

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer.

Attendees: Over Tha Influence – Tony B Sun Lakes Serenity Seekers – Erika N

Ahwatukee Group- John S Page A Day – Jon D Sunday Night BB Step Study – Dave T

Ahwatukee Nooners- John H Patio Group - Tim R Sunset Group - Branden A Bloopers- Mike C Patio Group - David P Tempe Group - Susan M Breakfast Club- Treacey Rising Spirit - Linda C Tempe Sunrisers - Jerry A Courage to Change-Kathy H Rising Spirit - Gail S The Tribe - Jannette K Friday Night BB Study Gold Canyon- Al W The Tribe - Sarah F SL Serenity Seekers - Deb R The Way Out - Dee P GIT - Anne H Southeast Valley Stag - Gary M

Good Orderly Direction – Ronnie C Starlight Ranch Group -Maya K

 $Happy\ Hour,\ Morning\ After-Rose\ M \\$ 

 Online:
 We Ain't Dead Yet – Doug W

 By the Book – Tracey
 Path Less Travelled – Barb
 The Real Thing – Roxanne B

 Easy Does It – Cece
 Santan Men's – David S.
 Vision for You – Bradley L

 Feelings and Solutions – Tracy L
 Sisterhood of Solutions -Rita
 We Agnostics – Andrew N

Gratitude Group – Buddy Sun Lakes Women's - Deb VWHI – Debbie C

New Spirit – Tom B

Welcome to the New Reps:

Erica – Sun Lakes Harold?? (couldn't hear. Sorry!!)

Dell -Rising Group Stepping Stones – Monica SE

J welcomes everyone. A friend read the 12 Traditions. Introduction of new reps.

Secretary's Report: Lois L. – (Lois not present – Regan filling in) March EVI business meeting report and April EVI Steering Committee report is in the packet. Buddy made a motion to accept. Tom. 2nd. Motion passed.

Treasurer's Report: Joseph M- reviewed report from the packet. No questions from the floor. Monica S made motion to accept -Buddy 2nd. Motion passed.

7th Tradition: \$50.00. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson's Report: J J. – Not much to report that isn't going to be discussed later – grateful to be of service!

All EVI Standing Committees work for you and your group – if you have any questions or ideas about these committees, you are welcome to attend any committee meeting or address your thoughts with committee chairs or Steering Committee members.

Vice Chairperson Report: Austin – Austin has no report tonight but will have something next month!

Office Manager Report: Kim W. – Written report in packet. Kim will be attending the annual ICOAA (Intergroup/Central Office of Alcoholics Anonymous) Seminar in October and was able to purchase airfare using points from the EVI Visa card. The big order placed before the price increase has arrived so stock up! Office volunteers are needed. We have 4 openings, shifts are 4 hours, either morning or afternoon. Contact Roxanne B for information.

#### STANDING COMMITTEE REPORTS

PI/CPC: Amber - Written report in the packet. Always looking for committee volunteers! If interested see Amber!

Special Events: Tickets are still available for the Anniversary Dinner/Speaker. We will stop selling tickets about 4 days prior to the event per Steering Committee discussion. You can get them from your EVI Rep or call Kim at the office and they can hook you up! If your group would like to donate raffle baskets for the Anniversary event – please take them to the EVI office by April 29th. Lindsey is the new Co-Chair! Thanks Lindsey!

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### ..Business Meeting Minutes Continued

Phone committee: Tom – Working on filling shifts – Also training for taking the phones is available. In-person training is not well attended so we are looking to expand the online phone training. Encourage your new sponsees to take a shift on the phones to help them get their feet wet working with others!

Unity Committee: Ben - This committee reaches out to "dark" meetings in the East Valley (meetings without an EVI rep). We can use some volunteers – asking folks to go out to ONE extra meeting this coming month to let them know what EVI is and how they can connect. We have a script you can use. In person OR Zoom meetings. Only need is 6 months of sobriety.

Sponsorship Workshop: Ken C. Next workshop will be June 3rd at 10am in the class room at the Epiphany Church. Scheduled for 90 minutes and usually there is awesome discussion, and it runs over. Always the First Saturday of even months.

