



NO BOOZE NEWS

Devil's Rejects

East Valley
Intergroup, Inc.
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www.aamesaaz.org

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Scan QR w/ phone



I'm 44 and I've worked in the oil industry since 1992. I got sober young in AA in 1995.

During my first 10 years in the program, I was running from a hundred forms of fear. I was focused on my career and obsessed with service in AA. At the same time, I was living an inversion of the Twelve Steps on all levels of my life; a kind of AA anarchy.

When I turned 30, I finally got enough courage to take my career to a greater skill level, which meant I needed to make some social sacrifices. I started working in oil camps throughout western Canada, including Manitoba, Saskatchewan and Alberta, where I spent most of that time. The last few years I've worked closer to home here in British Columbia.

There's not a lot of recovery in work camps. Meditation, imagination and creativity are useful ways for me to deal with all the isolation. I've been in and out of just about every camp in western Canada and, to be perfectly frank, I mostly "white-knuckled" my sobriety for those first 10 years. I wouldn't wish that kind of life on my worst enemy. Between each job—which might last anywhere between two weeks and two years—I'd go back to my home city to recharge and break down emotionally within the protective circle of my AA program. For the last year, I've been in northern British Columbia in a work camp up near Alaska. The camp is on a tiny island connected by a one-lane road to the mainland. When the weather is unusually poor, the road gets washed out and we mainly just survive until we have access to the airport, which is about two hours away.

I work in a "dry camp," meaning there is no alcohol, the term being a throw-back to the days of Prohibition. The camp is so strict with its rules and regulations that we call it Camp Alcatraz. When products like alcohol and drugs are supposedly unavailable, contraband flourishes and the debauchery of the people in the camp is even worse than it is in those oil camps that allow a designated drinking establishment on their premises. ...continue on pg.2

..*Devil's Rejects' continued...* **Two** of the younger guys from my town heard I was up here at Camp Alcatraz so they hopped on the job to come meet up with me last year. When they found me in camp they told me they had, respectively, 18 months sober and 6 years sober. They knew I had a lot of time sober, so they asked me to help them start an AA meeting at the camp. As much as I love my solitude, I couldn't turn down this request! We called our meeting the Devil's Rejects.

Word traveled in the camp and to the outside world and our numbers quickly grew. We were able to arrange for space for our meeting in a janitorial maintenance room about the size of a walk-in closet. It's a great size room for our membership, which is about six people.

We have attracted a few newcomers since we started our group. One moved on when he decided the living conditions were inappropriate, but he continues to attend meetings in his hometown after being introduced to the Twelve Steps in our camp. Another newcomer is gradually coming up to his first-year cake next month. Another fellow is coming up on two years. We have a new hire who just started the job and is attending our group. He has six months in.

We have lost a few other members, men with multiple years, as we gained a few new faces. A month from now, with the grace of God and the support of the fellowship that has grown up around me, I will be celebrating 24 years sober. Thank you, AA. Just doing the best we can up here.

Rob S. | Burnaby, B.C.

A Quote from Bill W.

"No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality. When I [review my day], I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my hearts, I should thank that person."

From Step Eleven | The 12 X 12

“**Those** of us who have come to make regular use of prayer would no more do without it than we would refuse air, food, or sunshine. And for the same reason. When we refuse air, light, or food, the body suffers. And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions, and our intuitions of vitally needed support. As the body can fail its purpose for lack of nourishment, so can the soul.”

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

EAST VALLEY INTERGROUP – Gratitude With Service form revised 9/020

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News** Subscription / Renewal (\$18.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (**No Booze News**)

☐ Unity Committee

☐ Deliver A Meeting

ROUNDUPS, CAMPOUTS AND CONFERENCES

MIRACLE ON THE RIVER

NOVEMBER 4 ~ 6

100 PARK AVE.

LAKE HAVASU CITY, AZ

APACHE LAKE CAMPOUT

NOVEMBER 10 ~ 12

APACHE LAKE MARINA

**Check the events page on our website. We will
post information as it becomes available.**



Tradition Workshop & Breakfast

Saturday, Nov. 4

8:30am to 11:30am

Tradition 7 - 12

Mesa Alano Club

145 E 1st Ave. Mesa AZ

Sub District 08-819

Eat, Meet and Greet

Hosted by Courage to Changes

7pm, November 18, 2023

805 N Country Club, Mesa AZ

Food, Coffee and Water provided.

