

February

2026



NO BOOZE NEWS

Life Beyond My Wildest Dreams

I never wanted to stop using alcohol and drugs, that was not part of my plan. I mean honestly, I thought everyone drank and used like me. What else was I to think, since I surrounded myself with "like-minded people." I found that after being in the program for a while that I didn't have that story where people said they took their first drink and felt "a part of" or "prettier, smarter, or more fun." I drank because everyone else did—it was just what you did in my neighborhood—and because I'm an alcoholic and addict.

I was brought up in Dallas with a single mom who was the consummate enabler and co-dependent, although we certainly didn't use words like that. Her goal was for me to be happy, no matter what. Therefore, no boundaries or rules. If my friends and I wanted to "party" in my room, that was fine so long as I was home. There was no "Say No to Drugs" campaign when I was growing up.

My mama and I had an enmeshed relationship, very entangled in one another's lives. I eventually moved out but still ended up at her house for laundry and food, of course. Over time, my partying became worse—weekends lasted from Thursday til Monday and I kept getting into trouble. Most of my twenties were spent in and out of jail and/or on probation.

During this time my mom had some brainstem strokes. I had gotten married, but my husband and my mom didn't like each other and, well, mama won. I left him in order to take care of her. My addiction was off the chains now, doing things I would never have imagined myself doing, being in places I shouldn't be. I wasn't able to handle life at all. All the time my mama was getting worse and I was in danger of losing my child. It came to a head one Friday in February when I was sentenced to six months in jail. Later that night, I was told, my mom had gone to the hospital via ambulance. I was unable to talk to her over the weekend because hospitals don't accept collect phone calls. Monday was Valentine's Day and they came to tell me my mama had died alone in a room with no family or friends. I sat in a jail cell, alone with no family or friends. I was never able to tell her that I loved her one last time. I never got to tell her I was sorry. That is what this disease did to our family.

Sometimes I think she gave her life so that I could have one. She would do that; she loved me that much. My dad came to help me and got me into a rehab for women and children. Thank God I didn't lose my child. In rehab I healed. In rehab I was introduced to the AA. In rehab I found God.

I am not a one chip wonder; I have relapsed a couple times. I had to do it my way. I went to meetings late and left early. I had a sponsor in name only. I went back out. Added a DUI. Hit bottom again. I came back for one reason only, because I wanted to be happy. I decided to do something different—I decided to try. I got a sponsor and used her! I worked my Steps, all of them. Attended women-only meetings for the longest time. I got in the middle of the boat, as they say, and stayed there.

My father, whom I had moved to be near after mama died, got sick. He was a recovering alcoholic with 30 years of sobriety at the time. Due to this program, I was able to donate a kidney to him, which gave him six more years of life. That wouldn't have happened if I weren't sober and healthy.

"Life beyond my wildest dreams?" No, I never would have dreamed this life for me—to have two beautiful daughters, to own a house, to have meetings in my home, to sponsor others, to have parties for sober women, to go to work every day, to have vacations, to be in my first ever healthy relationship, to have friends like no others. I didn't possess the capability to have dreams such as these. Way out of reach for someone like me. But the very best part of all is my relationship with God.

They call me Pink Cloud Laura, I guess because unlike most people, I hit my pink cloud and never got off. (Don't ever let anyone tell you your "pink cloud" feelings will end; they don't ever have to!) Happiness comes from within, not from outside circumstances. As they say, don't wait for the other shoe to drop — just go barefoot!

Laura M—Palm Harbor, FL
Grapevine—Aug 2024

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Scan QR w/ phone
aamesaaz.org/contact/



I first walked into the rooms of Alcoholics Anonymous at twenty-two years old. I was the youngest person in my area for several years, and even now at thirty-six, I'm still often the youngest in the room. Back then, I thought being young made me unique. Now I realize it simply made me early: early to the disease, early to the wreckage, and early to the solution.

I also came in with a lifetime of severe mental illness, and I quietly assumed AA would fix *all* of it if I just showed up. Meetings, coffee commitments, service work, I believed those things alone would magically sweep out every shadow in my mind. When that didn't happen, I felt confused and betrayed, as if the program had skipped over me.

