

East Valley
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| TABLE OF CONTENTS | |
|-------------------------|--------|
| | |
| Turning Down the Volume | 1 |
| Page one continued | 2 |
| Step Eight 12 X 12 | 3 |
| Gratitude Service Form | 3 |
| Announcements | 4 |
| Anniversaries | 5 |
| Old-Timer Wisdom | 5 |
| Got Service? | 6 |
| Managers Report | 7 |
| Group Contributions | 8 |
| Treasurer's Report | 9 |
| EVI Minutes | 10, 11 |
| PositiveNegativeReality | 12 |
| | |



Scan QR w/ phone



NO BOOZE NEWS

Turning Down the Volume

Not everybody is going to like me or like what I have to offer. What matters is that I like myself enough to continue to take my inventory and be of maximum service. Recently I had the opportunity to DJ at an AA conference. To prepare, I put in months of work, attempting to absolutely perfect the list of music I would play. I was so nervous and full of fear about whether the people at the event would enjoy my music. My ego wanted my fellow AA members to think I was the best DJ to ever grace an AA dance. Needless to say, God had other plans.

The very morning after the fairly seamless and fun dance at the conference, I overheard an attendee make a comment about how bad the music was. I was shocked. After I put in months of hard work and musical preparation, how could someone say that my music wasn't any good?

As my body shook with rage, I turned to him and snapped, "Well, I was the DJ, you know." He looked at me and said again, "Yeah? Well, the music was trash." I stomped off, my face flushed and my head swimming with resentment. Who did he think he was? For the next few hours, I spent time stewing with this resentment in my hotel room.

After a while, I went back to the conference. I ran into a newfound friend, Tim, while preparing for another portion of the conference entertainment and explained to him why I was so angry and hurt. "Isn't it funny," he said, "how you had a lot of people dancing last night and all you can focus on is this one guy's bad opinion?"

Then it hit me. Not only had I been so ego-driven in hoping to be showered by all with compliments about my playing, but I had also failed to realize that everyone's entitled to their own opinions. I can't please everyone.

Even in sobriety, I've always been concerned with what others think of me. I felt that if others approved of me, it would fill the God-sized hole inside me with a sense of pride and self-esteem. How wrong I was. Not only had I never stopped to be grateful that I was asked to provide entertainment for the conference or to thank God for keeping me sober so I could even DJ the dance, but I had also never stopped to consider that everyone is entitled to their own opinion.

Not everybody is going to like me or like what I have to offer, even in AA. What matters is that I like myself enough to continue to take my inventory, show up for AA, work with a sponsor on trimming back my defects of character and give it all over to God and be of maximum service to my fellows.

Shortly after this awakening, I was able to shake hands with the man who made the comment about the music I played. Just days later, I sit here, thankful to God and that man for teaching me another beautiful lesson. I pray I not only strive to live the motto, "To thine own self be true," but to allow others to do the same.

Kiko M.

CIRCLES OF LOVE AND SERVICE

HANDLING A.A. SERVICES AT THE LOCAL LEVEL

CENTRAL/INTERGROUP OFFICES PROVIDE VITAL LOCAL SERVICES AND TWELFTH STEP OPPORTUNITIES. ALL AREAS FUNCTION INDEPENDENTLY AND HANDLE LOCAL A.A. SERVICES IN THE MANNER BEST SUITED TO LOCAL NEEDS. WHILE G.S.R.S, D.C.M.S, AREA COMMITTEES, AREA ASSEMBLIES, AND THE GENERAL SERVICE CONFERENCE ARE CONCERNED WITH MATTERS AFFECTING A.A AS A WHOLE, CENTRAL/INTERGROUP OFFICES AND ANSWERING SERVICES FILL A DIFFERENT NEED. THEY HANDLE LOCAL SERVICES ONLY — SUCH AS COORDINATING LOCAL TWELFTH STEP CALLS, PROVIDING MEETING LISTS, AND IN SOME PLACES FURNISHING PUBLIC INFORMATION SPEAKERS FOR NON-A.A. GROUPS AND FOR A.A. MEETINGS IN INSTITUTIONS.

CENTRAL OFFICES AND GENERAL SERVICE AREA COMMITTEES ARE COMPLEMENTARY, RATHER THAN COMPETITIVE, A.A. OPERATIONS. THEY EXIST TO HELP INSURE A.A. UNITY AND TO FULFILL A.A.'S PRIMARY PURPOSE OF CARRYING THE A.A. MESSAGE TO THE ALCOHOLIC WHO STILL SUFFERS.