If you wish, bring a desert to share.

**East Valley Intergroup
Thanksgiving Alcathon**

12 Noon Wednesday, November 22,
2022

To 12 Noon Friday, November 24, 2022

Fellowship, Fun and Food.

See the Traditions Play

Meetings on the odd hours.

2222 S Price Rd. Tempe AZ
(Church of the Epiphany)

Turn it Over

**EAST VALLEY INTERGROUP
NEW YEARS EVE**

DINNER, SPEAKER AND DANCE.

5:30 PM SUNDAY, DECEMBER 31

TILL SOMETIME NEXT YEAR.

2716 N DOBSON RD. CHANDLER

(ST. KATHERINE CHURCH)

COME RING IN A SOBER NEW YEAR



Sober Anniversaries

Name

Date

Marilyn M.	11/29/1978	16436
Laure K.	11/6/1982	14975
Tom E.	11/19/1982	14975
John H.	11/11/1983	14610
Terry S.	11/22/1984	14244
Richard W.	11/22/1985	13879
Laurie L.	11/30/1985	13879
Roxanne B.	11/8/1986	13514
Vance C.	11/9/1987	13149
Candace R.	11/17/1989	12418
Kay R.	11/21/1989	12418
Pepe M.	11/1/1990	12053
Patty W.	11/20/1991	11688
Bob C.	11/1/1993	10957
Gordon G.	11/7/1993	10957
Vicki B.	11/29/1995	10227
Rose M.	11/1/1996	9861
Jay Z.	11/14/1996	9861
Jamie F.	11/3/2001	8035
Ed B.	11/10/2001	8035
Jim N.	11/17/2001	8035
Melissa H.	11/1/2002	7670
Patricia B.	11/1/2003	7305
Jennifer M.	11/26/2005	6574
Maggie S.	11/29/2009	6574
Tara E.	11/11/2006	6209
Don S.	11/26/2006	6209
Kristina M.	11/10/2007	5844
Dawn H.	11/18/2007	5844
Meredith J.	11/9/2008	5478
Bob C.	11/9/2008	5478
Linda F.	11/19/2008	5478
Cristy F.	11/6/2009	5113
Aaron B.	11/26/2009	5113
Peter U.	11/11/2012	4017
Joshua E.	11/15/2015	2922
Matthew J.	11/28/2015	2922
Gavin R.	11/26/2016	2558
Kathryn M.	11/2/2019	1461
Michael R.	11/25/2020	1095
Diana B.	11/9/2021	730

Some Good Old-Timers Wisdom...



Let us love you until you learn to love yourself.

If you feel like drinking, put this chip in your mouth. When it melts, you can drink.

Ism = I self and me, insidious spiritual malady, I scare me.

This isn't Burger King. You don't get it your way.

Let go or be dragged.

Get up, you aint hurt.

Be grateful you are not on fire.

Prayer of St. Francis

Lord, make me a channel of thy peace, that where there is hatred, I may bring love; that where there is wrong, I may bring the spirit of forgiveness; that where there is discord, I may bring harmony; that where there is error, I may bring truth; that where there is doubt, I may bring faith; that where there is despair, I may bring hope; that where there are shadows, I may bring light; that where there is sadness, I may bring joy. Lord, grant that I may seek to comfort rather than to be comforted; to understand, than to be understood; to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life.



Why not join us in Giving Thanks?

info@aamesaaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

1st Mondays at 7pm.

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org



EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting
at

On ZOOM

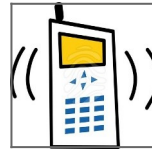
aamesaaz.org

Or

Workshops can be done at your Group !

For more information

Call Tom S.



EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

Dec, 2 ~ TBD

Be Friendly and Be INTO Service:

aamesaaz.org/contact/

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Nov. 3 ~ Bloopers

Dec 1 ~ Step By Step

These are subject to change - so keep watching.

**HELP WANTED - Office Volunteers &
EVI Hot Line Phones**

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.



***** Regular Shifts Available *****

Central Office Manager's Report **October 20, 2023**

In September things were hot and slow. We received 320 requests for information and assistance during office hours. Of those 92 calls were for meeting info, 88 were office visitors and 5 resulted in a 12-step call. Our website stayed busy with 20,100 visits. And our Google totals for last month were 2,273 views. Of those 313 went to our website, 66 requested directions and 25 gave us a call.

ERC filing update- Our application was sent via certified mail on June 23, 2023. The IRS received and signed for it on June 29, 2023. On September 14, 2023, the IRS placed a moratorium on new filings thru the end of 2023. Previously filed claims, received before the moratorium, will be reviewed more closely to ensure eligibility before and payments are made. Existing claims are taking 90 to 180 days or longer for this review process.

Our web tech has corrected the formatting issues that were affecting some mobile devices. They are currently working on some bug fixes and search engine optimization.

Office Managers Seminar Report – I am currently serving a 2-year term as the Information Secretary of this seminar. I have lots of minutes. The General Service Office received 2600 stories submitted for the 5th edition. No release date yet. They are moving forward with the "Plain English" translation of the Big Book. A draft may be ready next year. A new service manual is in the works with 4 chapters to be rewritten. Advisory Actions of the General Service Conference are no longer available in a printed format. They are only in digital forms. Our new contact on the Group Services desk is Karina. She can be reached at 212 870-3287.

Please discuss with your group all the service opportunities that are available thru your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers.

In the spirit of Tradition Eight,
Love and Service
Kim W

Office Manager

EVI CENTRAL OFFICE ACTIVITY

	Sep. 2023
Meeting Information Calls.....	92 922
General Information	70 744
Referred to Salt River Intergroup	2 30
Referred to Al-Anon.....	7 90
Referred to Community Info.....	0 4
12th Step Calls.....	5 88
Business Calls.....	56 680
Office Visitors	88 1002
Meeting lists printed.....	600 5400
Info request via E-mail	22 279
Desk Volunteers-Reg/Sub/None.....	16/ 8/8
Desk Volunteers-Reg HRS YTD.120hrs.....	1300hrs
Web Stats	
Website Visits last 30 days	20,100 YTD 204,672
Google Searches last 30 days	2,273 YTD 150,459

East Valley **Meeting List Updates...**

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

The Broad Highway 4415 S Rural Rd. Tempe SU 4:00pm W,G,ON,Y, Secular, Meditation
Slay the Dragon 2359 S Dobson Rd. Ramada 3 Mesa TU 7:00pm O
Gilbert BBSS Group 235 E Guadalupe Rd. Gilbert MO 6:30pm BB, O

Changes:

There is a Solution 100 N Magma Ave. Superior TU 7:00pm O
The Tribe 301 N Hartford St. Chandler MO 6:30pm O

Deletions:

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407
James A Farley Station
New York, NY 10116-2407

General Service Office - correspondence
PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer *NEW*
PO Box 5629
Scottsdale, AZ 85261
Make Check To: AZ Area Committee

District 08-818

PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 1901
Queen Creek, AZ 85142-9998

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126

Phoenix, AZ 85060

GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District	10% to Area
30% to GSO	50% to Intergroup



