# september 2023

East Valley
Intergroup, Inc.
1855 E Southern,
Suite 103
Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org

TABLE OF CONTENTS	
All Aboard	1
The Plain Truth	2
Step Nine   12 X 12	3
Gratitude Service Form	3
Announcements	4
Anniversaries	5
Old-Timer Wisdom	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10, 11
Seven Years	12



Scan QR w/ phone



# NO BOOZE NEWS

### All Aboard | Like Being In a Boat | Adam W.

I got into general service in the same age-old way that I have heard many other alcoholics speak about: My sponsor raised my hand at our home group's business meeting. And in a flash, I was a GSR (general service representative).

I didn't realize it at the time, but I had just embarked on one of the most inspiring and fulfilling chapters of my AA life. General service has deepened my reverence and passion for AA, and I am forever grateful for my sponsor volunteering me that fateful night.

Right away my first question was, "Hey, man, what's a GSR and what did I just get my-self into?" As I began to get involved at the district level, I learned to appreciate the breadth and depth of AA as I became involved in the service structure. Then came our first area assembly. As our district began to make plans and discuss our travels, I felt excitement and camaraderie grow. It reminded me of my high school sports days, when the big game was coming up and the team was getting ready to hit the road.

I entered my first area assembly like a wide-eyed, small-town boy arriving in the big city for the first time. Full of questions, confusion and a sense of awe, I began to understand how all of the pieces fit together, from my home group to the district to the area assembly and to the General Service Conference. The energy and passion of a grand room full of smiling, laughing AA servants was infectious. I couldn't help but want what everyone had.

As time went by and I started to get my bearings as a GSR, I began to feel an over-whelming sense of gratitude that I had the opportunity to participate. It didn't matter whether I made coffee, cleaned up, took the phone watch or became a GSR, the time I have spent in general service has truly been an honor and a privilege. Frankly, I had my reservations when I first took the GSR position. Did I have time for this? Did I really want to do this?

As it turns out, every minute spent in service has paid huge dividends in my sobriety. I can't help but feel more connected and more excited about AA.

One of my favorite pieces of AA advice is to stay in the middle of the boat. Don't get swept away in a squall of self-pity, resentment, isolation or complacency. It's true. The more I participate, the bigger the boat gets, and I have come to realize that the life raft I crawled onto in early recovery is now a grand ocean liner, sailing the open seas of the world. The crew is assembled not only of my friends and neighbors, but a band of fellow travelers from all corners of the globe and all walks of life.

For me, recovery is all about human connection. Being a GSR has allowed me to meet, work and connect with a much wider network of members beyond my local groups. It gives me great peace to know that I get to play a small part in this beautiful program called AA.

### The Plain Truth | A Parent of an Autistic Child Keeps Her Amends to Him Simple and Honest

My sobriety date is 2006 and since then I have made many, many amends through this amazing program. Some have been well-received, some not so much, but I always have felt better after making them.

The most vital and outstanding amends I've had the honor to make was to my autistic son. He was 14 at the time.

I call my son "Moose," as he is an awkward fellow with a mane of flaming red hair and a mountain man's red beard. His young life was made difficult by his condition and by his mother's constant drinking and his father's attempts to hold everything together. Our house was explosive, chaotic and unpredictable. When I finally hit rock bottom, (which directly involved Moose, but that's a story for another time) and made my way through the doors of AA, I learned a new way of living and being, of not having to drink no matter what, and of connecting with God and my family again.

On the day I made amends to Moose, I kept everything simple. Autism has no room for euphemisms, gray areas, untruths or colloquialisms. I told him the truth. "I drank too much alcohol and made bad decisions. I was mean to you. I was unkind. I lied to you. I broke promises. I wasn't really 'sick,' I was drunk or hungover and that's why I wouldn't get up. You were not safe we were not happy, and it was not your fault in any way. It was mine."

He looked at me and said, "Yes."

We alcoholics want to hear someone say, "Oh, you weren't that bad. Relax, you're being too hard on yourself." But that's not what happened. My son just leveled me with a cool blue-eyed stare and said, "Yes."

Then I told him, "I've joined a group called Alcoholics Anonymous. They're going to help me learn to live without alcohol. I'm going to try to be a better person, a better mom. I'm going to play with you, be home when I say I'm going to be home, not take your things and be here for you." He said, "OK."

It was as simple as that.

However, I have had to live those amends I made, one day at a time. All day, every day. For Moose has a memory like an elephant and he will remind me if I start to fall back into my old ways.

