



2026

happy
Mother's
day

*East Valley
Intergroup, Inc.
1855 E Southern, Suite
103
Mesa, AZ 85204
480-834-9033
info@aamesaaz.org
www.aamesaaz.org*

TABLE OF CONTENTS

- 1&2. Fifth Step Meetings
3. It's a Seat, Not a Throne
4. Announcements
5. Sober Anniversaries
6. Service Opportunities
7. Office Manager Report
8. Group Contributions
9. Treasurer's Report
- 10 & 11. EVI Minutes
12. Traditions Check List

Scan QR w/ phone
aamesaaz.org/contact/



NO BOOZE NEWS

Fifth Step Meetings

I'VE HAD the good fortune to hear Bill W. speak on several occasions. Each time, I have detected a note of wistfulness when he was recounting his experiences in the early days. Small groups of five or six, laying it on the line with each other. Nothing held back, a real eyeball-to-eyeball confrontation. Perhaps this is one of the reasons AA grew slowly at first. Being that honest isn't easy, even in a small group.

Now, for the most part, at least in my area, groups are large, even the closed ones. For the timid and tender, this is not a climate conducive to the disclosure in depth many of us have need of. As a sponsor during my "phony years," I was incapable of giving many a newcomer what he sought. I could only model the clothes that fit--suggesting he go to many meetings, read the Big Book, talk with other members, etc. The cloak of honesty was not a part of my wardrobe, so how could I possibly display it? I had no firsthand experience with this sort of coaching, either. I had to learn my lesson the hard way.

Both speaker and participation meetings are fine for the purpose of identification. Discussion and study groups are primarily concerned with learning what to do and "how it works." Mostly, this talk is confined to generalities, with precious few specific disclosures in depth. By and large, most of the time is spent recounting "what I was like, what happened, and what I'm like now." With a few notable exceptions, ninety-five percent of this time is devoted to what I was like, three percent to what happened, and two percent to what I'm like now (assuming, of course, that *any* change has occurred beyond hanging up the dipper). It quite often winds up with something to the effect that "And then I came to AA," with the intent to convey that all is now peachy-dandy. True, the new person may have been able to identify; he may get further encouragement from talking with others over the coffee and doughnuts; but the burning question of how he is to get well is still uppermost in his mind.

We glibly speak of our concern for new people and say that they are the lifeblood of the Fellowship, but as soon as the meeting is over we break up into small groups for the social contact that seems to be so very important. All too frequently, the new person is left to his own devices, and the glowing words of concern just expressed turn out to be just that--words.

Procedure or format of the meetings has also become quite important. Reading "what AA is," the Steps, Traditions, announcements, secretary's report, other meetings--you name it. Let the leader realize he has omitted one of these items, and he immediately becomes profusely apologetic. Form seems to have supplanted substance in order of importance. If AA does not provide the means for the unburdening in depth that so many have need of, where does one go from there? Little wonder that so many AAs are actively engaged in a search outside the Fellowship.

Criticism that does not offer an alternative is worthless. May I, therefore, suggest that the formation of Fifth Step groups might be in order? A return to the small groups of the early days might create a climate more conducive to an exchange in depth. I do not suggest that we eliminate any existing meetings, for the simple reason that not everyone wants or feels need of anything new or different. But why not provide for those who do?

(continued on Page 2)

On reflection, I discover that I could never think my way into right action, but I can *act* my way into right thinking. Two goals of the kind of group I suggest would be to rid ourselves of the burden of guilt and to concentrate on how we are *acting* now. I've also learned that if I don't feel right it's only my conscience telling me that I'm off the beam. I'm either doing something I shouldn't or not doing something I should. Procrastination is probably my greatest enemy, I might add. It isn't always in the area of big or obvious things, either. Let me become blinded to my neglect of the little things, and I'm off and running. This is invariably followed by the erroneous belief that some circumstance or person has caused me to get upset.

Further, I would propose that this Fifth Step group be an open, mixed group. Mixed in that it should contain spouses, mothers, fathers, in some cases children. Someone who is in a position to observe us in our daily intimate life. Someone who means something to us and can see how we are *acting*, as well as hear what we are saying. We say that alcoholism is a family disease, yet at most meetings the spouse is seldom encouraged or perhaps even permitted to say anything. Al-Anon provides education by teaching the family or friends how to live with the alcoholic, but the meetings do not normally include the alcoholic. There is no direct confrontation.

I'm aware that there are already many small groups in existence, but they are in constant danger of becoming sterile and ingrown for lack of involvement or confrontation with the significant others in the lives of the members. The only time things liven up is when a prospective new member appears, or a visitor from another area drops in. If you are thinking that a small mixed group such as I suggest would probably soon become a meeting of family squabbles, you could be right. It would all depend on the ground rules that are established in the beginning. If these are carefully spelled out and thoroughly understood, the meeting will not degenerate. Far from it. It will soon become an exciting and rewarding experience. Remember not to take the other person's inventory--and the field narrows considerably. To use the words of another AA: "Never mind the other fellow's sins. Your own will do very nicely."