Twice I reached almost five years of sobriety. Twice I lost it. On November 9th, 2023, I came back lower than I had ever been. My world had shrunk to a single point of pain. The night before I picked up my start-over token, I sat in my bedroom with thoughts that were dangerous, dark, and unrelenting. I knew with absolute clarity that if something didn't change the next morning, I would end up doing something that could never be undone.

That was the night I surrendered, not in words, but in desperation.

When I went back the next day, I didn't speak just to be heard. I didn't perform recovery or try to be the "inspirational young person" anymore. I listened, really listened, and in that silence, I realized that I had never truly come to believe in a Power greater than myself during my previous attempts at sobriety.

In the past, **attention** had been my Higher Power. Positive or negative, it didn't matter. As long as people were looking at me, reacting to me, praising me, or criticizing me, it gave me the same rush alcohol once had. It filled the empty spaces just enough to keep me from looking at what was underneath.

No wonder I fell apart every time life got quiet.

This time was different. I worked the Steps thoroughly and with no reservations. I stopped trying to look good and started trying to get well. I now practice the principles in all my affairs, not just the ones that were convenient. Little by little, something inside me has shifted and continues to do so.

After two years sober again, I understand something I never understood before: **sanity is not a magical cure**. It's not a lightning strike or a sudden erasure of every flaw, fear, or diagnosis. It's the slow, steady return to truth. Life still throws storms at me. I still struggle with mental health, but today I move through it with a quiet peace I never had before.

Because I no longer walk through this alone, there is always a fellow alcoholic beside me, sometimes literally holding my hand, reminding me that I never have to face anything in silence or isolation ever again.

My Higher Power has shown me that I can live through absolutely anything as long as I put Him first, remember I'm not in charge, and stay willing to grow. I came to believe because I ran out of any other option. I stay believing because that belief has rebuilt a life I once thought was beyond repair.

If Step One broke me down, Step Two began to build me back up.

Today, with real faith, not performance, not attention, not desperation, I finally know that sanity isn't some distant miracle waiting to happen. It's the gift of being restored, one day at a time, to the person I was always meant to be.

Briana O.—Indianapolis Indiana



In the winter of '77, I was born into a blue collar, drinking family. We lived in the suburbs of New York City. Being the youngest of four, I had everything I needed and some things that I wanted as well. Looking back, I can say that I was born an alcoholic, but that had nothing to do with my upbringing.

My diseased thinking brought me to suicidal thoughts even before I started drinking. When I picked up that first drink at 13, all those thoughts and feeling went away. Despite drinking through high school, I did well both academically and athletically. I excelled in baseball, which helped me get into a really good university. I moved into New York City with high hopes. My drinking took off quickly as I found a group of friends who drank like I did. I managed to graduate on time, but I threw away a potential career in baseball, and squandered away an ivy league education. After school, I took a job in real estate. That only lasted a year before I fell into the family business as an ironworker.

A regular routine of drinking entered my life at this point. I would go to work miserably hungover, sweat it out on the job site, then go to the bar after work and drink. Of course there were many good times to speak of, but this was the main cycle of my life in my early 20s. Many of these nights ended with the common phrase, "I'm not going to drink tomorrow." But by 11 in the morning I would start feeling better, and my thinking would shift yet again. This cycle continued for about four years. And with the help of some other substances, I landed in an outpatient rehab facility. But I was there for drugs, so my drinking never stopped. When my mandate was finished, I acted like nothing had ever happened.

This was the winter of 2004, and as Valentine's Day approached, I made sure I stayed on good behavior so as to not upset my girlfriend. I made a reservation at a romantic Moroccan restaurant down in the East Village. It was a chilly evening, so we took a cab down to 1st Street, between 1st and 2nd Avenues. We entered the street level lounge, and it was a perfect scene for the occasion. Rose petals covered the tiled floor. A belly dancer swayed to the Middle-Eastern music. The bartender offered us some crimson concoction as we sat on iron bar stools while we waited for our table. It was the beginning of what could have been a perfect night.

At dinner, I ordered a bottle of wine. My girlfriend drank half of one glass. I proceeded to drink the rest of the bottle fairly quickly as we ate. We had couscous to start, followed by a lamb appetizer. By the main course, I was starting to grey out. I remember hanging at the bar, drinking the red cocktails we were offered earlier. That's the last thing I remember about dinner.