IN 1990 THE GENERAL SERVICE CONFERENCE STRESSED THE IMPORTANCE OF COMMUNICATION AND RECOMMENDED THAT DELEGATES ESTABLISH AND MAINTAIN CONTACT WITH OFFICES IN THEIR AREAS TO SHARE CONFERENCE INFORMATION AND ASSURE THAT CENTRAL/INTERGROUP OFFICES HAVE A VOICE IN THE FELLOWSHIP THROUGH THEIR EXISTING SERVICE STRUCTURE

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Your opinions, considerations and ideas
are always welcome
info@aamesaaz.org

| Page 3 | age 3 | |
|--------|-------|--|
|--------|-------|--|

Step Eight | The 12 Steps and 12 Traditions

Every A.A. has found we can make little headway in this new adventure of living until we first backtrack and really make an accurate and unsparing survey of the human wreckage we have left in our wake. To a degree, we have already done this when taking moral inventory, but now the time has come when we ought to redouble our efforts to see how many people we have hurt, and in what ways.

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

| EAST VALLEY INTERGROUP — Gratitude With Service form revised 9/020 Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204 | | | |
|--|--|--|--|
| (480) 827-1905 e-maik info@aamesaaz.org www.aamesaaz.org Date *First Name Last | | | |
| Address | *Phone | | |
| *City *\$T | *Zip*Zip*Gender | | |
| *Sobriety Date Home Group | , | | |
| | Alt Phone | | |
| * = required for listing in 12 th Step List [] No Booze News Subscription / Renewal (\$18.00 annual subscription fee enclosed) | | | |
| Volunteer Service Options | Committees of Interest | | |
| Check only those you are willing to commit time to | Check only those you are willing to serve on | | |
| 12 th Step List Volunteer Phones Night & Weeken | d [] Public Information / Cooperation with the | | |
| [] Weeknights [] Weekends | Professional Community | | |
| [] Weekends [] Weeknights | [] Special Events | | |
| [] Weekdays | [] Literature | | |
| | [] Newsletter (No Booze News) | | |
| [] Office Phone Volunteer | [] Unity Committee | | |
| [] Other Office Help | [] Deliver A Meeting | | |

ROUNDUPS, CAMPOUTS AND CONFERENCES

SRI SUMMER ROUNDUP

AUGUST 11 ~ 13 5401 N SCOTTSDALE RD. SCOTTSDALE AZ DOUBLETREE RESORT

PAYSON ROUNDUP

AUGUST 25 ~ 27 SLIM JIM CAMP SITE 2 FOREST LAKES, AZ

VERDE VALLEY ROUNDUP

OCTOBER 27 ~ 29 JACKPOT RANCH, CAMP VERDE, AZ

APACHE LAKE CAMPOUT

NOVEMBER 10 ~ 12 APACHE LAKE MARINA

Check the events page on our website. We will post information as it becomes available.



Area 03 - Virtual Workshops 12 X 12 X 12

Steps, Traditions and Concepts Every 4th Thursday at 7pm Meeting ID: 843 7907 2144

Passcode: 523310

EVI Bowlathon

Saturday, Aug. 26th

3pm to 5pm

AMF Mesa Lanes

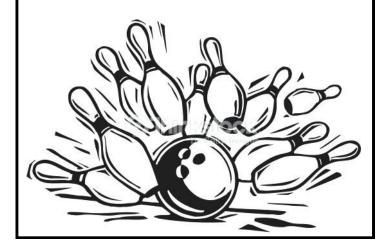
2115 E Southern Ave. Mesa AZ

2 Hrs of bowling, Pizza, Soda

and shoe rental, \$25

Tickets available from your

Group rep or at your EVI Office



Meal and a Message

Saturday, October 21, 2023

Dinner and a speaker meeting.