Naturally, much more could be said on this subject, and in greater detail, but the foregoing should do for openers. Many will be indignant at the suggestion; some will agree; but I still say that within the framework of AA a Fifth Step group has a place. Care to join me?

AA Grapevine—March 1968—Seeker Anonymous

What's an AA Group?

June 1986 Copyright © A.A. World Services, Inc.; reprinted with permission

The group conscience of AA in the U.S. and Canada seems to have agreed upon six points that define an AA group:

- 1) All members of a group are alcoholics, and all alcoholics are eligible for membership.
- 2) As a group, they are fully self-supporting.
- 3) A group's primary purpose is to help alcoholics recover through the Twelve Steps.
- 4) As a group, they have no outside affiliation.
- 5) As a group, they have no opinion on outside issues.
- 6) As a group, their public relations policy is based on attraction rather than promotion, and they maintain personal anonymity at the level of press, radio, TV, and film.



I belong here! That thought comes into my head as I sit in my home group. It's Saturday morning. I have earned my seat here in Alcoholics Anonymous. It's a well-deserved chair. Before the meeting starts, I hear laughter and lots of chattering and see hugs. We like to call this interaction fellowshiping. I just smile to myself with expectations of how the meeting will go today.

I grab my coffee and sit in my usual spot. I'm full of gratitude that I found my way out of hell and into a new way of living. I hear the gavel pound at the other end of the room. "Ladies, it's time to start the meeting," the chairperson says. I sit up straight, ready to listen.

I see out of the corner of my eye a woman who comes in late. She shuffles to a seat. Clearly an intoxicated street person, she carries on mumbling under her breath. She starts to pull things out of her bag and displays them on the table. It seems as if these are the only treasures she has left. I continue to watch her with curiosity. It's as if I were looking in a mirror and seeing a reflection of my own past wreckage and hopelessness.

The woman continues in her own world and gets up and down and moves around throughout the meeting. Becoming irritated, I feel my gratitude shift to an attitude of bratitude. Her disruption continues. I hear only part of today's message, which is about Tradition Five. "Each group has but one primary purpose—to carry its message to the alcoholic who still suffers"

"Shoemaker stick to thy last," I hear being read. I interpret that as, better to behave supremely rather than badly in an AA meeting. Yes, being distracted in my home group by this woman takes me to the dark side and fills me with selfishness and self-centeredness.

Our AA meeting ends, and I abruptly walk out. I know I need another meeting to help adjust my attitude. I drive across town to another AA meeting. I think my irritable condition will probably change in a more well-behaved meeting. I walk up the stairs and head down the hall. I can smell the coffee and hear laughter. I know I'm in the right place. The chairperson is setting up the chairs in a circle. There's one chair in the middle with a Big Book on it. Never have I seen a meeting set up like this before.

The meeting opens with the Serenity Prayer. Interestingly, Tradition Five is the topic here as well. I pull out my "Twelve and Twelve" and we go around the circle reading. As I listen, silence fills me, and I reflect on what took place earlier at my home group. I can see that in my arrogance I had been playing God. Yes, I earned my seat in AA, but had it become a throne? Who am I to judge any meeting or newcomer who I come in contact with?

I look at the empty chair in the middle of the circle and tears well up inside me. I swallow hard when someone reads, "We know we can seldom keep the precious gift of sobriety unless we give it away," and, "carry the AA message to those who don't know there's a way out." My tears fall onto the pages of my "Twelve and Twelve."

As I try to regain composure, an overwhelming feeling comes over me. I call it grace. It feels like the whole room becomes still. "Each group has but one primary purpose." That empty chair in the middle of the room is hope for the next sufferer who stumbles in broken. I can see emptiness and longing in the eyes of the alcoholic who might sit there. I want to tell that woman back at my earlier meeting, "I see you, and this is your seat. Please sit! Rest and be comforted by us. Lean into the warmth of our experience, strength and hope."

Two principles come to my mind as I write this. I call them the twin principles: Humility and responsibility. They help bring me back and make me right-sized. My seat in AA is not a throne but hopefully a space of humility and responsibility. It has also taken me to a place of self-forgiveness. God works in a wondrous way. I'm a work in progress.



ROUNDUPS, CAMPOUTS AND CONFERENCES

TRI-STATE RDUNDUP

MAY 14 ~ 17, 2026

LAUGHLIN NV

RIVERSIDE RESDRT

FLAGSTAFF RDUNDUP

RULE 62

MAY 29 ~ 31, 2026

FDRT TUTHILL CAMPGRDUND

FLAGSTAFF, AZ

**PRESCOTT INTERGROUP SHOESTRING
ROUNDUP**

FRIDAY 7/24 ~ SUNDAY 7/26

PRESCDTT RDEED GRDUNDS

840 RDEED DR., PRESCDTT AZ

928-356-8778



Please join us!!