Reprint-

ed with

GROUP CONTRIBUTIONS



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GROUP	Sep.	YTD
11th Step Candlelight		\$300.00
2121 Beginner Workshop		\$1,166.82
A Vision For You		\$0.00
ABC Group		\$125.00
Ahwatukee Group		\$1531.54
Ahwatukee Nooners.....		\$1,400.00
Ahwatukee Saturday Men's.....		\$673.97
Ahwatukee Women's Group		\$395.82
Arbor Daily Noon Group.....	\$200.00	\$1,600.00
As Bill Sees It QC		\$598.20
Attitude Adjustment CG		\$325.00
Attitude of Gratitude		\$209.00
Basic II		\$100.00
BBookworms		\$671.04
Bloopers		\$0.00
Bootstrap Men's		\$0.00
Both Books		\$0.00
Bottom of the Bottle		\$204.20
Breakfast Club		\$500.00
Busted Ego	\$300.00	\$600.00
By The Book		\$328.12
Chandler Noon Group	\$275.00	\$1,533.00
Chandler Women's Big Book Group		\$208.00
Common Thread.....		\$1,299.56
Courage To Change.....	\$250.00	\$500.00
East Phoenix Men's		\$0.00
East Valley Men's Stag.....		\$375.84
East Valley Veterans.....	\$100.00	\$200.00
Easy Does It Group	\$88.87	\$1,099.83
Eye Opener Group		\$0.00
Family Recovery Group		\$0.00
Feelings and Solutions		\$350.00
Fill in the Blank		\$697.00
Firehouse Meeting.....	\$283.80	\$435.80
Florence Group		\$440.00
Fresh Air Group		\$99.00
Friday Night BB		\$604.00
Get In The Car		\$100.00
Get It Together.....	\$395.47	\$3,283.18
Gilbert BB Step		\$50.00
Gilbert Gals		\$210.00
Gilbert Group		\$0.00
Good Ol' Back to Basics		\$250.00
Good Orderly Direction.....		\$70.00
Grateful Girlfriends		\$484.00
Gratitude Group		\$0.00
Great Start.....		\$250.00
Gut Level	\$250.71	\$701.71
Happy Destiny		\$0.00
Happy Hour @ Sunbird.....		\$300.00
Hope For Today		\$0.00
Last Resort		\$30.00
Life In The Big Book		\$403.63
Livin Life Women		\$157.50
Maricopa 12 X 12	\$40.00	\$160.00
Maricopa Group		\$0.00
Mid-Morning Group.....		\$0.00
Miracle House.....		\$0.00
Monday Night Madness		\$0.00
Name In The Hat.....	\$900.00	\$900.00
New Beginnings.....		\$200.00
New Spirit Group		\$1,530.80
No Big Deals	\$25.00	\$295.00
No Name AA Group		\$200.00
Opportunity Knocks		\$200.00
Over The Influence		\$147.60
Page A Day		\$2,261.11
Path Less Traveled.....		\$300.00

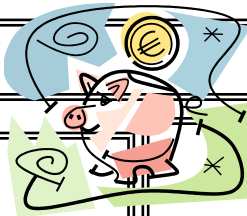
GROUP	Sep.	YTD
Patio Group		\$0.00
Pioneer Group		\$230.80
Price Is Right		\$245.00
Primary Purpose Group		\$122.09
Progress Rather Than Perfection.....		\$80.00
Province Group.....	\$50.00	\$215.00
Putting God First		\$241.00
Queen Creek Nooners		\$99.89
Re-Awakening Group		\$70.00
Remember When		\$0.00
Renewed Spirit.....		\$400.00
Rising Spirit.....	\$1,147.35	\$3,151.64
Road To Recovery	\$100.00	\$6,631.17
Rock Solid		\$50.00
San Tan Group		\$0.00
San Tan Men's		\$195.00
Second Chance Group	\$147.00	\$583.33
Serenity Now.....		\$401.30
Serenity Sisters		\$300.00
Serious Over Sobriety		\$408.40
Shade Tree.....		\$270.00
Sobriety is Gold		\$382.25
Sobriety Rocks		\$266.36
Society Group	\$133.33	\$533.32
Some Are Sicker Than Others	\$50.00	\$450.00
Southeast Valley Stag.....		\$675.00
Spirited Women		\$0.00
Starlight Ranch		\$166.58
Step By Step Group		\$620.68
Steppers.....		\$195.00
Stepping Stones		\$480.00
Sunday Night BB Step Study		\$106.42
Sunday Afternoon Step.....	\$150.00	\$150.00
Sunday Serenity Seekers.....		\$288.00
Sundowners		\$0.00
Sun Lakes Women Serenity Seeker		\$255.00
Sunset Group		\$100.00
Superstition Sunrise		\$120.00
Tempe Group.....		\$300.00
Tempe Nooners		\$0.00
Tempe Sunrisers		\$0.00
The Library		\$65.00
The Real Thing		\$92.05
The Tribe		\$469.39
The Way Out Group		\$200.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out		\$100.00
Tumbleweeds Group		\$683.25
Upon Awakening.....		\$2,300.00
We Ain't Dead Yet.....		\$443.00
We Agnostics		\$247.80
Wednesday Night Winners		\$0.00
Welcome Home		\$200.00
West Chandler Men's.....		\$0.00
Wolf Pack Group.....		\$0.00
Women in Gratitude.....		\$360.51
Women in Solution.....		\$0.00
Women in Touch		\$0.00
*Anonymous Groups.....		\$427.11