1525 N Power Rd. Mesa AZ

(Love of Christ Church)

2023 Arizona State Convention

Hosted by District 08

September 1 ~ 3 (Labor Day Weekend)

The Wigwam Resort

Litchfield Park AZ

Sober Anniversaries Page 5

Name Date

| Name Charles R | Date | |
|----------------|--------------------------|-------|
| Charles R. | 8/21/1969 | 19723 |
| Dave W | | |
| Craig B. | | |
| Jon B | | |
| Patti R | | |
| Kelly G | | |
| Kathy K | 8/3/1986 | 13514 |
| Brad R. | | |
| Beth L | | |
| Monica S. | | |
| Dale W | | |
| Maggie L | | |
| John S | 0/12/1900 Q/15/1000 | 12703 |
| Pam S | | |
| Dee P. | | |
| Sally M | | |
| Gwen N | 0/ 13/ 1909 0/20/4000 | 12410 |
| Denise P | | |
| Karin H. | | |
| | | |
| Rodney S | | |
| Dana N. | | |
| Carol M | | |
| Gary M | | |
| Fred P | | |
| Grant A. | 8/11/1996 | 9861 |
| Cheryl G | 8/18/1996 | 9861 |
| Randall S | 8/24/1996 | 9861 |
| Matt R | | |
| Lani D | | |
| Sherri P | | |
| Christi W | | |
| Steve L. | | |
| Shelley R | 8/27/2004 | 6939 |
| Mickey E | 8/10/2005 | 05/4 |
| Janet T. | 8/10/2005 | 05/4 |
| Rosemary R | | |
| Jimmy R | | |
| Merrill P. | | |
| J.T. K. | | |
| Stephen W | | |
| Katy W | | |
| Kathy M | 0/20/2000 | 5470 |
| Patrick G | 0/19/2009 | 3113 |
| Alana R | | |
| | | |
| Bev WWyatt S | | |
| Kellie P. | 0/0/2014 | 3201 |
| Andrew C | | |
| Nancy S | | |
| Jose A | 8/4/2010 | 2000 |
| | | |
| Inez Y | | |
| | | |
| Randi J | | |
| Kelly H | 0/ 13/20 10 0/47/2040 | 1020 |
| Angela T | 0/1//2018 | 1ŏ∠b |
| Marcy M | 0/ 1/20 19 | 1401 |
| | | |
| Peter R | | |
| Al L | | |
| Jack I | 0/9/2021 | / 30 |
| | | |

Some Good Old-Timers Wisdom...



You can't keep it if you don't give it away.

The way to raise my self esteem is to do esteemable things. You gotta want it.

There is no problem I have that alcohol wont make worse. Get off the cross, we need the wood.

A.A. has a wrench for every nut.



HELP WANTED

Your Intergroup office needs volunteers!

Answer phones, sell literature and help newcomers get started in Alcoholics Anonymous.

Shifts are 9am to 1pm or 1pm to 5pm.

Several shifts are open for a weekly commitment.

We also need "fill ins" when a regular cant make it.

Sign up for this rewarding service at aamesaaz.org or stop by the office.



PI / CPC

(Public Information and Cooperation with the Professional Community)

1st Mondays at 7pm.

1855 E Southern Ave #103 (EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics. 480 827-1905 or email picpc@aamesaaz.org aamesaaz.org

EVI Phone Workshop

Third Friday's at 6:15 pm Before the monthly business meeting

On ZOOM

aamesaaz.org

Or

Workshops can be done at your Group!



For more information Call Tom S.

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information Contact: Ken H.

HOST GROUP SCHEDULE

Aug. $5 \sim Price Is Right$

Toin the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information aamesaaz.org

Contact 480 827-1905

Office Volunteers & **EVI Hot Line Phones**

4 hour shifts in the EVI office Call Roxanne for specific times and days.



Get Involved:

aamesaaz.org/contact/

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting 1st Friday of the month 2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Aug. 4 ~ Opportunity Knox

Sep. 1 ~ Over the Influence

These are subject to change - so keep watching.

Central Office Manager's Report July 18, 2023

In June we received 385 requests for information and assistance. Of those 89 calls were for meeting info, 101 were office visitors and 7 resulted in a 12-step call. Our website stayed busy too. It had 20,894 visits in the last 30 days. Our Google totals for May were 2,672 views. Of those 283 went to our website, 73 requested directions and 71 gave us a call.

Our liability insurance has been renewed. This years renewal price was \$4,269. Last year the same coverage cost \$2,846 and the previous years were \$920. We had hoped to receive a quote from another company but when they realized how many additional locations we were covering they declined. All updated and corrected certificates have been sent to the leaseholders of participating groups. There are also master copies at the office if needed.

Mike S, our previous office manager, was in town and stopped by for a visit. He is doing well, sends a shout out to the old gang and loves what we have done with the place.