Potluck & Speaker Meeting

Path Less Traveled Group

6:15 Potluck & 7pm-8 pm Speaker

San Tan Valley Veterans Center

5764 East Hunt Highway

Last Friday Every Month



**VALLEY OF THE SUN 91ST
ANNIVERSARY
FOUNDERS DAY**

Saturday June 13 9 AM ~ 3 PM

Camelback Bible Church

3900 E Stanford

Paradise Valley AZ

Contact: admin@azfoundersaz.org

East Valley Intergroup's Sponsorship

Workshop!

6/6/2026

Hosted By:

TBD!

2222 S. Price Rd.

Tempe, AZ 85285

THE GREAT OUTDOOR BEAVER MEETING

Labor Day Weekend 2026

This year, our Little Beaver turns 50!

Thursday, Sept 3 - Sunday, Sept 6

In Beautiful Beaver, Utah!

For More Information:

www.greatoutdoorbeavermeeting.com



Name	Date	Days
------	------	------

Agua Fria Intergroup		40 years
Mike C.	05/01/81	16436
Bud K.	05/23/82	16070
Jon C.	05/06/84	15340
Becky C.	05/09/84	15340
Ken H.	05/19/86	14610
Rick J.	05/13/87	14245
Chris M.	05/13/87	14245
MaryElleen R.		05/08/88
Beth H.	05/29/88	13878
Lynn S.	05/25/89	13514
Mike S.	05/01/91	12784
Hallie G.	05/05/91	12784
Louis S.	05/28/91	12784
Regan G.	05/01/92	12418
Jack G.	05/23/96	10957
Heidi H.	05/23/99	9862
Denis A.	05/01/02	8766
Mickey W.	05/01/03	8401
Debbie G.	05/16/03	8401
Kathy T.	05/15/05	7670
Larry S.	05/23/07	6940
Pat C.	05/27/07	6940
Frank P.	05/26/08	6574
Steve B.	05/11/09	6209
Donna G.	05/27/09	6209
Ken M.	05/19/10	5844
Lyndadiane L.		05/29/10
Shawna D.	05/20/12	5113
Danielle R.	05/06/13	4748
Christopher T.		05/05/15
Beth M.	05/06/15	3980
Diane K.	05/29/15	4018
Mike D.	05/10/16	3652
Fay J.	05/13/16	3652
Lisa D.	05/15/19	2557
Kathleen A.	05/17/19	2557
Heather D.	05/02/21	1826
Michele V.	05/07/22	1460
Brian E.	05/09/22	1461
Susan R.	05/17/22	1461
Paula M.	05/02/23	1096
Michael F.	05/16/24	730

Heard At Open Meetings AA Grapevine Jan 1963

In taking the Fifth Step with an understanding (and close-mouthed) friend, don't shilly-shally. Plunge right in, worst things first.

After you have gotten sober by the program and the people in the Fellowship, not coming to meetings is like trying to get something for nothing.

Just let the program grow in you. You can't make the corn come up faster by pulling on the stalks.

The program has given me Today. When I was drinking I never had Today. It was always last year or next month or some other time, never Today.

I never made a break with my church but AA has given me something I never had before--the companionship of God.

I used to call on God when I was in trouble. Now I thank Him when I'm not in trouble.

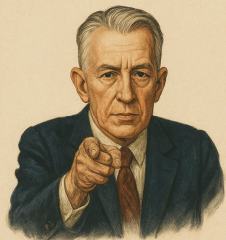
When an alcoholic finally sobers up and gets the program, his problem is no longer alcohol--his problem is living.

Step Five~ Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Tradition Five ~ Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept Five ~ Throughout our world services structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that the minority opinion will be heard and that petitions for the redress of person grievances will be carefully considered.

BILL W WANTS YOU



TO HELP US CARRY
THE AA MESSAGE

AMAZING SERVICE OPPORTUNITY!

The No Booze News Editor position is available! This job can be done remotely, from the comfort of your home, and is a lot of fun! If you or one of your sponsees is in need of a very fulfilling, but not too demanding service opportunity, this is it!

Call or text for more info!~ Regan G. 480-231-6651

Does your Home Group

Have an Intergroup
Representative?

The East Valley Intergroup and Steering Committees strongly encourage all groups to elect an Intergroup Representative to attend the monthly Intergroup meetings and help make decisions that will help the groups carry the message to the alcoholics in our community who still suffer.

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting

On **ZOOM** aamesaaz.org

Or

Workshops can be done at your Group !

For more information Contact

Robin -602-465-0916

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jannette K.