Moose is almost 30 now and he's my biggest sobriety supporter. He reminds me that we live life one day at a time. But we live that one day every day.

Page 3	3
--------	---

### Step Nine | The 12 X 12

As soon as we begin to feel confident in our new way of life and have begun, by our behavior and example, to convince those about us that we are indeed changing for the better, it is usually safe to talk in complete frankness with those who have been seriously affected, even those who may be only a little or not at all aware of what we have done to them. The only exceptions we will make will be cases where our disclosure would cause actual harm.

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

EAST VALLEY INTERGROUP — Gratitude With Service form revised 9/020  Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204  (480) 827-1905 e-maik info@aamesaaz.org www.aamesaaz.org			
Date*Fir	t Name	Last	
Address		*Phone	e
*City	*\$T	*Zip	*Gender
   *Sobriety Date 	Home Group		
e-mail address	e-mail address Alt Phone		
* = required for listing in 12 <sup>th</sup> Step List			
[] No Booze News Subscription / Renewal (\$18.00 annual subscription fee enclosed)			
<u>Volunteer Se</u>	Volunteer Service Options Committees of Interest		Committees of Interest
Check only those you ar	e willing to commit time to	Check only those you are willing to serve on	
12 <sup>th</sup> Step List Volunteer	Phones Night & Weekend	[] Public Infor	mation / Cooperation with the
[] Weeknights	[] Weekends	Professiona	l Community
[] Weekends	[] Weeknights	[] Special Ever	nts
[] Weekdays		[] Literature	
		[] Newsletter	(No Booze News)
[] Office Phone Volunteer [] Unity Committee		nittee	
[] Other Office Help [] Deliver A Meeting			

### ROUNDUPS, CAMPOUTS AND CONFERENCES

#### HUALAPAI MOUNTAIN ROUNDUP

SEPTEMBER 22-24, 2023 HUALAPAI MOUNTAIN PARK KINGMAN, ARIZONA

### **VERDE VALLEY ROUNDUP**

OCTOBER 27 ~ 29 JACKPOT RANCH, CAMP VERDE, AZ

### **ROCKY POINT ROUNDUP**

OCTOBER 20 ~ 22 SONORAN SEA RESORT PUERTO PENASCO, MEXICO

### MIRACLE ON THE RIVER

NOVEMBER 4 ~ 6 100 PARK AVE. LAKE HAVASU CITY, AZ

### APACHE LAKE CAMPOUT

NOVEMBER 10 ~ 12 APACHE LAKE MARINA



## Area 03 - Virtual Workshops 12 X 12 X 12

Steps, Traditions and Concepts
Every 4th Thursday at 7pm
Meeting ID: 843 7907 2144
Passcode: 523310

## East Valley Intergroup Unity Day

October 29th, 2022 9am to 2pm

2222 S Price Rd. Tempe AZ (Church of the Epiphany)

Come check out service opportunities at your Intergroup. Presentations from all the service committees.

Free lunch at 11:30 and Speaker at 12:30pm.



### Meal and a Message

Saturday, October 21, 2023

Dinner and a speaker meeting.

1525 N Power Rd. Mesa AZ

(Love of Christ Church)

### 2023 Arizona State Convention

**Hosted by District 08** 

September 1 ~ 3 (Labor Day Weekend)

The Wigwam Resort

Litchfield Park AZ

Sober Anniversaries Page 5

### Name Date Anne V...............9/8/1982...............14975 Mickey A...... 14244 Tisha N. ...... 13514 Denis S.......9/21/1988.......12783 Ron S. ................9/16/1989................ 12418 Gary L.................9/5/1990.................. 12053 Lauren B......9/21/1997......9496 Dallas F. ...... 9/5/2001 ...... 8035 Chrystal L ...... 9/13/2002 7670 Debbie C. ......9/22/2004................6930 Charlene R. ................9/9/2005................. 6574 Don D. ................................9/18/2006................................6209 Brett A. ......9/4/2007...... 5844 Michael M......9/20/2010.......4748 Lee Ann W...... 4383 Mike H. ...............9/8/2012.......................4012 Adrian B......9/26/2013.......3652 Linda O................9/18/2014..................3287 Tearsa C...............9/30/2014.................3287 Judy W. ...... 2922 Ryan M. ...... 2191 Noah G......9/9/2018......1826

Your opinions, considerations and ideas are always welcome info@aamesaaz.org

Britt B......9/28/2019.......1461

### Some Good Old-Timers Wisdom...



To the Girls - The men will pat your butt and the women will save it.