We need office volunteers. Morning and afternoon shifts are available. Please discuss with your group all the service opportunities that are available thru your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

| | June | 2023 |
|----------------------------------|---------|----------|
| Meeting Information Calls | 89 | 636 |
| General Information | 92 | 519 |
| Referred to Salt River Intergrou | 3 qu | 22 |
| Referred to Al-Anon | 9 | 68 |
| Referred to Community Info | 0 | 4 |
| 12th Step Calls | 7 | 65 |
| Business Calls | 84 | 478 |
| Office Visitors | 101 | 717 |
| Meeting lists printed | 600 | 3600 |
| Info request via E-mail | 21 | 197 |
| Desk Volunteers-Reg/Sub/Nor | າe | 18/ 12/8 |
| Desk Volunteers-Reg HRS YTD | .120hrs | 840hrs |

Web Stats

Website Visits last 30 days 20,894 YTD 140,276

Google Searches last 30 days 2,479 YTD 143,148

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

The Broad Highway 4415 S Rural Rd. Tempe SU 4:00pm W,G,O

N,Y, Secular, Meditation

Slay the Dragon 2359 S Dobson Rd. Ramada 3 Mesa TU 7:00pm O

Gilbert BBSS Group 235 E Guadalupe Rd. Gilbert MO 6:30pm BB, O

There is a Solution 52 N Pinal Ave. Superior TU 7:00pm O

Chant 2 655 E Southern Ave. Tempe MO 7:00pm O, Medita

25 de Enero 20913 E Ocotillo Rd. Queen Creek MO, TH, FR 7:00pm

Changes:

Ahwatukee Nooners moved to 2601 E Thunderbird Pl. (Esperanza Church)

Deletions:

East Valley Intergroup 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

Alcoholics Anonymous - Contributions

PO Box 2407

James A Farley Station New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer *NEW* PO Box 5629 Scottsdale, AZ 85261 *Make Check To: AZ Area Committee* District 08-818 PO Box 12044 Tempe, AZ 85284

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 1901 Queen Creek, AZ 85142-9998

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016

Valleywide H & I

PO Box 80126 Phoenix, AZ 85060

GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



GROUP CONTRIBUTIONS



| GROUP | <u>Iune</u> | YTD |
|---|-------------|------------|
| 11th Step Candlelight | | |
| 2121 Beginner Workshop | | \$1,166.82 |
| A Vision For You | | |
| ABC Group | \$125.00 | \$125.00 |
| Ahwatukee Group | | |
| Ahwatukee Nooners | | |
| Ahwatukee Saturday Men's Ahwatukee Women's Group | | |
| Arbor Daily Noon Group | | |
| As Bill Sees It QC | | |
| Attitude Adjustment CG | | |
| Atitude of Gratitude | | \$59.00 |
| Basic II | | · |
| BBookworms | | |
| Bloopers | | |
| Bootstrap Men's | | |
| Bottom of the Bottle | | |
| Breakfast Club | | • |
| Busted Ego | | |
| By The Book | | |
| Chandler Noon Group | | |
| Chandler Women's Big Book Group. | | |
| Common Thread | | |
| Courage To Change East Phoenix Men's | | |
| East Valley Men's Stag | | • |
| East Valley Veterans | | |
| Easy Does It Group | | |
| Eye Opener Group | | \$0.00 |
| Family Recovery Group | | |
| Feelings and Solutions | | |
| Fill in the Blank | | • |
| Firehouse Meeting Florence Group | | |
| Fresh Air Group | | |
| Friday Night BB | | |
| Get In The Car | | |
| Get It Together | | · |
| Gilbert Gals | | • |
| Gilbert Group | | |
| Good Orderly Direction | | |
| Grateful Girlfriends | | |
| Gratitude Group | | |
| Great Start | | \$0.00 |
| Gut Level | | |
| Happy Destiny | | |
| Happy Hour @ Sunbird | | |
| Hope For Today Ladies Lunch Bunch | | |
| Last Resort | | |
| Life In The Big Book | | |
| Livin Life Women | | |
| Maricopa 12 X 12 | | \$40.00 |
| Maricopa Group | | \$0.00 |
| Mid-Morning Group | | |
| Miracle House | | |
| Monday Night Madness Morning After | | |
| Name In The Hat | | |
| New Beginnings | | |
| New Spirit Group | | |
| No Big Deals | | |
| No Name AA Group | | |
| Opportunity Knocks | | |
| Over The Influence | | |
| Page A Day Path Less Traveled | | |
| | | φ200.00 |

