



# NO BOOZE NEWS

*East Valley  
Intergroup, Inc.  
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Mesa, AZ 85204  
480-834-9033  
Fax: 480-964-4639  
info@aamesaaz.org  
www.aamesaaz.org*

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Scan QR w/ phone



## ***The Freedom to Change--Or Not***

*Into Action | Larry H.*

I used to wonder how long it would take to be rid of my character defects. I remember complaining to my sponsor about the pain and suffering they still caused after being sober several years and about the fact that some of them seemed to be as bad as ever. What would it take to be rid of these negative emotional ties to the past? Would I have to drink again and get a good case of the jitters, as described in the Big Book, or was I going to straighten out some day?

This weighed heavily on me, so I asked my sponsor what to do. He said, "I have good news and bad news." (Whenever he uses that phrase, I want to become invisible.) I asked him for the bad news first. He said, "The bad news is, the day we put you in the ground, providing you stay sober that long, you will be the same person you were the day you came here. The good news is you will enjoy that a lot less." He went on to explain that, like most people, alcoholics have the usual set of character defects, but we hone them to a razor's edge and use them to cut our lives to ribbons. Just because we get sober does not mean that these traits will disappear. On the contrary, they become more noticeable than ever, because when we shed light on our defects, they become easier to see and more difficult to practice.

It turns out that the reason I still revert to my old ways is because I still value them, much as I hate to admit it. As Step Six says, some of my character defects may be lifted as the desire to drink was; but as for the rest, I will have to be content with patient improvement.

When I took inventory and looked at the nature of my wrongs, I also learned that everything brings forth its own kind. For example, anger brings forth more anger; it never brings forth happiness. The same is true with love. It never brings forth hate; it can only bring forth affection. Seeing this was a real wake-up call, because when I now look around at what I have created, be it good or bad, I'm forced to take responsibility for it.

*...continue on 2*

the freedom to change or not...continued...

When my life is full of happiness and joy, it means that happiness and joy are important to me, and anger and depression are valueless. Originally, I could not accept this simple truth because it was too easy, and I'd been taught that anything worthwhile is hard. I mean if it were that simple, then everyone could have it. But I eventually learned that this was the basic truth I had been seeking, and it has given me the ability to change my life.

The next question was, How could I bring about this change when all I've known is chaos? Experience has shown that when I combine one thought with another thought, I get a headache; but when I combine a thought with action, it always produces a result. The paradox that says I have to give it away to keep it is true enough; however, it is also true that I must give it away to get it. When I give love, then I am able to experience love, and the more I give, the more I have. The old tape that says I must receive love to have love is false. The truth is, I must give love so that I may truly experience it. God makes that possible.

I find it amazing how capable I am of overlooking the obvious. I mean, this is what the literature has been telling me all along. I guess my receiver was off the hook, or maybe I just had to hear the message on a different frequency. Whatever the case may be, I have gained much freedom from this simple truth. What's more, just as I have the freedom to use the God of my understanding or not, I have that same freedom to practice my character defects or not. God also makes that possible.

So it would seem that I am a product of my actions more than my thoughts, and through action I possess the ability to cause change in my life. ~

### **A Declaration of Unity**

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

### **I Am Responsible...**

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

**From Step Ten | The 12 X 12**

“AS we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test:

can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us.”

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

**EAST VALLEY INTERGROUP – Gratitude With Service form** *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)

[www.aamesaaz.org](http://www.aamesaaz.org)

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

\* = required for listing in 12<sup>th</sup> Step List

☐ No Booze News Subscription / Renewal (\$18.00 annual subscription fee enclosed)