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$0.00
AZ AA Women's Conf.....		\$0.00
Mesa Roundup		\$90.00
Dist 08-813		\$0.00
Dist 08-820		\$0.00
Meal and a Message.....		\$0.00
Group Totals	\$4,886.53	\$54,719.61
EVI Committees	\$31.00	\$681.10
Individual Contributions ...	\$1,600.00	\$5,168.36
GRAND TOTALS	\$6,517.53	\$60,569.07

*Group contribution with no group name listed)

Financial Statements



BALANCE SHEET September 30, 2023

Assets	
Current Assets	
Checking	8,417.73
Prudent Reserve (Savings)	38,640.39
Accounts Receivable	703.40
Inventory Asset	28,385.88
Undeposited Funds	
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$81,053.81
Liabilities & Equity	
Liabilities	
Accounts Payable	
Visa Credit Card	0.00
Payroll taxes	0.00
Total Liabilities	\$0.00
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	33,619.11
Net Income	3,655.76
Total Equity	\$81,053.81
Total Liability & Equity	\$81,053.81

PROFIT & LOSS STATEMENT September, 2023

20 Group contributions totaling	\$6,886.53
4 Individual contributions totaling	\$1,600.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$31.00
Total Contributions	\$6,517.53
Total Income	\$9,052.73
Less total Cost Of Sales	\$1,754.59
Gross Profit	\$7,298.14
Less total Expenses of	\$6,311.80
Net September Gain	\$986.34
YTD 2023 Gain	\$3,655.76
The current Prudent Reserve balance is \$38,640.39	
The Prudent Reserve has been established for 2023 in the range of \$35,703.95 - \$42,844.74	
Please call me with any questions or comments regarding the financial statements.	
Grateful to be of service, Joseph M. EVI Treasurer	

Tradition Eleven in our 12 Steps and 12 Traditions

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films."

"Therefore, a great responsibility fell upon us to develop the best possible public relations policy for Alcoholics Anonymous. Through many painful experiences, we think we have arrived at what that policy ought to be. It is the opposite in many ways of usual promotional practice. We found that we had to rely upon the principle of attraction rather than of promotion."

EVI MONTHLY BUSINESS MEETING

East Valley Intergroup Business Meeting Minutes Friday, October 20, 2023

J opened the meeting at 7pm in person and on zoom with the Serenity Prayer.

Attendees: ABC Group - Richard E. Gold Canyon Big Book Study - Ken O Stepping Stones - Monica S.E. Ahwatukee Group - John S. Good Orderly Direction - Ronnie C Sun Lakes Serenity Seekers - Erika N. Ahwatukee Womens' - Andrea A. Happy Hour, Morning After - Rose M Sunday Afternoon Step Study - David S. Big Book Worms - Carolyn C. Hungry Ghost Men's Stag - Jimmy P Sunday Night BB Step Study - Dave T. Both Books - Tom N. Life in the Big Book - Dana M. Sunset Group - Branden A. Bottom of the Bottle - Darrel T. Primary Purpose - Marissa C. Tempe Group - Susan M. Common Thread - Thomas C. Rising Spirit - Elizabeth L. The Real Thing - Roxanne B. Courage to Change - Lee Ann & Lisa Road to Recovery - Wade & Jim The Tribe - Jannette & Sarah Dr's Nightmare - James M. Sobriety is Gold - Dallas F. The Way Out - Dee & Joe GIT - Anne H. Steppers - Tom E. We Ain't Dead Yet - Chrystal S. Women in Gratitude - Erika & Deb