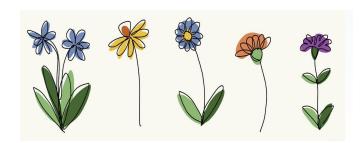
To the Boys - Under every skirt is a slip.

A.A. is not for people who need it, it is for people who want it.

Try it for 90 days, if you don't feel better we will refund your misery.

If your butt falls off, pick it up and bring it to a meeting.

There are no big shots or little shots in AA, one shot and we are all shot.







### Our 9th Step, 9th Tradition and 9th Concept

**Step 9** - "Made direct amends to such people wherever possible, except when to do so would injure them or others."

**Tradition 9** - "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

**IX** - "Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees."

### PI / CPC

(Public Information and Cooperation with the Professional Community)

1st Mondays at 7pm.

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org

### **EVI Phone Workshop**

Third Friday's at 6:15 pm
Before the monthly business meeting
at

On ZOOM

aamesaaz.org

Or

### Workshops can be done at your Group!

(()))

For more information Call Tom S.

### **EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

Oct. 7 ~ The Way Out

Join the

### **EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

### Get Into Service:

aamesaaz.org/contact/

### **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting 1st Friday of the month

2222 S Price Rd. Tempe contact: 480 827-1905

## Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office
Call Roxanne for specific
times and days.



### EVI Monthly Speaker Meeting

Ist Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Sep. 1 ~ Over the Influence

Oct. 6 ~ Sunset Group

These are subject to change - so keep watching.

### Central Office Manager's Report August 18, 2023

July was fairly slow with 320 requests for information and assistance. Of those 86 calls were for meeting info, 83 were office visitors and 8 resulted in a 12-step call. Our website stayed busy too. It had 21,634 visits in the last 30 days. Our Google totals for May were 2,634 views. Of those 270 went to our website, 69 requested directions and 29 gave us a call.

News from GSO: Bulk copies of Box 459 will no longer be available. The pamphlet "A.A. for the older alcoholic" is being changed to a booklet. It was 50 cents; booklet will now be \$2.00. We had a request for a special Big Book in Chinese. They are the same price as the English version so ordered 2 and have one on display.

We are now able to take mobile payments using Square mobile payment processing. Startup hardware was \$10(refundable). There is no monthly fee. Processing fees are 2.6% plus 10 cents per sale. If you purchase event tickets, the receipt from Square will be your ticket.

If you're Service Committee or Group is planning an event, please remember to send a flier to the office. They will be made available in the office and on the website as well as being listed in the No Booze News. We want to help make your events and service endeavors a success and to share information with our local fellowship. Our high-capacity copier is also available for vour USC. We just ask that you cover the cost of supplies if making several copies. The 100, 60 and 40 cup coffee pots at the office are also available for Group events. Just call the office to reserve them in advance.

Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service

Kim W Central Office Manager, East Valley Intergroup

### **EVI CENTRAL OFFICE ACTIVITY**

•••••	July	2023
Meeting Information Calls		
General Information	71	590
Referred to Salt River Intergrou	3 qu	25
Referred to Al-Anon	7	75
Referred to Community Info	0	4
12th Step Calls	8	73
Business Calls	62	538
Office Visitors	83	800
Meeting lists printed	600	4200
Info request via E-mail	33	230
Desk Volunteers-Reg/Sub/Nor	ıe	16/ 12/8
Desk Volunteers-Reg HRS YTD	.120hrs	960hrs

### **Web Stats**

Website Visits last 30 days 21,781 YTD 162,057

Google Searches last 30 days 2,634 YTD 145,782

### **Meeting List Updates...**

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

#### New Meetings:

The Broad Highway 4415 S Rural Rd. Tempe SU 4:00pm W,G,O

N,Y, Secular, Meditation

Slay the Dragon 2359 S Dobson Rd. Ramada 3 Mesa TU 7:00pm O

Gilbert BBSS Group 235 E Guadalupe Rd. Gilbert MO 6:30pm BB, O

### Changes:

There is a Solution 100 N Magma Ave. Superior TU 7:00pm O 301 N Hartford St. Chandler The Tribe MO 6:30pm O

### **Deletions:**

**East Valley Intergroup** 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

**Alcoholics Anonymous - Contributions** 

PO Box 2407

James A Farley Station New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer \*NEW\* PO Box 5629 Scottsdale, AZ 85261 \*Make Check To: AZ Area Committee\* District 08-818 PO Box 12044 Tempe, AZ 85284