**Volunteer Service Options**

*Check only those you are willing to commit time to*

**12<sup>th</sup> Step List Volunteer**

☐ Weeknights

☐ Weekends

☐ Weekdays

**Phones Night & Weekend**

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

**Committees of Interest**

*Check only those you are willing to serve on*

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting

ROUNDUPS, CAMPOUTS AND CONFERENCES

**VERDE VALLEY ROUNDUP**

OCTOBER 27 ~ 29

JACKPOT RANCH, CAMP VERDE, AZ

**ROCKY POINT ROUNDUP**

OCTOBER 20 ~ 22

SONORAN SEA RESORT

PUERTO PENASCO, MEXICO

**MIRACLE ON THE RIVER**

NOVEMBER 4 ~ 6

100 PARK AVE.

LAKE HAVASU CITY, AZ

**APACHE LAKE CAMPOUT**

NOVEMBER 10 ~ 12

APACHE LAKE MARINA

**Check the events page on our website. We will  
post information as it becomes available.**

08/820 Quarterly

Potluck / Speaker Meeting

Saturday, Oct 28

5:30pm to 8:00pm

1050 W Superstition Blvd.

Hosted by Society



***East Valley Intergroup  
Unity Day***

***October 28th, 2023***

***9am to 2pm***

***2222 S Price Rd. Tempe AZ  
(Church of the Epiphany)***

***Come check out service oppor-  
tunities at your Intergroup.  
Presentations from all the  
service committees.***

***Free lunch at 11:30 and  
Speaker at 12:30pm.***

**Turn it *¡JAO***

**Meal and a Message**

Saturday, October 21, 2023

Dinner and a speaker meeting.

1525 N Power Rd. Mesa AZ

(Love of Christ Church)

**MRU Halloween Bash**

Saturday. Oct 21st

4:30pm to 10:00pm

805 N Country Club Dr. Mesa AZ

It's a scary good time.

## Sober Anniversaries

### Name

### Date

David C.....	10/7/1979.....	16071
Thomas S.....	10/17/1981.....	15340
Danny S.....	10/22/1981.....	15340
Larry R.....	10/3/1983.....	14610
Marilynn S.....	10/23/1983.....	14610
Lenay L.....	10/7/1984.....	14244
Patti R.....	10/16/1984.....	14244
George D.....	10/20/1984.....	14244
Louise G.....	10/25/1984.....	14236
Mike C.....	10/12/1985.....	13907
Shap W.....	10/18/1985.....	13879
Harry L.....	10/28/1985.....	13879
Jim S.....	10/10/1986.....	13514
Pat P.....	10/18/1987.....	13149
Shirley B.....	10/8/1988.....	12783
Caroline C.....	10/18/1990.....	12053
George P.....	10/2/1992.....	11322
Denis W.....	10/26/1992.....	11322
Travis M.....	10/30/1993.....	10957
Lucy W.....	10/11/1995.....	10227
Juanita A.....	10/28/1995.....	10227
Jay Z.....	10/14/1996.....	9861
Irene D.....	10/21/1996.....	9861
Terry T.....	10/6/1997.....	9496
Lisa B.....	10/13/1997.....	9496
Dave H.....	10/14/1998.....	9131
Dennis R.....	10/23/1998.....	9131
Rebecka L.....	10/5/2000.....	8400
David R.....	10/3/2003.....	7305
Mike P.....	10/9/2003.....	7305
Kristina F.....	10/23/2004.....	6939
Shelby T.....	10/1/2005.....	6574
Diane B.....	10/7/2005.....	6574
Katie S.....	10/8/2008.....	5478
Robert S.....	10/13/2008.....	5478
Sherry B.....	10/21/2008.....	5478
Vida J.....	10/17/2009.....	5113
Peggy J.....	10/23/2009.....	5113
Skip P.....	10/10/2010.....	4748
Adrian M.....	10/21/2010.....	4748
Jerry C.....	10/25/2010.....	4748
April T.....	10/28/2010.....	4748
Peggy K.....	10/21/2012.....	4017
Paul B.....	10/1/2013.....	3652
Penny N.....	10/3/2013.....	3652
Jack B.....	10/10/2013.....	3652
Harry B.....	10/16/2014.....	3287
Richard E.....	10/8/2015.....	2922
Paige L.....	10/17/2015.....	2922
Adam K.....	10/19/2015.....	2922
Angie G.....	10/29/2015.....	2922
Katrina A.....	10/6/2016.....	2556
Tim G.....	10/8/2016.....	2556
Andrew S.....	10/20/2016.....	2556
Brianna R.....	10/22/2016.....	2556
Maria W.....	10/29/2016.....	2556
Mindy S.....	10/24/2017.....	2191
Kristi S.....	10/30/2017.....	2191
Rachel K.....	10/10/2019.....	1461
Brandon B.....	10/14/2019.....	1461
Kristen T.....	10/25/2020.....	935