Online: CWBB - Carrie L. San Tan Men's - Corrections Coord - Debbie C. Price is ing - Tom C
Fred S. We Agnostics - Andrew Gratitude Right - Chris T. Tempe Sunrisers - Jerry A.
Group - Buddy Society - Beth N. District 08 Rising Spirit Alt. - Linda C. Upon Awaken-

J welcomed everyone and opened the meeting with the Serenity Prayer. Lisa read the Twelve Traditions

New Reps: Chuvak N. -Recovery through the Maze. Leanne- Courage to Change. Lisa-Alt. Courage to Change. Dwight The Road to Recovery. Jacob-Doctor Bob's Nightmare. Jim L-alternate RTR

Secretary Report: Was given by Lois, from Zoom. Rep asked was the motion submittal form voted on? It was not - just an option at this time. It is useful information. Tom made a motion to accept, Jeanette 2nd. MCU

Treasure Report: was given by Joseph M. Motion to approve by Richard, 2nd by John. MCU

Chairperson's report: J reported there is a numbers correction on the Office Manager raise. His math was incorrect by \$.02. The raise is \$1.20 an hour, not \$1.18 per hour.

Vice-chair report: Austin said there is no report.

Office Managers Report: Kim W. went over the written report in the packet. Susan asked what the rules were for submitting stories. Kim advised she would find out and follow up.

Standing Committee Reports: PI/CPC: Amber reported that the Wellness Fair with City of Mesa went really well. She received an email after that it was a success. She will be stepping down. Don asked if the Co-Chair will step up and Amber advised that hasn't been determined yet.

Special Events: Roberta announced the Unity Day event is next weekend. It starts at 10am and lunch will be at noon. East Valley Intergroup Business Meeting Minutes Friday, October 20, 2023 There are flyers on the table. There will be a bingo type game played during the event. EVI Speaker Meeting is the first Friday of every month at Church of the Epiphany.

Phone Committee: Gave report from Zoom. Oct and Nov are filled and the three holidays in November are covered.

Unity Report: Open Position

Sponsorship Workshop: Ken C. gave a report, The last workshop was hosted by The Way Out group and it was the largest attendance. The next workshop will be 12/2/2023.

No Booze News: No Report

Literature Committee: Monica S. Gave Report - literature will be available at Unity Day Event.

Liaison Reports: Al-Anon - Rebecca gave report. 10/28/2023 is the Family Recovery Night at the Church of Epiphany. It will be a potluck. 11/18/2023 will be the Winter Extravaganza. It will be here at the Church of the Epiphany.

H&I: Dave T. gave the report - He attended the past meeting and advised September took in over \$12K. They made a book purchase of \$19K. The Awareness Day was very successful. There were 75 in attendance.

Spanish - Open Position

Sub Districts: 08-818 -Budget is being voted on next month. 08-819 - no report , 08-820 - no report

Old Business - Dee had question regarding old business. Last month the old business wasn't moved to new business. (didn't write down response.) Caroline clarified the motion that she made last month that was seconded and then withdrawn. She advised she emailed the Chair and the other Officers and it wasn't addressed.

New Business: Nominations for Steering Committee Members are being accepted. Dee asked for the Officer Requirements to be read and the Chair read them. They are also provided on the back table. Tom stated that according to the By-Laws we are supposed to elect four officers. The Chair advised the Policy was changed in 2018 or 2019. Tom asked how it changed since the By-Laws are not updated. Chair will follow up with Tom.

The proposed budget is a seconded motion from the Steering Committee and the Reps need to take it back to their groups to vote on next month.

Crystal made the motion to have EVI declined the ERC even if we are approved. David S. seconded the motion. Intergroup Reps will take it back to their groups to vote on next month.