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 1901 Queen Creek, AZ 85142-9998

**District 08 (Maricopa County)** PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016

Valleywide H & I

PO Box 80126 Phoenix, AZ 85060

### **GSO Example of Group Contributions to** A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



### **GROUP CONTRIBUTIONS**



GROUP	<u>July</u>	<u>YTD</u>
11th Step Candlelight	150.00	\$300.00
2121 Beginner Workshop		\$1,166.82
A Vision For You		\$0.00
ABC Group		\$125.00
Ahwatukee Group	\$348.77	\$1531.54
Ahwatukee Nooners		\$564.74
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
As Bill Sees It QC		•
Attitude Adjustment CG		
Atitude of Gratitude		·
BBookworms		
Bloopers		
Bootstrap Men's		
Both Books		
Bottom of the Bottle		
Breakfast Club		
Busted Ego		
By The Book		
Chandler Noon Group		
Chandler Women's Big Book Grou	ıp	\$208.00
Common Thread	-	\$1,299.56
Courage To Change		\$250.00
East Phoenix Men's		\$0.00
East Valley Men's Stag		\$375.84
East Valley Veterans		\$100.00
Easy Does It Group	\$88.87	\$622.09
Eye Opener Group		\$0.00
Family Recovery Group		\$0.00
Feelings and Solutions		
Fill in the Blank		
Firehouse Meeting		
Florence Group		
Fresh Air Group		
Friday Night BB		
Get In The Car		
Get It TogetherGilbert Gals		
Gilbert Group		
Good Ol' Back to Basics		
Good Orderly Direction		
Grateful Girlfriends		•
Gratitude Group		
Great Start		•
Gut Level		
Happy Destiny		
Happy Hour @ Sunbird		
Hope For Today		
Ladies Lunch Bunch		
Last Resort		\$30.00
Life In The Big Book	\$219.63	\$403.63
Livin Life Women		\$157.50
Maricopa 12 X 12	\$80.00	\$120.00
Maricopa Group		\$0.00
Mid-Morning Group		\$0.00
Miracle House		
Monday Night Madness		
Morning After		
Name In The Hat		
New Beginnings		
New Spirit Group		
No Big Deals		
No Name AA Group		
Opportunity Knocks		
Over The Influence		
Page A Day		
Path Less Traveled		\$200.00

<u>GROUP</u>	<u>July</u>	<u>YTD</u>
Patio Group	<del></del>	\$0.00
Price Is Right		\$245.00
5		
	tion	
•	\$65.00	
_	\$00.00	
•		
• •		
_		
Rising Spirit		\$1,280.29
Road To Recovery	\$100.00	\$6,431.17
Rock Solid		\$50.00
San Tan Group		\$0.00
•		
-	#200 00	
-	\$300.00	
•	\$408.40	
Shade Tree		\$270.00
Sobriety is Gold		\$265.00
Sobriety Rocks		\$141.36
Society Group	\$266.66	\$266.66
Some Are Sicker Than Other	s \$50.00	\$350.00
	\$112.50	
3		·
	\$80.00	
Sunday Night BB Step Study .		\$106.42
Sunday Serenity Seekers		\$288.00
Sundowners		\$0.00
	eeker	•
•		
-		
-		
-		
_		
_		
The Real Thing		\$0.00
The Tribe		\$469.39
The Way Out Group		\$200.00
, , ,	\$236.25	
-		
	\$193.00	•
Wednesday Night Winners		\$0.00
Welcome Home		\$200.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
_	\$60.51	
		•
		\$427.11
OTHER GROUPS/COM		
Apache Lake Campout		\$0.00
Mesa Roundup		\$50.00
•		
		•
_		
	\$6,923.22	
	\$44.00	
Individual Contribut	ions\$416.88	\$3,367.20
	\$7,384.10	•
*Group contribution with no grou		,,,,,,,,
	p name istea)	

Financial Statements Page 9

<b>BALANCE SHEET</b>
July 31, 2022

## PROFIT & LOSS STATEMENT July, 2023

Assets	
Current Assets	7 770 70
Checking	7,379.72
Prudent Reserve (Savings)	32,592.39
Accounts Receivable	1,126.60
Inventory Asset	29,049.29
Undeposited Funds Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22.538.00
Depreciation	(-22,538.00)
Depreciation	(-22,336.00)
Total Assets	\$78,222.57
Liabilities & Equity	
Liabilities	
Accounts Payable	
Accounts Payable Visa Credit Card	61.22
Payroll taxes	110.00
Total Liabilities	\$171.22
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	33,619.11
, , , , , , , , , , , , , , , , , , ,	,
Net Income	653.30
Total Equity	\$78,051.35
Total Liability & Equity	\$78,222.57