HOST GROUP SCHEDULE

TBD

PI / CPC

(Public Information and Cooperation with the Professional Community)

**THE EVI PUBLIC INFORMATION (PI/CPC) COMMITTEE INVITES
YOU TO BECOME A "MEMBER" OR A "FRIEND"**

1st Mondays at 7pm.

1855 E Southern Ave #103 (EVI Office)

Zoom ID: 984 4383 7353 Passcode: 061035

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org



Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

EVI Special Events Committee

Meeting held before the
Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

602-571-5840

***** Fill and Regular Shifts Available *****

EVI Monthly Speaker Meeting

1st Friday of Every Month

(Church of the Epiphany) 2222 S Price Rd. Tempe

Doors open at 7:00pm

March 6 ~ Ahwatukee Men's Group

Dates Change so Keep Watching.

Central Office Manager's Report Page 7

In March we received 330 requests for information and assistance! Of those, 55 were for meeting info, 110 were office visitors, and 7 resulted in a 12-step call. The remaining 128 were a mixture of miscellaneous calls and visits.

Our cash register, QuickBooks, and printer are working!!! We had quite the celebration when that happened, and certainly had not realized how Beloved our cash register is!

Alcoholics Anonymous has taught me to practice recognizing miracles, and we have certainly had our share of them this month – our cash register experience being one of them. It was purchased through an office in Kansas City, and we have had a marvelous rep who helped Kim out tremendously when the machine was purchased over five years ago. He saw me through testing and replacing a motor in the machine. This process took 2 or 3 weeks because he mailed me parts two different times to test. When the second part replacement was the solution he was so very happy. He explained to me that their business is doing a huge downsizing and we were actually talking on his last day. He told me that if this had happened any later than it did they would have had to refer me to someone who would not have known how to diagnose our problem. What had seemed like a huge problem because of the timing (new job) was actually a blessing! Other miracles have included things like needing a huge number of booklets folded and stapled and a volunteer coming through the door with four hours to kill asking how she could help. Another gal came in and said she had a couple of months sober and was hoping to be able to help in the office while looking forward to having a year sober so she can volunteer for the phone. A number of people have come in asking about the service opportunities. What a Blessing for us and for our Fellowship as well!

Our current volunteers have been offering ideas and suggestions for sharing the workload with the advent of the manager position becoming part time. Some of the suggestions and ideas are as follows: Putting a white board/bulletin board in the workroom for communication purposes, using inventory forms for maintaining current inventory for the coins, developing some written procedures, considering having certain office volunteers and/or shifts designated for particular activities, such as stocking bookshelves, flyers, copies, stapling, garbage, sweeping, etc. We have enjoyed lots of conversation and brainstorming about ways to develop communication and camaraderie within the volunteer group and consequently the AA community. In the spirit of Tradition Eight, Love and Service -

Rita Crawford, Central Office Manager

Meeting List Updates...

EVI CENTRAL OFFICE ACTIVITY

.....	MAR		2026
Meeting Information Calls.....	55		191
General Information	86		213
Referred to Salt River Intergroup	1		4
Referred to Al-Anon.....	1		7
12th Step Calls	7		18
Business Calls	39		109
Office Visitors	110		334
Meeting lists printed.....	220		1220
Info request via E-mail	54		196
Desk Volunteers-Reg/Sub/None.....			40/ 9/0

Our website (aamesaaz.org) is being updated weekly. Check it out!

New Meetings:

Extravagant Promises 1075 S Arizona AZ Chandler MO 6:00a

A Fresh Start 1075 S Arizona Ave Chandler Mondays 9 AM

Changes:

The Tribe Mondays 6:30 PM HAS MOVED TO St Luke Lutheran Church 807 N Stapley Dr. Mesa

Serenity Sisters HAS MOVED to Peace Lutheran Church 15317 East Riggs Rd Gilbert

No Name Group HAS MOVED to Gilbert Presbyterian 235 E Guadalupe Gilbert

Superstition Sunrise in Apache Junction has cancelled for now

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407

James A Farley Station
New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
3661 N Campbell Ave. #605
Tucson Az 85719

Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820 *NEW 2025-01*
PO Box 112
Apache Junction, AZ 85117

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016\

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup

Reprinted with permission from A.A. World Services, from the pamphlet Self Support.