When I came out of the blackout, I was standing in front of my apartment building—by myself. I called and called, but my girlfriend did not answer her cell phone, so I tried her at home. She was living with her parents at the time. One of her parents picked up the phone and they were rightfully distraught to find out that I did not know where their daughter was on a Saturday night at 11 p.m. Apparently we had gotten into an argument and taken two separate cabs. Hers had not arrived yet. When it did, she was furious. She took whatever belongings she had in my apartment and left, potentially for good. Instead of sleeping it off, I proceeded to change my shirt and head out to drink with my friends. I blacked out again.

This time, when I came to, I was in my bed and it was the next morning. This morning was not unlike many others. I had been this hungover countless times before. I had broken up with this girl many times, and had ruined evenings and caused wreckage over and over again. But this morning was different, although I did not see it right away. I knew I could not go on like this, and for the first time in my life I asked for help. I got to the edge of my bed and asked my Higher Power to simply "help me."

This tiny surrender was the beginning of my new life. I went back to that rehab and started following suggestions. They told me to go to AA, so I did. With the help of this program, not only have I been continuously sober since that night, but I have become a new man altogether. I used to sit on the barstool afraid of life. Today I do not let fear stop me from doing anything. I have been given a wonderfully huge life that consists of camping, surfing, snowboarding, scuba diving, running marathons, and participating in triathlons. All of these things and more I have learned in sobriety. Before, my actions proved that all I cared about was myself. Today, I have become a man of integrity who shows up for his family and friends.

For me, Valentine's Day is not for buying flowers and candies. It is a memorial to an old life that was filled with fear and sadness, and a celebration of a new life that is happy, joyous and free.

Doug M – NY NY—
Grapevine—Feb 2014

Would you like to volunteer with East Valley Intergroup? We always have room for volunteers on our Standing Committees such as Special Events, Literature, Unity, PI/CPC, Phone Volunteers or the 12 Step Call List! Service work can be very challenging yet so spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the Gratitude With Service form on our website at

[Homepage - Aamesaaz](#)

ROUNDUPS, CAMPOUTS AND CONFERENCES

YUMA ROUNDUP

FEBRUARY 27 ~ March 1

YUMA CIVIC CENTER

YUMA AZ

West Valley Roundup

March 26 ~ 29, 2026

Lake Pleasant

41835 N Castle Hot Springs Rd,

Morristown, AZ

TRI-STATE RDUNDUP

MAY 14 ~ 17, 2026

LAUGHLIN NV

RIVERSIDE RESDRT



Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now."

TWELVE STEPS AND TWELVE TRADITIONS, p. 27

AREA 03 PRE-CONFERENCE ASSEMBLY

Hosted by District 11

April 10 thru 12 20263

Hilton Tucson East

7600 E Broadway Blvd

Tucson, AZ

Area03.org

Meal and a Message

Saturday, April 25th 2026

Doors open at 5:30pm

Speaker at 7:30pm

1525 N Power Rd. Mesa AZ

(Love of Christ Lutheran Church)

(No ticket will be sold at the door.)

KEEP IT

Simple

Easy Does It Group

Expansion/Grand Opening Celebration

March 21st 2026

10am—8pm

1933 East University Rd Mesa Az

Food, Raffles, Speaker Meeting,

Fun and Fellowship!

GRATEFUL DAMES

Sober Womens Retreat

Friday January 30—Sun Feb 1 2026

Cottonwood Arizona

\$175 per person includes meals lodging.

Contact Jenn 602-475-6677



Name	Date	Days
------	------	------

Thomas T.	02/15/75	18628
Judy A.	02/15/76	18263
Stephen P.	02/21/82	16071
Pat W.	02/02/85	14975
Monica G.	02/23/90	13149
Rob W.	02/28/93	12053
Brian G.	02/28/93	12053
Buddy M.	02/19/96	10958
Linda S.	02/28/96	10958
Rosmarie R.	02/27/97	10592
Robert B.	02/14/01	9131
Phil H.	02/04/02	8766
Judy K.	02/11/06	7305
Jason T.	02/17/07	6940
Michael K.	02/14/08	6575
Jason C.	02/17/09	6209
Ralph C.	02/17/09	6209
Alex B.	02/01/10	5844
Kirsten J.	02/02/10	5844
Mathew D.	02/05/10	5844
Joel (JJ) G.	02/17/10	5844
Brad B.	02/21/12	5114
Jerold T.	02/12/14	4383
Jerry T.	02/12/14	4383
Mike J.	02/12/15	4018
Joe M.	02/18/15	4018
Chad C.	02/15/16	3653
Alissa A.	02/17/18	2922
Troy D.	02/21/18	2922
Doug H.	02/02/20	2192
Jakki S.	02/16/21	1826
Luke M.	02/13/22	1461