### Some Good Old-Timers Wisdom...



*I was sick and tired of being sick and tired.*

*In A.A. all voices are equal, some are just louder than others.*

*All booze tasted the same to me, it tasted like MORE.*

*If I don't change, my sobriety date will.*

*A.A. doesn't need me, but I need A.A.*

*Take the cotton out of your ears and put it in your mouth.*

*It is never to late to do the next right thing.*



**ONE  
DAY  
AT A  
TIME**



*Why don't you trick or treat us ?*

**info@aamesaaz.org**

**BOO !**

How do ghosts get drunk?

They drink spirits.

What do you call a drunk ghost?

Sheet faced.

Why are ghosts always drunk?

They're full of BOOOS

What do ghosts drink in the morning? Coffee with scream and sugar.

## PI / CPC

(Public Information and Cooperation with the Professional Community)

**1st Mondays at 7pm.**

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email [picpc@aamesaaz.org](mailto:picpc@aamesaaz.org)

[aamesaaz.org](http://aamesaaz.org)



## EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting

at

**On ZOOM**

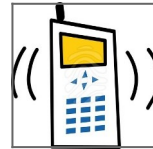
**[aamesaaz.org](http://aamesaaz.org)**

Or

**Workshops can be done at your Group !**

For more information

Call Tom S.



## **EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check [aamesaaz.org](http://aamesaaz.org) for location information

Contact: Ken H.

HOST GROUP SCHEDULE

**Oct. 7 ~ The Way Out**

*Get Into Service:*

[aamesaaz.org/contact/](http://aamesaaz.org/contact/)

Join the

## **EVI Unity Committee**

**Meeting at 6:15pm Every 3rd Friday**

Check [aamesaaz.org](http://aamesaaz.org) for location information

**[aamesaaz.org](http://aamesaaz.org)**

**Contact 480 827-1905**

## **EVI Special Events Committee**

**Meeting held before the Monthly Speaker Meeting**

**1st Friday of the month**

**2222 S Price Rd. Tempe**

**contact: 480 827-1905**

## ***EVI Monthly Speaker Meeting***

***1st Friday of Every Month***

***2222 S Price Rd. Tempe***

***(Church of the Epiphany)***

**Doors open at 7:00pm**

**Oct. 6 ~ Sunset Group**

Nov. 3 ~ Bloopers

These are subject to change - so keep watching.

## **Office Volunteers & EVI Hot Line Phones**

4 hour shifts in the EVI office

Call Roxanne for specific  
times and days.

**\*\*\* Regular Shifts Available \*\*\***





# Central Office Manager's Report September 15, 2023

In August it was hot. We received 412 requests for information and assistance during office hours. Of those 108 calls were for meeting info, 113 were office visitors and 10 resulted in a 12-step call. Our website stayed busy with 22,515 visits. And our Google totals for last month were 2,404 views. Of those 324 went to our website, 86 requested directions and 55 gave us a call.

The Meeting Guide app currently connects 527 A.A. entities and lists over 150,000 meetings. Data providers, like EVI, can now get a dashboard account to meeting guide to monitor the information being reported.

We have started working with a local company that provides technology services. To date they have corrected the website Events page. It now scales correctly to mobile devices and is more readable in all formats.

We now have a Square remote credit card processing account that we can use to take payments remotely. It was well received at the bowling event and will be available at future events.

Please discuss with your group all the service opportunities that are available thru your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers.