Group Name	MAR	YTD
Ahwatukee Group	\$94.74	\$94.74
Ahwatukee Saturday Men's	\$392.90	\$502.85
Ahwatukee Women's Group		\$201.78
Arbor Daily Noon Group	\$200.00	\$600.00
As Bill See's It - QC		\$338.40
Attitude Adjustment CG	\$135.00	\$135.00
Basic II		\$600.00
Bloopers	\$75.00	\$225.00
Bottom of the Bottle		\$73.50
Busted Ego		\$300.00
Chandler Men's Stag Group		\$400.00
Chandler Noon Group	\$167.00	\$432.00
Chandler Women's BB Group	\$480.45	\$480.45
Chant 2	\$162.30	\$162.30
Common Thread		\$207.50
Courage To Change		\$300.00
East Phoenix Men's		\$300.00
Easy Does It	\$249.00	\$549.00
Fill In The Blank		\$550.00
Flourence Group		\$40.00
Get It Together	\$25.55	\$383.48
Gilbert Group		\$985.68
Happy Hour @ Sunbird		\$200.00
Hope for Today	\$193.50	\$193.50
Kitchen Table Group		\$250.00
Life In The Big Book		\$14.20
Lost and Found		\$200.00
Monday Night Madness	\$168.00	\$168.00
Name In The Hat	\$500.00	\$500.00
New Spirit Group		\$237.50
Path Less Traveled		\$400.00
Patio Group		\$202.20
Pioneer Group	\$64.00	\$64.00
Primary Purpose Group		\$86.00
Road To Recovery	\$110.00	\$330.00
Rock Solid		\$378.75
Second Chance Group		\$134.00
Skyline Rain or Shine		\$44.00
Sobriety is Gold		\$178.00
Sobriety Rocks		\$180.19
Some Are Sicker Than Others	\$50.00	\$150.00
Southeast Valley Stag	\$37.50	\$112.50
Step By Step		\$20.00
Steppers		\$60.00
Stepping Stones	\$350.00	\$350.00
Sunday Afternoon Step		\$60.00
Sun Lakes Women's Serenity Seekers		\$150.00
Sunset Group		\$100.00
Superstition Sunrise		\$75.00
Tempe Group		\$155.00
Tempe Nooners	\$60.00	\$380.00
The Real Thing		\$137.00
The Way Out Group		\$175.00
Tuesday Nite Steppin' Out		\$50.00
Tumbleweeds Group		\$36.50
Upon Awakening	\$650.00	\$650.00
We Ain't Dead Yet	\$139.00	\$139.00
Women In Gratitude	\$150.00	\$150.00
*Anonymous Groups		\$920.20
Individual Contributions		\$394.00
GRAND TOTALS	\$4,453.94	\$15,886.22



BALANCE SHEET March 2026

Assets

Current Asset

Checking	1,205.71
Prudent Reserve (Savings)	35,934.09
Accounts Receivable	735.90
Inventory Asset	24,427.11
Undeposited Funds	3,979.64

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00

Depreciation (-22,538.00)

Total Assets \$69,922.83

Liabilities & Equity

Liabilities

Accounts Payable	-357.40
Visa Credit Card	-402.85
Payroll taxes	-259.60

Total Liabilities \$-760.25

Equity

Opening Balance Equity	43,778.94
Retained Earnings	26,443.21
Net Income	460.93

Total Equity \$70,683.08

Total Liability & Equity \$69,922.83

PROFIT \$ LOSS STATEMENT March 2026

28 Group contributions totaling **\$4,454.94**
 13 Individual contributions totaling **\$2,295.00**
 Intergroup Business Meeting &
 Service Committee's 7th Tradition

Total Contributions \$6,749.94

Total Income \$ 12,018.13

**Less total Cost Of Goods Sold
\$3,331.18**

Gross Profit \$8,686.95

Less total Expenses of \$6,870.47

Net March Income \$1,816.48

YTD 2026 Income \$460.93

The current Prudent Reserve balance is \$35,934.09

The Prudent Reserve has been established for 2026
 in the range of \$40,250.73 - \$48,300.87

Please call me with any questions or comments
 regarding the financial statements.

Grateful to be of service,
 Alex B. EVI Treasurer
 480 250-0000

Sign Up to Become a **GRATEFUL GIVER**

Join your fellows and pledge \$10 or more each month
 to support the East Valley Intergroup.

*Sign up online at aamesaaz.org

*Choose a monthly pledge amount, \$10 to \$416
 (\$5000 annual maximum for members)

*Paypal contributions are automatically withdrawn.

*Set us up as an auto pay in your bank account.

*All personal contributions are anonymous at the public level.

ONE DAY AT A TIME

East Valley Intergroup Business Meeting Minutes March 20, 2026

Roxanne opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer.