* * * * *
 * SPONSOR: "I haven't heard from you in
 * over a month. Don't you know that alco-
 * holism requires daily work on your pro-
 * gram?
 * What's your excuse?"
 *
 * SPONSEE: "I was just doing what you
 * told me."
 *
 * SPONSOR: What are you talking about? I
 * told you to keep in touch."
 *
 * SPONSEE: "You told me to work the Steps
 * every day and to avoid people who irri-
 * tate me."
 *
 * * * * *

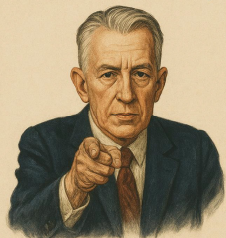


Step Two ~ Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition Two ~ For our group purpose there is but one ultimate authority—a loving God as He may express himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept Two ~ The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

BILL W WANTS YOU



TO HELP US CARRY
THE AA MESSAGE

INTERGROUP SERVICE OPPORTUNITIES PAGE 6

"Our Twelfth Step – carrying the message – is the basic service that AA's Fellowship gives; this is our principal aim and the main reason for our existence.... We must carry the message, else we ourselves can wither and those who haven't been given the truth will die." [Bill W, July 1955; Language of the Heart, p. 160.]

Does your Home Group Have an Intergroup Representative?

The East Valley Intergroup and Steering Committees strongly encourage all groups to elect an Intergroup Representative to attend the monthly Intergroup meetings and help make decisions that will help the groups carry the message to the alcoholics in our community who still suffer.

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting

On **ZOOM aamesaaz.org**

Or

Workshops can be done at your Group !

For more information Contact

Robin –602-465-0916

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jannette K.

HOST GROUP SCHEDULE

February 7 ~ ICYPAA

PI / CPC

(Public Information and Cooperation with the Professional Community)

**THE EVI PUBLIC INFORMATION (PI/CPC) COMMITTEE INVITES
YOU TO BECOME A "MEMBER" OR A "FRIEND"**

1st Mondays at 7pm.

1855 E Southern Ave #103 (EVI Office)

Zoom ID: 984 4383 7353 Passcode: 061035

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org



Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

EVI Special Events Committee

Meeting held before the
Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

602-571-5840

***** Fill and Regular Shifts Available *****

EVI Monthly Speaker Meeting

1st Friday of Every Month

(Church of the Epiphany) 2222 S Price Rd. Tempe

Doors open at 7:00pm

February 6 ~ TBD

Dates Change so Keep Watching.

Central Office Manager's Report January 2025 Page 7

Happy New Year, Welcome To 2026!

December was a great month for 12 step work. The office received 351 requests for information and assistance. Of those 96 calls were for meeting info, 94 were office visitors and 10 resulted in a 12-step call. Our Google totals were 2,171 views. Of those 329 went to our website, 83 requested directions and 40 gave us a call.

A.A. World Services has issued notice of an upcoming price increase. On February 1 they will raise the price of every book by \$3. All other literature will receive a 15% increase, We will place an order before the price increase takes effect. This will enable us to keep the old pricing until March. This will give Groups time to stock up at the lower price.

The W-2 and W-3 has been distributed and W-3 filed with Social Security. Monthly and quarterly employer taxes have been deposited with the IRS.

The Ad Hoc Website Committee report. The website is ready for launch. The developer is working with the web host to switch to the new site. They have hit some snags but should have our new site up in a few days.

In the spirit of Tradition Eight,
Love and Service,
Kim Watkins
Central Office Manager

Meeting List Updates...