In the spirit of Tradition Eight,  
Love and Service

Kim W

Office Manager  
East Valley Intergroup

## EVI CENTRAL OFFICE ACTIVITY

.....	Aug	.....	2023
Meeting Information Calls.....	108	.....	830
General Information .....	84	.....	674
Referred to Salt River Intergroup ....	3	.....	28
Referred to Al-Anon.....	8	.....	83
Referred to Community Info.....	0	.....	4
12th Step Calls.....	10	.....	83
Business Calls.....	86	.....	624
Office Visitors .....	113	.....	913
Meeting lists printed.....	600	.....	4800
Info request via E-mail .....	27	.....	257
Desk Volunteers-Reg/Sub/None.....	18/ 10/6		
Desk Volunteers-Reg HRS YTD.120hrs.....	1140hrs		

### Web Stats

Website Visits last 30 days 22,515 YTD 184,572  
Google Searches last 30 days 2,404 YTD 148,186

## Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

### New Meetings:

The Broad Highway 4415 S Rural Rd. Tempe SU 4:00pm W,G,O  
ular, Meditation N,Y, Sec-  
Slay the Dragon 2359 S Dobson Rd. Ramada 3 Mesa TU  
7:00pm O  
Gilbert BBSS Group 235 E Guadalupe Rd. Gilbert MO 6:30pm BB, O

### Changes:

There is a Solution 100 N Magma Ave. Superior TU  
7:00pm O  
The Tribe 301 N Hartford St. Chandler MO  
6:30pm O

East Valley Intergroup  
1855 E Southern Ave. Suite # 103  
Mesa, AZ 85204

Alcoholics Anonymous - Contributions  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

General Service Office - correspondence  
PO Box 459, Grand Central Station  
New York, NY 10163

Area 03 Treasurer \*NEW\*  
PO Box 5629  
Scottsdale, AZ 85261  
\*Make Check To: AZ Area Committee\*

District 08-818  
PO Box 12044  
Tempe, AZ 85284

District 08-819  
PO Box 594  
Mesa, AZ 85211

District 08-820  
PO Box 1901  
Queen Creek, AZ 85142-9998

District 08 (Maricopa County)  
PO Box 45066  
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina

2720 E Thomas Rd. B#180  
Phoenix AZ 85016

Valleywide H & I  
PO Box 80126  
Phoenix, AZ 85060

### GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area  
30% to GSO



# GROUP CONTRIBUTIONS



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<u>GROUP</u>	<u>Aug.</u>	<u>YTD</u>
11th Step Candlelight .....		\$300.00
2121 Beginner Workshop .....		\$1,166.82
A Vision For You .....		\$0.00
ABC Group .....		\$125.00
Ahwatukee Group .....		\$1531.54
Ahwatukee Nooners.....	\$835.26	\$1,400.00
Ahwatukee Saturday Men's.....	\$74.48	\$673.97
Ahwatukee Women's Group .....	\$206.10	\$395.82
Arbor Daily Noon Group.....	\$200.00	\$1,400.00
As Bill Sees It QC .....		\$598.20
Attitude Adjustment CG .....		\$325.00
Attitude of Gratitude .....	\$150.00	\$209.00
Basic II .....		\$100.00
BBookworms .....		\$671.04
Bloopers .....		\$0.00
Bootstrap Men's .....		\$0.00
Both Books .....		\$0.00
Bottom of the Bottle .....		\$204.20
Breakfast Club .....		\$500.00
Busted Ego .....		\$300.00
By The Book .....		\$328.12
Chandler Noon Group .....	\$195.00	\$1,258.00
Chandler Women's Big Book Group .....		\$208.00
Common Thread.....		\$1,299.56
Courage To Change.....		\$250.00
East Phoenix Men's .....		\$0.00
East Valley Men's Stag.....		\$375.84
East Valley Veterans .....		\$100.00
Easy Does It Group .....	\$388.87	\$1,010.96
Eye Opener Group .....		\$0.00
Family Recovery Group .....		\$0.00
Feelings and Solutions .....		\$350.00
Fill in the Blank .....		\$697.00
Firehouse Meeting.....		\$152.00
Florence Group .....	\$60.00	\$440.00
Fresh Air Group .....	\$32.00	\$99.00
Friday Night BB .....		\$604.00
Get In The Car .....		\$100.00
Get It Together.....		\$2,887.71
Gilbert BB Step .....	\$50.00	\$50.00
Gilbert Gals .....		\$210.00
Gilbert Group .....		\$0.00
Good Ol' Back to Basics .....		\$250.00
Good Orderly Direction.....		\$70.00
Grateful Girlfriends .....		\$484.00
Gratitude Group .....		\$0.00
Great Start.....	\$250.00	\$250.00
Gut Level .....		\$201.00
Happy Destiny .....		\$0.00
Happy Hour @ Sunbird.....		\$300.00
Hope For Today .....		\$0.00
Last Resort .....		\$30.00
Life In The Big Book .....		\$403.63
Livin Life Women .....		\$157.50
Maricopa 12 X 12 .....		\$120.00
Maricopa Group .....		\$0.00
Mid-Morning Group.....		\$0.00
Miracle House.....		\$0.00
Monday Night Madness .....		\$0.00
Name In The Hat.....		\$0.00
New Beginnings.....		\$200.00
New Spirit Group .....	\$363.45	\$1,530.80
No Big Deals .....	\$25.00	\$270.00
No Name AA Group .....	\$50.00	\$150.00
Opportunity Knocks.....	\$200.00	\$200.00
Over The Influence .....		\$147.60
Page A Day .....	\$914.75	\$2,261.11
Path Less Traveled.....	\$150.00	\$300.00

<u>GROUP</u>	<u>Aug.</u>	<u>YTD</u>
Patio Group .....		\$0.00
Pioneer Group .....		\$230.80
Price Is Right .....		\$245.00
Primary Purpose Group .....		\$122.09
Progress Rather Than Perfection.....		\$80.00
Province Group .....		\$165.00
Putting God First .....	\$46.00	\$241.00
Queen Creek Nooners .....		\$99.89
Re-Awakening Group .....		\$70.00
Remember When .....		\$0.00
Renewed Spirit.....	\$100.00	\$400.00
Rising Spirit.....		\$1,280.29
Road To Recovery .....	\$100.00	\$6,531.17
Rock Solid .....		\$50.00
San Tan Group .....		\$0.00
San Tan Men's .....		\$195.00
Second Chance Group .....		\$436.33
Serenity Now.....		\$401.30
Serenity Sisters .....		\$300.00
Serious Over Sobriety .....		\$408.40
Shade Tree .....		\$270.00
Sobriety is Gold .....	\$117.25	\$382.25
Sobriety Rocks .....	\$125.00	\$266.36
Society Group .....	\$133.33	\$400.00
Some Are Sicker Than Others .....	\$50.00	\$400.00
Southeast Valley Stag.....		\$675.00
Spirited Women .....		\$0.00
Starlight Ranch .....	\$111.00	\$166.58
Step By Step Group .....	\$499.50	\$620.68
Steppers.....		\$195.00
Stepping Stones .....	\$70.00	\$480.00
Sunday Night BB Step Study .....		\$106.42
Sunday Serenity Seekers.....		\$288.00
Sundowners .....		\$0.00
Sun Lakes Women Serenity Seeker .....	\$113.50	\$255.00
Sunset Group .....		\$100.00
Superstition Sunrise .....		\$120.00
Tempe Group .....	\$100.00	\$300.00
Tempe Nooners .....		\$0.00
Tempe Sunrisers .....		\$0.00
The Library .....		\$65.00
The Real Thing .....	\$92.05	\$92.05
The Tribe .....		\$469.39
The Way Out Group .....		\$200.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out .....		\$100.00
Tumbleweeds Group .....		\$683.25
Upon Awakening.....	\$800.00	\$2,300.00
We Ain't Dead Yet.....		\$443.00
We Agnostics .....		\$247.80
Wednesday Night Winners .....		\$0.00
Welcome Home .....		\$200.00
West Chandler Men's.....		\$0.00
Wolf Pack Group .....		\$0.00
Women in Gratitude.....		\$360.51
Women in Solution .....		\$0.00
Women in Touch .....		\$0.00
*Anonymous Groups.....		\$427.11