31 Group contributions totaling 8 Individual contributions totaling Intergroup Business Meeting &	\$6,923.22 \$416.88	
Service Committee's 7th Tradition	\$44.00	
Total Contributions	\$7,384.10	
Total Income	\$11,336.60	
Less total Cost Of Sales	\$2,559.36	
Gross Profit	\$8,777.24	
Less total Expenses of	\$10,911.28	
Net July Loss	(\$2,134.04)	
<u>YTD 2023 Gain</u>	\$653.30	
The current Prudent Reserve balance is \$35,592.39		
The Prudent Reserve has been established for 2023 in the range of \$35,703.95 - \$42,844.74		

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Joseph M. EVI Treasurer

### Tradition Nine in our 12 Steps and 12 Traditions

## "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

It is clear now that we ought never to name boards to govern us, but it is equally clear that we shall always need to authorize workers to serve us. It is the difference between the spirit of vested authority and the spirit of service, two concepts which are sometimes poles apart. It is in this spirit of service that we elect the A.A. group's informal rotating committee, the intergroup association for the area, the General Service Conferences of Alcoholics Anonymous for A.A. as a whole.

### EVI MONTHLY BUSINESS MEETING

#### East Valley Intergroup Business Meeting Minutes

#### August 18, 2023

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer

#### Attendees:

ABC Group – Richard E. Gold Canyon Fri Night
BB – Ken O. SE Valley Men's Stag – Gary Ahwatukee Group – John & Jason Gold Canyon Firehouse – C.J. Starlight Ranch Grp – Maya K Ahwatukee Men's – Charles & George Good Orderly
Directon – Ronnie C Step by Step – Joy & Steven
Ahwatukee Women's – Andrea A. Hungry Ghost
Men's Stag – Jimmy P Sun Lakes Serenity Seek-

ers - Erika BBWorms - Caroline C. Life in the Big Book - Dana M Sunday Afternoon Step Study - David Bloopers - Mike C. Page a Day - Jon D. Sunday Night BB Step - Dave Botom of the Botle - Darrel T. Patio Group - Tim & Linda Sunset Group - Branden A. Breakfast Club - Treacey B. Price is Right - Christopher T. Tempe Group -Susan M. Courage to Change - Kathy H. Primary

Purpose – Marissa C. The Way Out – Dee East Valley Men's Stag – Jose A. Road to Recovery – Diana C. Upon Awakening – Larry S Feelings & Solutions – Tracy L. Serious over Sobriety – Doug W. We Ain't Dead Yet – Chrystal S. GIT – Julie G. SNBBSS – Joe M. Women in Gratitude – Erika & Deb

#### Online:

Dr. Bob's Nightmare – Jesse G. Patio Group -Orlando Tempe Sunrisers – Jerry A Easy Does It Cece. San Tan Men's - Fred S. The Real Thing
 Roxanne B Happy Hour Group - Rose M. Serenity Sisters - Jeni O. Upon Awakening - Tom

C. New Spirit – Tom B. Sobriety is Gold – Shari L. We Agnostics – Andrew N.

J welcomes everyone. Tom read the 12 Traditions. Introduction of new reps.

Secretary's Report: Lois L. – July EVI business meeting report and August EVI Steering Committee report are in the packet. CJ made a motion to accept. David 2nd. Motion passed.

Treasurer's Report: Joseph - reviewed report from the packet. Timothy made motion to accept – Gary 2nd. Passed 7th Tradition: \$54.00. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson's Report: J J. – Next month we will be accepting nominations for Service Positions available at EVI for the next two years. Elections will be held in November.

Vice Chairperson Report: Austin - not present. Written report in packet.

Office Manager Report: Kim W. – Went over written report in packet.

#### STANDING COMMITTEE REPORTS

PI/CPC: Amber- not present

Special Events: Roberta – looking at caterers and venue for New Year's event and venue for 2024 Anniversary Dinner. Unity Day will be October 28th from 10am to 2pm at Church of the Epiphany. Bowling event will be August 26th – Jerry has tickets available. We now have a "square" to process CC transactions. We have a basket to raffle at Bowling, and can use volunteers – lots of volunteer opportunities available for upcoming events. No sobriety minimum.

Phone committee: Tom – not present. Written report in packet.

Unity Committee: Ben - not present.