EVI CENTRAL OFFICE ACTIVITY

..... Dec. 2025
Meeting Information Calls..... 96 1,173
General Information 73 929
Referred to Salt River Intergroup 3 50
Referred to Al-Anon..... 6 72
12th Step Calls..... 10 98
Business Calls 47 746
Office Visitors 116 1549
Meeting lists printed..... 400 3800
Info request via E-mail..... 63 477
Desk Volunteers-Reg/Sub/None..... 42/ 4/8
Desk Volunteers-Reg HRS YTD. 80hrs 2,000 hrs

Web Stats

Website Visits last 30 days NA

Google Searches last 30 days 2,0171 YTD 17,525

Our website (aamesaaz.org) is being updated weekly. Check it out!

New Meetings:

Hand of AA 812 W Warner Rd. Suite C Chandler SU 3:00p O
Extravagant Promises 1075 S Arizona AZ Chandler MO 6:00a O

Changes:

GIT Has Moved To 2121 E. Guadalupe Rd. Mesa All Meetings
Superstition Sunrise 702 S Meridian Rd. AJ SU 4:30p O

Deletions:

Gut Level 161 N Mesa Dr. Mesa TH 11:00a C
Inwardly Reorganized 19729 E San Tan Blvd. QC SA 10:00a O
Strength in Hope 1770 S Dobson, Chandler TH 6:00a O

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407

James A Farley Station
New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
PO Box 13714
Scottsdale, AZ 85267
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820 *NEW 2025-01*
PO Box 112
Apache Junction, AZ 85117

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I

PO Box 80126
Phoenix, AZ 85060

GSO Example of Group Contributions to A.A. Service Entities

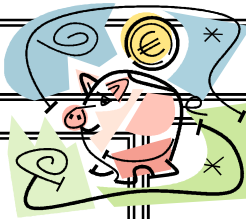
Distribution of funds from groups that
support four service entities
10% to District 10% to Area
30% to GSO 50% to Intergroup





Group Name	DEC	TOTAL
11th Step Candlelight Meeting		300.00
2121 Beginner Workshop	1600.95	1600.95
417 Group		550.00
A Vision For You Group - Ahwatukee		501.00
A Vision For You Group -QC		1656.50
Ahwatukee Group		258.07
Ahwatukee Nooners		818.00
Ahwatukee Saturday Men's	98.44	952.26
Ahwatukee Women's Group		218.00
Arbor Daily Noon Group	200.00	2400.00
Arbor Rain or Shine		516.00
As Bill See's It - QC		447.66
Attitude Adjustment CG		75.00
Attitude of Gratitude		80.00
Basic II		200.00
Bloopers	75.00	825.00
Bootstrap Men's		1000.00
Busted Ego		600.00
By The Book		311.00
Chandler Noon Group	285.00	1385.00
Chant 2		266.25
Common Thread		1357.30
Courage To Change		300.00
Dr's Nightmare		163.58
East Phoenix Men's		190.00
East Valley Men's Stag	250.00	250.00
Easy Does It	150.00	3561.25
Feelings & Solutions		639.00
Firehouse Meeting		767.16
Flourence Group		120.00
Fresh Air Group		43.00
Friday Night Big Book Study		172.53
Get It Together	151.91	1032.14
Gilbert BB Step Study	87.50	167.50
Gilbert Gals		250.00
Good Ol' Back To Basics		330.00
Good Orderly Direction	50.00	100.00
Grateful Girlfriends		154.50
Gratitude Group		922.00
Great Start	189.71	189.71
Gut Level	14.70	759.70
Happy Hour @ Sunbird		350.00
Hope for Today		419.55
Kitchen Table Group		178.00
Last Resort		30.00
Lost and Found		195.00
Maricopa 12 X 12		40.00
Maricopa Group		240.00
Monday Night Madness		167.00
Name In The Hat		963.49