| GROUP | Torre | VIIID |
|---|-------------|--------------|
| Patio Group | <u>June</u> | <u>YTD</u> |
| Pi | ФЕО ОО | φυ.υυ |
| Pioneer Group | | |
| Price Is Right | | |
| Primary Purpose Group | | \$122.09 |
| Progress Rather Than Perfektion | | |
| Province Group | | |
| Putting God First | | |
| Queen Creek Nooners | | |
| Re-Awakening Group | | \$70.00 |
| Remember When | | \$0.00 |
| Renewed Spirit | \$100.00 | \$300.00 |
| Rising Spirit | \$1,264.77 | . \$1,280.29 |
| Road To Recovery | \$1,280.29 | . \$6,331.17 |
| Rock Solid | | \$50.00 |
| San Tan Group | | \$0.00 |
| San Tan Men's | | |
| Second Chance Group | | |
| Serenity Now | | |
| Serenity Sisters | | |
| , | | • |
| Shade Tree | | • |
| Sobriety is Gold | | |
| Sobriety Rocks | | |
| Society Group | | |
| Some Are Sicker Than Others | \$50.00 | \$300.00 |
| Southeast Valley Stag | | \$562.50 |
| Spirited Women | | \$0.00 |
| Starlight Ranch | | \$55.58 |
| Step By Step Group | | \$121.18 |
| Steppers | | |
| Stepping Stones | | |
| Sunday Afternoon Step | | |
| Sunday Night BB Step Study | | |
| Sunday Serenity Seekers | | |
| | | |
| Sundowners | | |
| Sun Lakes Women Serenity Seeker | | |
| Sunset Group | | |
| Superstition Sunrise | | |
| Tempe Group | | \$200.00 |
| Tempe Nooners | | \$0.00 |
| Tempe Sunrisers | | |
| The Library | | \$65.00 |
| The Real Thing | | \$0.00 |
| The Tribe | | |
| The Way Out Group | | • |
| Thursday Night Step Group | | |
| Tuesday Night Steppin Out | | |
| Tumbleweeds Group | | |
| - | | • |
| Upon Awakening | | |
| We Ain't Dead Yet | | |
| We Agnostics | | |
| Wednesday Night Winners | | |
| Welcome Home | | - |
| West Chandler Men's | | \$0.00 |
| Who's Driving Your Bus? | | \$0.00 |
| Wolf Pack Group | | \$0.00 |
| Women in Gratitude | \$300.00 | \$300.00 |
| Women in Solution | | \$0.00 |
| Women in Touch | | \$0.00 |
| *Anonymous Groups | | |
| OTHER GROUPS/COMMITTEE | | \ 121111 |
| Apache Lake Campout | | QO OO |
| | | |
| AZ AA Women's Conf | | |
| Mesa Roundup | | |
| Dist 08-813 | | • |
| Dist 08-820 | | |
| Meal and a Message | | |
| Group Totals\$ | 6,323.60 \$ | 36,267.32 |
| EVI Committees | | |
| Individual Contributions | | |
| GRAND TOTALS\$ | | |
| | | 33,114.30 |
| *Group contribution with no group name list | ea) | |

Financial Statements Page 9

| BALANCE SHEET (| | |
|---|------------------------------------|--|
| June 30, 2022 | | |
| Assets Current Assets | | |
| Checking Prudent Reserve (Savings) | 12,253.08 32,573.02 | |
| Accounts Receivable Inventory Asset Undeposited Funds Fixed Assets | 707.20 29,749.02 | |
| Cash On Hand Office Equip/Furnishings Depreciation | 50.00 22,538.00 (-22,538.00) | |
| Total Assets Liabilities & Equity | \$80,356.46 | |
| Liabilities Accounts Payable Visa Credit Card Payroll taxes | 170.93 | |
| Total Liabilities | \$170.93 | |
| Equity Opening Balance Equity Retained Earnings Net Income | 43,778.94 33,619.11 2,787.48 | |
| Total Equity Total Liability & Equity | \$80,185.53 \$80,356.46 | |