Dee made a motion for Intergroup to do an inventory and Tomas seconded the motion. Intergroup Reps will take it back to their groups to vote on next month. Tom asked who would lead the inventory and Dee suggested a past delegate.

Caroline made a motion to withdraw the application for ERC funds and Dana seconded the motion. Intergroup Reps will take back to their groups to vote on next month.

Caroline asked for clarification on withdrawn seconded motion from the Steering Committee. Gary from zoom advised he withdrew his motion. He stated the Quorum wasn't met for the Vote and so he withdrew the motion. Ron was concerned if the Quorum was met. Jay advised Quorum was met for Steering Committee to meet and 5 abstained from the Vote and he was one of the abstentions. Kane commented that the motion should stand -abstaining shouldn't matter. Gary from zoom clarified that he can withdraw a motion since he was the one that made the motion. Tom clarified we already spent \$1865 and Kane clarified we are on the hook for the full \$3730. Jeanette with the Tribe was confused about motion pulled and how the motion was made. J clarified.

Ronny with GOD would like EVI to publish H&I report (money donated and money spent) in the No Booze News. Kim and J advised it has never been published in the NBN and H&I is not an EVI service committee.

Vice Chair proposed the Secretary email the representatives the By-laws and Policy and Procedures. Lois will do that. Susan wanted clarification on Group Inventory. Tom made a motion to close and Erica seconded the motion. MCU Roxanne B recording secretary.

Our 11th Step, 11th Tradition and 11th Concept

Step 11: "Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Tradition 11: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films."

11th Concept: "The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

Spending Time with God | Conscious Contact.

For the first year of my sobriety, I could only whisper a short, “Please help me stay sober today” and finish my day with a simple “Thank you.” On days when I was feeling especially powerless over my alcoholism, I resorted to begging God to help me not drink for the next five minutes, hour, or afternoon. I often said emergency prayers and tried using God to save the day. I said a lot of prayers that really were orders in disguise for God to give me what I wanted or thought I needed and deserved.

I’m grateful it was suggested that I take the Steps in order. This allowed me to begin to understand what I needed in a Higher Power and what that could look like. Initially, God was very limited in my finite mind to a spirit that could simply love me unconditionally and keep me safe. As I progressed through the Steps, I began to trust in something outside of myself. I began to have a book of God moments and God signs that made it harder to doubt that there was something else out there.

One of my biggest dilemmas the first time through the Steps was how afraid I was of prayer and meditation. I had long been a perfectionist, which worked quite well when I was in the world of academia. But this long-standing personality trait (or defect) was keeping up a high wall between the God of my understanding and me. I had immense fear that I would pray “incorrectly” and God would not be able to hear me. I truly believed that other AA members had access to some sort of secret prayer and meditation manual that instructed them how to properly pray, meditate, talk to and hear direction straight from God. My ego interfered with my ability to ask questions of how other members performed Step Eleven in their daily lives. And I was afraid to share with my friends what prayer and meditation looked like for me—in case I was doing it “wrong.”

The best part about Step Eleven is that there is no wrong way to do it. Step Eleven encourages me to speak to God through prayer and listen to God via meditation. There is no magical formula, book or equation on how to achieve this. I’ve found a way that works for me, and in return I’m able to find God no matter where am in my day. God and I have frequent chats, apart from a formal recitation of prayers or elaborate readings from my meditation books. Instead, it’s just a conversation about my fears, my excitement, my concerns and my stories that take place while walking into coffee shops, driving my car, sitting on my bed, or swimming laps. I’ve had to make God bigger over the years, so that he could be more involved and enter into all areas of my life.

I’ve learned that I cannot just ask God to reveal his will to me, but I also have to listen closely to hear the answer. Today, I’m able to ask God to use me how he wants. Prayer is no longer about trying to get God to change his will to make me happy. Rather, it’s about finding out what his will is so that I can align myself with his purpose for me in the world. I now have a deep trust and faith in my Higher Power. It gives me great comfort in knowing that for today, I’ll be provided with everything I need.

Emily G.