Rep Attendees In-Person (32)

Rep Attendees on Zoom (13)

*Welcome new reps: Jason (Ahwatukee Group), Orin (Over the influence), Juanita (Primary Purpose), Debbie (Tempe Sunrisers), Jack (Stepping Stones Wednesday), Adam (Gilbert BB Step Study)

Steering Committee

Chair Roxanne B. □ Special Events Andrea R. □ Al-Anon OPEN Vice Chair Lucy W. □ Phones Robin F. Zoom H&I Nicholas S. □

Treasurer Alex B. □ Unity Sally C. Zoom Spanish Lauren W. □ Secretary Becky K. □ PI/CPC Erika Zoom 08-818 Bart

Advisor Sp. Events Tom C. Zoom Literature David W. □ 08-819 Michael O. Advisor Phones Tom N. No Booze News Regan G. 08-820 Julius G. Advisor Unity T

Sponsorship Ken C. □ Advisor PI/CPC Lynda F. □ Website Coord. Dawn Zoom Office Vol. Coord. OPEN

Office Manager Rita C. □

Roxanne welcomed everyone. Ken read the 12 Traditions. Introduction of new reps. Count for voting members: 32 in person + 8 on Zoom = 40

OFFICER REPORTS

Secretary: Becky K.

- See Minutes in the Packet.
- No corrections or questions from the floor.
- Tom (Steppers) motioned to accept. Juanita (Primary Purpose) seconded. Motion passed.

Treasurer: Alex B.

- See written report in the Packet.
- February: Income 11,531.46, COGS 4310.28, Expense 9,672.76, Net income - 2,451.58 (loss)
- See Profit & Loss for more details – ie Token sales: \$1,213
- Prudent reserve calculation was incorrect on Jan report. It is actually: 40,250.73 – 48,300.87
- Roxanne: Expenses slightly higher in Feb due to paying 2 office managers while Kim was training Rita.
- Gary (Southeast Valley Stag) motioned to accept. Joe (Road to Recovery) seconded. Motion passed.

Chairperson: Roxanne B.

- Thinking ahead, her position as Chairperson rotates at end of the year. Think about it! □□□□□□
- Talked about No Booze News – Tradition 3 - The only requirement for membership is a desire to stop drinking. Read a few of the Checklist questions.
- Central office needs volunteers to help answer the phones. 1 year sobriety required.

Vice Chairperson: Lucy W.

- Mar 9 - attended Steering Committee meeting. Encouraged the body to read the Steering Committee meeting minutes!
- Mar 10 - attended SubDistrict 08-818 meeting. DCM Bart shared experience PRAASA in Hawaii and next Assembly.
- Mar 12 - attended SubDistrict 08-819 meeting. DCM Michael talked about next Asembly. Each GSR shared about what's going on in their group.
- Announced Easy Does It – Grand opening celebration at new location on Mar 21 10a-8:30p
- Announced Easy Does It - Easter picnic at falcon field. DCM Michael also attended.
- She will attend the Assembly in Tucson on April 10-12. She's assigned to the Finance committee.

Office Manager: Rita C.

- See written report in the Packet.
- Busy February – she's was hired as part-time, so had a short 12 days of training in February. In March, she's now solo!
- She's still learning the monthly cycle. Please be patient as she comes up to speed. □□□□□□
- If you haven't been to the EVI central office yet, she invites you to visit to see what we do. Always need volunteers.
- Couple technical issues this week: software issue with Quickbooks and Cash Register stopped working
- Our new web coordinator Dawn will be reporting on the website and google analytics.

STANDING COMMITTEE REPORTS

Website Coordinator: Dawn H.

- Dawn presented google analytics for the last 30 days. 6,800 different Users accessed our website aamesaaz.org
- 78.9% of uses access the site by directly typing in the web address (aamesaaz.org), 17.5% found it via google search
- Dawn presented on the digital campaign that just ended (see written report in packet).
- The campaign showed an A.A. PSA Video on Facebook/Instagram feeds. It was viewed in full over 38,000 times! Of those people, 68% clicked thru to the aamesaaz.org webpage!
- Becky K: Is the new website finished and fully running now (ie events page, etc). Dawn: Yes! If you see any issues, let her know
- Joe (Road to Recovery): when will No Booze News be available on the website? Dawn: will work with Rita to get them loaded
- Ken (Sponsorship Workshop): When will Flyers be loaded? Dawn: will work with Rita to get them loaded.

Office Volunteer Coordinator: Roxanne B.

- EVI central office is open Weekdays 9am-5pm – and it is the office volunteers who answer the phones and help visitors
- There are 2 shifts each day – Morning 9am-1pm, and Afternoon 1pm-5pm
- HELP NEEDED!

• HELP NEEDED!

o 2 available shifts: Tues AM, Thurs AM, o 2 more shifts will be available soon (winter visitors leaving): Mon PM, Wed AM

o Also need Substitutes that can cover when regular shift people are unable to come in (vacation, sick, etc)

PI/CPC: Pam H. (not present) ERIKA on Zoom • See written report in Packet.

• Committee meets monthly on the first Monday at 7pm at the EVI office and on Zoom. • PI/CPC stands for: Public Information and Cooperation with the Professional Community.

• The committee needs a secretary. Please donate your old Grapevines – they are dropping them off for doctor waiting rooms.