PROFIT & LOSS STATEMENT June, 2023

| 26 Group contributions totaling 11 Individual contributions totaling Intergroup Business Meeting & | \$6,323.60 \$305.00 | |
|--|------------------------|--|
| Service Committee's 7th Tradition | \$89.10 | |
| Total Contributions | \$6,717.70 | |
| Total Income | \$11,338.89 | |
| Less total Cost Of Sales | \$2,926.66 | |
| Gross Profit | \$8,412.23 | |
| Less total Expenses of | \$9,763.31 | |
| Net June Loss | (\$1,351.08) | |
| <u>YTD 2023 Gain</u> | \$2,787.48 | |
| The current Prudent Reserve balance is \$32,573.02 | | |
| The Prudent Reserve has been established for 2023 in the range of \$35,703.95 - \$42,844.74 | | |
| Please call me with any questions or comments | | |

regarding the financial statements.

Grateful to be of service, Joseph M. EVI Treasurer

Tradition Eight in the 12 X 12

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

At last, however, a plain line of cleavage could be seen between professionalism and non-professionalism. When we had agreed that the Twelfth Step couldn't be sold for money, we had been wise. But when we had declared that our Fellowship couldn't hire service workers nor could any A.A. member carry our knowledge into other fields, we were taking the counsel of fear, fear which today has been largely dispelled in the light of experience.

EVI MONTHLY BUSINESS MEETING

East Valley Intergroup Business Meeting Minutes

July 21, 2023

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer

Attendees:

J welcomes everyone. Joe read the 12 Traditions. Introduction of new reps.

Ahwatukee Group – John S. Happy Hour,
Morning After – Rose M. Step by Step –
Steven G.
Stepping Stones – Monica S.E. Life in the
Big Book – Dana M. Steppers – Tom E.
Ahwatukee Nooners – John H. Men's Shade
Tree – Michael F. Sunset Group – Branden

Bloopers – Mike C. Page a Day – Jon D. The Way Out – Dee P

Bottom of the Bottle – Darrel T. Patio Group – Tim R. The Way Out – Ron S.

Breakfast Club – Treacey B. Putting God First – Chris M. The Way Out – Joe C. Chandler Women's BB – Carrie L. Rising Spirit – Linda C. Upon Awakening – Tom C. GIT – Anne H. Road to Recovery – Diana C.

We Ain't Dead Yet – Chrystal S.

Gold Canyon BB Study – Ken O SL Serenity

Men's Stag - Thomas M.

Seekers – Erica N.

Gold Canyon Firehouse – CJ Southeast

Online:

Dr. Bob's Nightmare – Jesse G. San Tan Men's – Fred S. The Real Thing – Roxanne B. Easy Does It – Cece. SASTO - Dominique The Tribe – Sierra B.

Hungry Ghost Men's Stag-Jimmy P. Sun PM Jerry A.

Steps & Traditions-David S. We Agnostics

Andrew N.

New Spirit - Tom B. Tempe Sunrisers -

Secretary's Report: Lois L. – June EVI business meeting report and July EVI Steering Committee report is in the packet. CJ made a motion to accept. Timothy 2nd. Motion passed.

Treasurer's Report: Joseph M- reviewed report from the packet. Question on why our prudent reserve went down – Joseph answered – some large expenditures, Liability Ins, Workers Comp Ins, Accountant expense....Gary made motion to accept – Timothy 2nd. Motion passed.

7th Tradition: \$28.00. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson's Report: J J. – nothing new to report. Will talk about more in new business.

Vice Chairperson Report: Austin – attended the District 08 MCSM last week, will be attending the August Assembly.

Office Manager Report: Kim W. – not present. Written report in packet.

STANDING COMMITTEE REPORTS

PI/CPC: Amber- written report in packet.

Special Events: Roberta – getting ready for New Years event – DJ, food, venue. Bowling – 140 tickets our – 60 left – collected \$200 so far. Call Jerry with or for ticket info: 405-306-4229. Unity Day – may serve pork sliders – come hear about the Intergroup Committees. Asked reps last month to take 4 dates to their group to vote on for 2024 Anniversary Dinner – March 9 got 3 votes, March 16th got 10 votes, May 18 got 3 votes, June 22 got zero votes. March 16th will be our date for the event. August 4th is the next Special Events committee meeting at 6pm right here. Come volunteer for Bowling, New Years, or any event.

Phone committee: Tom – Written report in packet. Tom reported there are 39 shift filled by 31 volunteers for August, calendar is complete and will be emailed to EVI shortly

Unity Committee: Ben - not present.