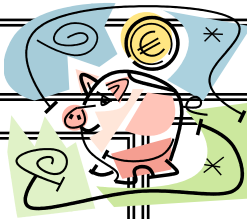
## OTHER GROUPS/COMMITTEES

Apache Lake Campout .....		\$0.00
AZ AA Women's Conf.....		\$0.00
Mesa Roundup .....	\$40.00	\$90.00
Dist 08-813 .....		\$0.00
Dist 08-820 .....		\$0.00
Meal and a Message.....		\$0.00
<b>Group Totals .....</b>	<b>\$6,642.54</b>	<b>\$49,833.08</b>
<b>EVI Committees .....</b>	<b>\$95.00</b>	<b>\$650.10</b>
<b>Individual Contributions .....</b>	<b>\$215.00</b>	<b>\$3,568.36</b>
<b>GRAND TOTALS .....</b>	<b>\$7,384.10</b>	<b>\$54,051.54</b>

\*Group contribution with no group name listed)



## Financial Statements



### BALANCE SHEET August 31, 2022

<b>Assets</b>	
Current Assets	
Checking	8,241.81
Prudent Reserve (Savings)	38,615.00
Accounts Receivable	2,126.60
Inventory Asset	26,313.02
Undeposited Funds	
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
<b>Total Assets</b>	<b>\$80,415.68</b>
<b>Liabilities &amp; Equity</b>	
Liabilities	
Accounts Payable	
Visa Credit Card	128.21
Payroll taxes	220.00
<b>Total Liabilities</b>	<b>\$348.21</b>
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	33,619.11
Net Income	2,669.42
<b>Total Equity</b>	<b>\$80,067.47</b>
<b>Total Liability &amp; Equity</b>	<b>\$80,415.68</b>

### PROFIT & LOSS STATEMENT August, 2023

32 Group contributions totaling	\$6,642.54
6 Individual contributions totaling	\$215.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$95.00
<b>Total Contributions</b>	<b>\$6,952.54</b>
<b>Total Income</b>	<b>\$14,336.83</b>
<b>Less total Cost Of Sales</b>	<b>\$2,864.48</b>
<b>Gross Profit</b>	<b>\$11,472.35</b>
<b>Less total Expenses of</b>	<b>\$9,456.23</b>
<b>Net August Gain</b>	<b>\$2,016.12</b>
<b>YTD 2023 Gain</b>	<b>\$2,669.42</b>
The current Prudent Reserve balance is \$38,615.00	
The Prudent Reserve has been established for 2023 in the range of \$35,703.95 - \$42,844.74	
Please call me with any questions or comments regarding the financial statements.	
Grateful to be of service, Joseph M. EVI Treasurer	

### Tradition Ten in our 12 Steps and 12 Traditions

***“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”***

We conceive the survival and spread of Alcoholics Anonymous to be something of far greater importance than the weight we could collectively throw back of any other cause. Since recovery from alcoholism is life itself to us, it is imperative that we preserve in full strength our means of survival. Maybe this sounds as though the alcoholics in A.A. had suddenly gone peaceable, and become one great big happy family. Of course, this isn't so at all. Human beings that we are, we squabble.