No Booze News (NBN) Newsletter Editor: Mike -not present. Submit stories to info@aamesaaz.org

Literature: Monica S.E. – Sold quite a few books due to the coming price increase. June 10th is Founders Day! If anyone wants to volunteer to help sell literature, let Monica know!

#### LIASION REPORTS

Al-anon Liaison: Rebecca April Spring Fling April 22nd - Also the Al-anon Convention is coming up. If interested inregistering, see Rebecca!

H&I Liaison: Dave T. –Attended the meeting on 4/12 – Forming a committee to review the by-laws. Took in \$1123.00 Training for badged volunteers coming up for Maricopa County Sherriff's facilities on Saturdays in April. It is currently taking 9 months to get the badge. Many volunteer positions open Phoenix West position was filled, but still need a Florence Coordinator. Bridge the Gap is also looking for volunteers. If interested go to Valley Wide H&I Website.

Spanish Liaison: position open

Sub District 08-818: Gary L. Alt. DCM – Nothing to report this month.

Sub District 08-819: Robert S. -. Not present.

Sub District 08-820: Wayne -Not Present

#### OLD BUSINESS:

- · EVI Spanish Liaison position still available
- · Meeting space for Phone Committee
- · The pamphlet on Meeting Etiquette is still in progress. Comments and suggestions always welcome- you can provide feedback via email to the EVI Office.

#### **NEW BUSINESS:**

Dee made a motion for the EVI Steering Committee to research the possibility of resurrecting the Unity Day Event to be hosted in partnership with all 3 other intergroups in the valley. 2nd by Timothy. Motion Carried with one opposed. – Position is that this should be decided by Special Events committee and not the steering committee.

Susan - Made a motion to: use space in the NBN to advertise for services from members. This does not align with Traditions of singleness of purpose, so we will not be able to move forward. Thank you for the suggestion!

#### Announcements

- · Founders Day coming up in June with Bill and Bobs Excellent Adventure
- · Workshop on May 6th Free Lunch at 1050 West Superstition Blvd
- AZ State Convention Sept 1 3 at the Wigwam
- · Post Conference Assembly June 17th in Lake Havasu Featuring the Delegates report back from the General Service Conference June 17th.

8:00pm Tom made a motion to close. Monica – 2nd. Passed. Meeting closed with Responsibility Statement.

Thank you for allowing me to be of service. Regan G – filling in for EVI Secretary

### Purrrfect Solution | Jim B.

When I was still drinking, having the responsibility of taking care of a pet was the last thing on my mind. I mean, really. Spending money on food and healthcare to keep a pet happy and healthy, when that money could be put to better use buying more liquor? Unthinkable! So I lived alone with my alcoholism.

When I came into AA, I initially got sober attending meetings held in a sober house. One of the

"residents" there was a small cat that was friendly to everyone. He used to go from recovering alcoholic to recovering alcoholic seeking attention. He'd often end up in my lap because I would give him the attention he wanted.

I commented in our AA meeting how much serenity I got from just having this cat near me. One day, one of the other members approached me. She said that she and her husband were going to go on a long road trip and needed to find a home for their young female cat, Pennie. She wanted to know if I was willing to take the kitten for my own?

Taking on the responsibility of owning a cat was a lot different than just spending an hour or so with our sober house cat, especially since I was just four months into my sobriety. But I really wanted to see if I could be a good companion. So I accepted.

I'm so glad I did because it made my sobriety so much better. I've been sober now for more than seven years. I truly believe that that cat has helped keep me sober. Is it all roses and chocolate? No. Sometimes she can really get on my nerves, especially when I'm trying to type on my computer. The sound of the clicking keys seems to indicate to her that it is the perfect time to demand attention. But I need her. She keeps me focused on the fact that there are other things more important than myself.

#### Our Fifth Step, Tradition and Concept

Step 5. - "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

<u>Tradition 5.</u> - "Each group has but one primary purpose —to carry the message to the alcoholic who still suffers."

<u>Concept V</u>. - Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard, and personal grievances receive careful consideration.