Sponsorship Workshop: Ken C. Saturday, August 5th, will be hosted by Price is Right here at the Church of the Epiphany. Having good turnouts at these events, some new to sponsorship, want to learn.

No Booze News (NBN) Newsletter Editor: Mike -not present. Submit stories to info@aamesaaz.org

Literature Committee: Monica S.E. - Written report in packet.

LIASION REPORTS

Al-anon Liaison: Rebecca – flyer in packet for Family Recovery Night tomorrow, July 22nd at Church of the Epiphany. Address correction:

2222 S. Price Road. Tempe H&I Liaison: Dave T. –no report Spanish Liaison: position open

Sub District 08-818: Gary L. Alt. DCM - Sub-District goes over one concept per month - good information. Delegate report is available at

www.area03.org

Sub District 08-819: Robert – not present Sub District 08-820: Wayne – not present

OLD BUSINESS:

EVI Spanish Liaison position still available

NEW BUSINESS:

5% pay increase for Office Manager proposed by Steering Committee – see written proposal. Dee asked if he could see the outcome of the review done by the Steering Committee. J responded that the Steering Committee Officers found the Office Manager job performance to have been excellent and scored all 4's in a rating from 1 to 4. Reps will take back to the groups for a vote next month.

Steering Committee talked about the possibility of EVI starting an annual EVI Roundup. Reps will take to their groups and discuss more next month.

Dee made a motion: The East Valley Intergroup (EVI) not accept the ERC money if they get approved and receive it. Dana 2nd the motion. Much discussion – applying for the ERC was approved by the Steering Committee in June, some reps thought they were voting on it tonight, does this violate our traditions, concepts, do we qualify, can we trust the accountant we hired to file, we should have waited and let the groups vote, is this outside money. Steering Committee reported they made decision due to deadline, and took into account traditions, concepts, A.A. guidelines. Road to Recovery reported they will only be contributing \$100 per month to EVI to cover their insurance until this is resolved.

ANOUNCEMENTS: None

8:25pm Tom made a motion to close. Rich– 2nd. Passed. Meeting closed with Responsibility Statement.

Thank you for allowing me to be of service. Lois L. - EVI Secretary loislaatsch@yahoo.com

Our 8th Step, 8th Tradition and 8th Concept

Step 8 -Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8 -Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

VIII. The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Positive Thinking Negative Thinking Reality

Ever since I was a child, anytime I had doubts about an event that was about to happen, someone would suggest "You've Got to Think Positive." As much as I would have liked to be positive, I was seldom able to overcome my doubts simply by willing them away. Eventually I dismissed the idea that positive thinking would make any difference at all. As I got older, and in the grip of alcoholism, my cynicism grew, and I thought that I was always getting the bad breaks. It was easier to complain about everything than it was to take responsibility for myself. Fear of humiliation, responsibility, social activities, and all the other fears that alcoholics are plagued with, was my comfort zone, as long as I could drink myself into oblivion. When that no longer worked for me, I came to Alcoholics Anonymous (A.A.) and have been sober ever since.

I learned in A.A. that alcoholics are plagued with *irrational* fear and that these fears far exceed the normal, God given instincts that we were born with and that these fears are the root cause of our problems. Positive thinking may work fine for normal people but for me it translates into *expectations*, and disappointments. Negative thinking, on the other hand, has undesirable effects on the alcoholic. It seems that when I am cynical about an issue, it gives me a built-in excuse not to perform. It makes it much easier to sit in a bar and complain about the issue than to take the risk. This plays right into the *irrational fears* that have paralyzed me during my drinking days and still have the potential to keep me from growing in the program.

A.A. does not stop life issues from happening, but it does help me to stop doing damage to myself. Over the years of exploring the cause and effect of my experiences, I have become very pragmatic about this issue. Like other issues in my A.A. development I have learned that moving away from the two extremes and closer to the center, which I refer to as, "Reality Thinking," has taken the artificial emotions (drama) out of my decision making, and that has served me well. I do not get too high when I am on a winning streak or too low when things are not going well. I live my life on a "Level Playing Field," and it is Real.

I have very few disappointments, and my mind is less troubled. For me, peace of mind is the byproduct of this approach to my thinking. The most effective and productive approach for me has been the establishment of a list of principles that I live by, that are consistent with the A.A. program and other respected philosophies of life that I have explored, that give me the best possibility to be successful in my undertakings. That does not mean that I never have disappointments, but the successes far outweigh the failures.