Special Events Committee: Andrea M.

• Committee meets monthly on the 1st Friday at 6:15pm at Church of the Epiphany, right before monthly speaker meeting

• Monthly EVI Speaker Meeting – every 1st Friday 7pm! o April 3rd host: Easy Does It – will be in classroom

o Still have one opening for a host group in 2026: JUNE 5th!

• Spring Into Unity event was a great time despite the heat – 90 degrees!

o Lots of people helped to make it a fun event – the committee, her home group, the 2 speakers.

o Town of Gilbert didn't allow us to sell anything or take donations at the event, but you can still contribute directly to EVI thru the website! Thanks to Rita and Roxanne for figuring out how to use the Square!

• The committee is researching the possibility of getting Group ticket sales to attend a Diamondbacks baseball game. We would get discounts depending on headcount (25-400). Andrea took an informal poll to see how many people would be interested.

Phone committee: Robin F. • See written report in Packet

• Welcome to Andrew P as the new co-chair! He will likely take over when Robin's rotation is up at end of 2026.

• Robin would be happy to provide training to individuals and groups! Sobriety requirement: 1 year

• Volunteering for phones is very autonomous! No business meetings to attend!

Unity Committee: Sally C. • Committee meets on ZOOM now. If you want to join/attend, just reach out to Sally or Tracy for details.

• Two new members joined the last business meeting.

• Sally is compiling and cross-reference different A.A. Meeting lists to identify which ones have active Intergroup reps.

• April 17th 5:30pm – Intergroup Rep Workshop – right before our regular business meeting. All are welcome! And Pizza.....

Sponsorship Workshop: Ken C.

• Held 1st Saturday on even months at 10am at 2222 S. Price Road. 90 minute meeting.

• Sat Feb 7th was hosted by ICYPAA (International Conference of Young People in AA) - over 30 people attended! • Sat Apr 4th host will be Sunset Group

No Booze News: Regan (not present)

• Roxanne read Regan's report • Please let your groups know that they can submit articles for the NBN – we accept stories, jokes, etc

Literature: David W. • Have books, will travel. Has a library of A.A. world service literature. Can do pamphlets and sobriety chips upon request.

• If you have a homegroup event that could use literature (speaker meetings, birthday meetings, etc) – just ask!

• Recently, he attended 2 events: EVI Spring into Unity event and the March EVI Speaker Meeting

LIAISON REPORTS

Al-Anon: OPEN

H&I: Nicholas S.

• Spring Fling awareness day (Easter fun) - April 4th in Glendale

• Bridge the Gap does not provide rides to meetings. For safety, they will meet them at the meeting location.

• If you are starting a new Hospital/Treatment/Jail meeting (or have one going) – please coordinate with H&I committee first

• Agua Fria Intergroup is hosting a roundup at Lake Pleasant March 26-29.

Spanish Intergroup: Lauren • The Spanish Intergroup meetings are on the 1st and 3rd Friday.

• She noticed a few things about our new aamesaaz.org website: 1) Suggested that the weblink to the Spanish Intergroup is more prominent (she had to really dig around to find it), 2) Spanish meeting list doesn't align – would like to understand where list info is generated/changed so we can improve the accuracy. Dawn suggested that she/Lauren/Rita discuss to make improvements

• Sat Apr 25 is Dia del campo – day in the park – family, soccer, music, food, meetings! Will bring a poster to hang in EVI office

08-818 DCM: Bart (not present) • 2nd Tuesday 7pm at Tempe Bloopers, 1859 E. Baseline Rd. 08-819 DCM: Michael. (not present)

• 2nd Thursday – 7pm at EVI office, 1855 E Southern Rd #103 in Mesa

08-820 DCM: Julius (not present)

• 1st Monday 7pm they meet at Epiphany of Christ Lutheran Church, 1050 W. Superstition Blvd in Apache Junction

OLD BUSINESS:

1. Open position: Secretary • Term is 2 years. Sobriety requirement is 2 years.

2. Open position: Office Volunteer Coordinator • Roxanne currently serves in this role and would like to rotate out of the position. (Thank you Roxanne for your many, many years of service as our office volunteer coordinator!!) Term is 2 years. Sobriety requirement is 5 years.

3. Open position: Al-Anon Liaison

NEW BUSINESS: • none

Thank you to ALEX B. for coming early and staying late to set-up and take-down the Zoom/Audio/Visual equipment.

I'm grateful to have served as your secretary and look forward to seeing you again as we trudge the Road of Happy Destiny.

May God bless you and keep you – until then. ~ Becky Kleck, 480-848-055

When I was 6 years old, my father committed suicide in front of my mother while he was drunk. It happened after another late-night confrontation between my parents. My father made a terrible, intoxicated decision. He was an alcoholic.