# EVI MONTHLY BUSINESS MEETING

J opened the meeting at 7pm in person and on zoom with the Serenity Prayer. J welcomed everyone and opened the meeting with the Serenity Prayer. Chrystal read the Twelve Traditions

Attendees: ABC Group -Richard E. Good      Worms -Kaye Page a Day – Jon D. Sunday      Thing - Roxanne B. Gold Canyon BB – Ken  
Orderly Direction -Ronnie C. Step by Step -      Afternoon Step Study - David S. Bloopers -      O. Serenity Sisters - Jeni O. The Way Out -  
Steven G. Ahwatukee Group -Jonh S. Hap-      Michael C. Patio Group – Linda S. Sunday      Joe C. Gold Canyon Firehouse – C.J. S.E.  
py Hour/Morning After – Rose M. Steppers      Night BB Step Study - Dave T. Both Books      Valley Stag – Gary M. We Ain't Dead Yet -  
– Tom E. Ahwatukee Women's – Andrea A.      -Tom N. Rising Spirit – Linda C. Sunset      Chrystal S. Gold Canyon Firehouse – C.J.  
Hungry Ghost Men's – Jimmy P. Stepping      Group - Branden A. Courage To Change -      S.E. Valley Stag – Gary M. We Ain't Dead  
Stones - Bill L. Big Book Worms -Caroline      Kathy H. Road to Recovery – Diana C.      Yet - Chrystal S.  
C. Life in the Big Book -Dana M. Sun Lakes      Tempe Group - Susan M. GIT -Anne H.  
Serenity Seekers - Erika N. Big Book      Second Chance Group - Matt R. The Real

Online:      CeCe SOS - Paula D. WIG - Erika C. Price      Awakening - Tom C. Sharon  
East Valley Men's Stag - Jose A. Society -      is Right - Chris T. Tempe Sunrisers - Jerry  
Beth N. We Agnostics - Andrew N. EDI -      A. Deb B. Santan Men's - Fred S. Upon

New Reps: Paula D. from The Sisterhood of Solutions, Zoom Meeting. Bill L. From Stepping Stones, Sun Lakes

Secretary Report: Was given by Lois, from Zoom. Caroline brought up concerns about the \$540.00 spent on fees for the QuickBooks upgrade. Clarification was made that it is in the budget and was in the purview of the Board to make this decision. Motion to approve: Tom E., Seconded by Gary M.

Treasure Report: was given by Joseph M. Motion to approve by Roxanne B., seconded by Tom E 7th Tradition basket passed = \$24.00

Chairperson's report: J reported on the information about the Unity Day Event. This event ran from 1991 to 1994, there is a lack of interest due to other events going on and financial concerns due to past experience with the event. Salt River intergroup did not respond to J's call. J also reported on an E-mail he received regarding how other intergroups handle the 8th Tradition employee. The answer is that we bring everything to the body and most intergroups take care of concerns at the board level only.

Vice-chair report: Austin gave a report

Office Managers Report: Kim W. went over the written report in the packet.

Standing Committee Reports:

PI/CPC: Report given - highlight Mental Health Awareness City of Mesa Wellness and Benefits Fair. Contact Amber for more info.

Special Events: Lyndsey reported on the Bowling Event, 107 to 112 tickets were sold, and the event came out even. The Unity Day Event was discussed, Date of October 28th Thanksgiving Day Alcathon Event was discussed, Wed from noon to Friday at noon. watch for flyers for these events.

Phone Committee: Tom S. Gave Report. Thank you to the volunteers, we filled 40 after-hour shifts with 33 volunteers last month. Currently 4 open shifts

Unity Report: Open Position

Sponsorship Workshop: Ken C. gave a report, The next workshop is October 7th at 10 am and will be hosted by The Way Out Group.

No Booze News: No Report

Literature Committee: Monica S. Gave Report

Liaison Reports:

Al-Anon - No Report

H&I: Dave T. gave the report - He attended the past meeting and stated that the process to get badged into facilities is getting quicker. There will be an event on Oct 7th, watch for flyers.

Spanish - Open Position

Sub Districts: 08-818 - Jason C. Nothing to report

08-819 - Robert S. - Eat and Greets = September 23rd at The Hope Covenant Church. Pot Luck November 18th, 4 to 7 - watch for flyers

08-820 - Carol M. - October 28th Potluck

#### Old Business -

Managers Pay - Vote was taken and the pay increase was passed 30 to 6

Valley Wide Unity Day - Tabled at this time, not enough interest in the event.