Sponsorship Workshop: Ken C. Next workshop will be Saturday, October 7th, and will be hosted by The Way Out here at the Church of the Epiphany. Having good turnouts at these events – some coming from N. Phoenix – 25 to 30 people often present. If your group is interested in hosting one, come check it out.

### Page 11

..Business Meeting Minutes Continued

No Booze News (NBN) Newsletter Editor: Mike -not present. Submit stories to info@aamesaaz.org

Literature Committee: Monica S.E. – not present

#### LIASION REPORTS

Al-anon Liaison: Rebecca – flyer in packet for Family Recovery Night August 26th, at Church of the Epiphany. Amber will be the Al-Anon speaker, Molly will be the A.A. speaker. 5:30 dinner, 7pm speakers.

H&I: Dave T. – Attended the August 9th H&I meeting – rec'd \$10,087 in donations – current balance is \$31,653. October 7th will be Awareness Day at St. Peter's – Litchfield Rd. Service opportunities available

Spanish Liaison: position open

Sub District 08-818: Tim – not present

Sub District 08-819: Robert - planning on 3rd and 4th quarter Eat, Meet and Greet events - no flyers yet.

Sub District 08-820: Wayne – not present

#### OLD BUSINESS:

Suggestion to start an EVI Roundup - after discussion the vote was 11 yes and many no. Motion failed.

Motion to decline ERC funds – after discussion the vote was 22 yes, 15 no, 5 abstain. This motion required a 2/3 vote to pass as it would cost EVI \$3730.00 if it passed – 22 yes votes plus 15 no votes = 37 total. 2/3 of that is 25 – needed 25 to pass. Motion failed

Suggestion to re-start Valleywide Unity Day – J gathering info from other Intergroups.

Office Manager 5% pay increase – after some discussion a motion was made to postpone this vote until next month due to high emotions at this time – Brandon made the motion – John D 2nd. Motion passed.

#### **NEW BUSINESS:**

Dee suggested we come up with a standard system/form to present motions that give all the information we need due to confusion in some groups about when things are coming to a vote – perhaps something the Steering Committee could look at.

Dee made a motion on behalf of The Way Out group to not collect a 7th tradition at EVI business meetings. Ronnie 2nd the motion. Will present under old business a next meeting.

#### ANOUNCEMENTS:

Arizona State Convention will be held on Labor Day weekend – September 1st thru 3rd at The Wigwam Resort in Litchfield Park. Flyer is in the packet. Lots of fun and fellowship await us all...... More info at www.area03.org 8:53pm

John D. made a motion to close. C.J.-2nd. Passed.

Meeting closed with Responsibility Statement.

Thank you for allowing me to be of service. Lois L. - EVI Secretary

### Seven Years | Patrick S.

I'm sitting here enjoying a *Latte*, on my couch, in the home that I own, with all the utilities connected simultaneously, with a car in the garage, and a job to go to.

I woke up this morning an hour earlier than usual. And I'm glad for that. It has given me time to reflect upon what it meant all those years ago to walk down those old concrete steps into the basement of an old Catholic school in the middle of nowhere, grab a seat on the periphery, and hope to God that no one I knew would be there.

I had never felt so alone or scared in my life. I had basically prayed for the two years prior that I wouldn't wake up. You see, I was tired of living. But I figured if I tried to kill myself, I'd mess it up like everything else in my life.

Here were these people, allegedly alcoholics. But they were smiling and laughing. Uproarious laughter. Belly laughs. I don't think I'd ever had a belly laugh in my life.

Could it be? Could I actually survive, even thrive, without that numbing release of booze? No way.

They asked if anyone wanted a token for staying sober for the last 24 hours. I remained quiet. I kept listening, *gob-smacked* that these folks were grateful to be recovering alcoholics. How can you be grateful for something like that?

But they weren't letting up. They were truly grateful. Then with all the strength I could muster I raised my hands and I said "I'm Patrick, and I'm an alcoholic. Is it too late to ask for one of those tokens?"

They weren't mad that I'd interrupted them. The clapped their hands and smiled. This big burly dude everyone called "Big Don" stood up and beckoned me over to him. He gave me a token and told me it didn't have to hurt anymore. And he hugged me. They all clapped telling me to keep coming back.

And I did.

Seven years later, I'm sitting here writing this through tears. Tears that I did not expect to shed this morning. But they are not tears of sadness from an alcoholic who just wants to die. They are tears of happiness. Tears of reflection on a life that no longer has to be.

And for that, I am grateful.