Over the next five and a half decades, I came to understand his desperation. All my fears were not hatched that night, but my father's fear was transferred to me. From that tragic night forward, for many years my Higher Power was a desire to keep my mother happy. This was something I was not to really understand until about 54 years later.

I also received my father's shame and guilt and worries that night. This I came to believe in my final efforts to gain sanity through the help of a loving sponsor and a therapist who understood the program.

My mother's desire was for me to be "my own boss." She thought the best chance for me to accomplish this was to become a doctor. I was a late-blooming alcoholic because of my drive for scholastic excellence in pursuit of a professional degree. This task I completed. My mom was happy. Me, not so much. Actually, not even close, even though I didn't know it at the time. I studied hard and had plenty of "book" and scholastic knowledge. However, I was seriously lacking in wisdom, peace and life skills.

I drank normally while in college, at least as normally as any fraternity guy drank. I was drunk every weekend, with very little drinking during the week. Pursuit of my degree was my overwhelming motivation.

After graduation, I was lost. I didn't like what I did for a living. My academic degree was now my Higher Power. I had no life skills. I started to drink heavily. I would get involved in my church or in exercise or coaching my kids or woodworking or counseling and this might keep the craving a little lighter for a while. But I never looked at what was really wrong with me, or what was really eating my lunch, so to speak.

Two trips to treatment and many remorseful relapses later, I made a decision bad enough to end up getting arrested. This was a big wake-up call. I was released on my own recognizance. I went to an AA meeting the next day.

Three days later, a guy named Harvey shared his story at my new home group, and I knew he was the man I wanted to be my sponsor. He didn't normally attend that meeting, but he shared exactly what I needed to hear that day. I thought meeting Harvey was just a coincidence but he showed me otherwise. This most-recent relapse had finally broken me totally. I became willing and Harvey guided me through the Steps.

Coincidentally, as a part of my Ninth Step, I was required to be evaluated at a recovery facility by my State Licensing Board. I underwent a five-day evaluation. They decided my program and recovery were strong, but there were two conditions attached to my release. I was required to continue with my health professional group for five years. This included random urinalysis. I also had to get professional therapy for my ongoing issues with my father's suicide. I was completely surprised by this requirement, but I was willing. My State Board hooked me up with a therapist who was in the program. Donna had 23 years sober, and she was no-nonsense. This all coincided with my Eighth and Ninth Steps. Coincidence? My sponsor told me, "There are no coincidences in God's world." God bless Harvey.

I continued working my AA program with Harvey and engaging in intensive therapy with Donna. My life started to change dramatically. I actually experienced a sense of peace, even for hours at a time. My anger, guilt, shame, worries, all different forms of fear, were tremendously reduced. My Higher Power was becoming a part of me. Miraculously, my work became enjoyable and rewarding, which was something I would have thought impossible. This was yet another example of my self-will being exorcised. I learned that following God's will is just a slightly better way to live.

Harvey had told me recovery would be a process—and it was. Life still presents opportunities for fear to arise, but I don't hide or rage when it occurs. I turn to the source of my peace. Sometimes—OK, a lot of times—I cannot reconcile the issue to find peace in my prayers. I now have not only a wonderful sponsor, but a caring wife, home group friends, sponsees, my dog, two very good "normy" professional colleagues and friends in my caduceus meeting that I rely on to stop the ping-pong ball in my head. I can sincerely say I've never been disappointed when I reach out to what I call "God with skin on."

I woke up early this week and started my prayers early. I couldn't finish because I was crying. My tears came through joy, not sorrow. I sincerely have too many blessings to count. None of this was caused by me. Harvey helped me see that. I'm being carried. AA led me to such a wonderful place. I continue to do the work, and the results are up to my Higher Power, not coincidence.

Rest in peace, Harvey. I miss you so much.

Tradition Five – Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

1. Am I willing to firmly explain to newcomers the limitations of AA help, even though they may get mad at me for not giving them a loan? Or dating advice? Or help with a job?
2. Have I ever imposed on any AA Member for a special favor or consideration simply because I am a fellow alcoholic?
3. Am I willing to Twelfth-Step the next newcomer without regard to who or what is in it for me?
4. Do I help my group in every way to fulfill our primary purpose?
5. Do I remember that AA long-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?
6. Does our group every use money from the basket for dinners or events or for memorials for members who have passed on?

Sponsee: “I think I’ve been rocketed into the fourth Dimension!”

Sponsor:: “No. You’ve just had too much coffee!”



We here at The No Booze News would love to hear from you about your experience, strength and hope. Maybe something that’s happened in your recovery or an experience that shows how the program is working in your life.

It’s an effective way to help other members who may be inspired by your story. Please include your name and phone number. We reserve the right to edit for content and/or clarity. Email you story to:

Rita—Office Manager —info@aamesaaz.org Regan G. No Booze News Editor—rgkiyoti@yahoo.com