Motion to end passing 7th Tradition basket at business meeting - Vote was taken and the motion passed 29 to 9

EVI motion Submittal Form - passed

#### New Business:

Caroline brought to our attention the policy and procedures that are not being followed by the Steering Committee. She made a motion to start an Ad-Hoc Committee to look into this problem. She will send the Motion Submittal form to the secretary. Seconded by David S. There was a vote to postpone this motion till further info was gathered, Steve G. made the motion and Diane C. seconded the motion

Caroline made a motion to have Intergroup do an Inventory. She will send the Motion Submittal form to the secretary, There was a vote to postpone this process, John D. made the motion and Gary M. seconded the motion.

A Motion Submittal form was handed to me (C J, Acting Secretary) by Chrystal. This form was given to the office manager to be put into next month's new business.

Announcements: PI/CPC Chair is open. Unity Chair is open. Spanish Liaison is open.

Nominations are being accepted for the 2024 Steering Committee of East Valley Intergroup. Please fill out the form included in your packet or contact J.

C J M. Acting EVI Secretary cjmeyer1015@gmail.com

#### **Our 10th Step, 10th Tradition and 10th Concept**

Step 10: -**“Continued to take personal inventory and when we were wrong promptly admitted it.”**

Tradition 10: -**“Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.”**

Concept 10: -**“Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.”**

## **Cliff Notes | Robert P.**

I was guiding a rock-climbing field trip for a middle-school adventure-education class. The weather was perfect. The view from Mount Erie was breathtaking. The kids were all getting along. Then it was Micah's turn to climb. He put on the harness, tightened his helmet, and raced up the rock face. He had no fear and was confident to a fault. It took him only four minutes to scale the face and reach the "Stop here" flag. He didn't stop. He kept climbing higher. Yelling at him did no good. Telling him he could get hurt did no good. Telling him he would be sent home and relinquish all future field trips didn't stop him. Then he looked down.

Panic is panic. We all deal with it differently. Twelve-year-old Micah dealt with his panic by freezing in place. He was literally scared still. Below him, his friends were telling him where to put his feet and hands. But he wouldn't listen. He denied being stuck. He assured everyone that he could get down on his own. Others offered to show him how to get down but he refused. I told him to just lean back and let us lower him down on his bolle (safety) line. That was the last thing he wanted to do. But he stayed stuck.

I harnessed up and climbed to Micah to assure him that getting down was no problem. He was stuck, scared, and still trying to be brave. I showed him foot and handholds but he refused. I explained how by letting go of the rock he could be lowered to the ground on his rope and not have to worry about climbing down. This was totally unacceptable. "I'm not letting go of this rock." He was adamant. "You're going to have to let go," I told him. "I'm going to fall!" he bawled. "God's not going to let you fall," I said. Micah said, "God's not here."

"Micah," I said, "Today I'm God." And with that statement I grabbed onto his shirt and yanked him off the rock face. For a moment he was terrified. When he realized that he wasn't going to die and that the ground was coming closer, he calmed down.

Micah was lowered to the ground and his classmates helped unharness him. To his surprise, and some of mine, no one teased him or made fun of him. They just went on with the day and harnessed up someone else. A few stories then arose of others who had been stuck and needed help getting down.

I reflected on the series of events. I had just yanked a student off the face of a cliff. Micah didn't listen to the rules. He made his own. He didn't see any danger in what he was doing. He didn't believe anything would happen to him. He had everything under control. He got stuck. He wouldn't admit it. He wouldn't listen to anyone's advice. He wouldn't let anyone help him. He had someone force him to do something he really didn't want to do. He had to give in to a Higher Power. He survived the ordeal. He found that others have survived similar ordeals.

I know someone else like that. Someone who is thankful every day for a chance at life. A sober life.

I was taking off my harness when a volunteer parent came up to me. With a big grin she said: "Which do you think the school board is going to believe: that you are God, or that you rescued a student from the cliff?"

The board didn't believe I was God.