Group Name	DEC	TOTAL
New Spirit Group		693.92
Opportunity Knocks	100.00	550.00
Page A Day Group		3974.68
Path Less Traveled	350.00	350.00
Patio Group		227.10
Pioneer Group	102.60	298.40
Price Is Right		160.00
Primary Purpose Group		81.30
Province Group		213.91
Progress Rather Than Perfection		110.00
Re Awakening Group		33.29
Renewed Spirit	130.10	520.04
Rising Spirit	650.00	1590.60
Road To Recovery	110.00	1250.00
Rock Solid		150.00
Second Chance Group		595.00
Serenity Now		327.25
Serenity Sisters		100.00
Serious Over Sobriety		260.19
Shade Tree		400.00
Skyline Rain or Shine		600.00
Sobriety is Gold		108.00
Sobriety Rocks		204.88
Some Are Sicker Than Others	50.00	600.00
Southeast Valley Stag		950.00
Starlight Ranch		42.66
Step By Step		30.00
Steppers		360.00
Stepping Stones		825.00
Sunday Afternoon Step		120.00
Sun Lakes Women's Serenity Seekers		1270.00
Sunrisers		210.60
Sunset Group		200.00
Superstition Sunrise		212.50
Tempe Group		530.00
Tempe Nooners	60.00	680.00
Tempe Sunrisers	500.00	1650.00
The Library		50.00
The Real Thing		100.00
Tuesday Nite Steppin' Out		85.00
Tumbleweeds Group		497.17
Upon Awakening	390.00	1465.00
We Ain't Dead Yet		193.00
Wolfpack Group	250.00	350.00
Women In Gratitude		466.26
*Anonymous Groups	555.07	4091.07
Meal and a Message		100.00
Service Committees		43.00
Individual Contributions	461.00	9101.60
GRAND TOTALS	6861.98	66034.52



BALANCE SHEET December 31 2025

Assets

Current Asset

Checking	5,300.86
Prudent Reserve (Savings)	42,842.00
Accounts Receivable	870.60
Inventory Asset	26,105.25
Undeposited Funds	2,094.20

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$80,852.41**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	10,641.39
Payroll taxes	0.00

Total Liabilities **\$10,641.39**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	54,849.87
Net Income	-28,417.79

Total Equity **\$70,211.02**

Total Liability & Equity **\$80,852.41**

PROFIT & LOSS STATEMENT Dec. 2025

28 Group contributions totaling	\$6,400.98
13 Individual contributions totaling	\$461.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$0.00

Total Contributions **\$6,861.98**

Total Income **\$ 16,023.25**

Less total Cost Of Sales **\$3,269.68**

Gross Profit **\$12,753.57**

Less total Expenses of **\$15,254.63**

Net Dec. Loss **(\$2,501.06)**

YTD 2025 Loss **(\$28,417.79)**

The current Prudent Reserve balance is \$42,842.00

The Prudent Reserve has been established for 2025 in the range of \$38,216.40 - \$45,859.68

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Alex B. EVI Treasurer
480 250-0000

What's an AA Group?

The group conscience of AA in the U.S. and Canada seems to have agreed upon six points that define an AA group:

- 1) **All members of a group are alcoholics, and all alcoholics are eligible for membership.**
- 2) **As a group, they are fully self-supporting.**
- 3) **A group's primary purpose is to help alcoholics recover through the Twelve Steps.**
- 4) **As a group, they have no outside affiliation.**
- 5) **As a group, they have no opinion on outside issues.**
- 6) **As a group, their public relations policy is based on attraction rather than promotion, and they maintain personal anonymity at the level of press, radio, TV, and film.**

East Valley Intergroup Business Meeting Minutes

December 19, 2025

Roxanne welcomed everyone. Becky (Rock Solid) read the 12 Traditions. Introduction of new reps.

Count for voting members: 31 in person + 7 on Zoom = 38

OFFICER REPORTS

Secretary: Becky K. See Minutes in the Packet. No corrections or questions from the floor.
Becky (Rock Solid) motioned to accept. Lynda (Sunset Group) seconded. Motion passed.

Treasurer: CJ M. See written report in the Packet.

November: Total Contributions \$5,477.82, Token Sales \$825, Gross Profit \$6741.36, Expense \$8039.62, LOSS -\$1298.26

We budgeted for a \$20,000 loss in 2025. Actual YTD loss was \$25,916.73

Encouraged groups to contribute a bit more. Also on AA anniversary – individuals are encouraged to donate \$1 for every year sober. So, on your 10th anniversary – donate \$10.

Ken (Opportunity Knox) motioned to accept. Debbie (Women in Gratitude) seconded. Motion passed.

Chairperson: Roxanne

3 applicants for the office manager position. Interviews in process. Office volunteer shifts are open: 9-1 and 1-5

Open steering positions will be nominated tonight

Vice Chairperson: Lucy W.

Attended meetings for Steering Committee 12/8 and subdistrict 08-819 12/11

12/14 Zoom prep for Office Manager interview questions + interviews on 12/17 and 12/18

Office Manager: Kim W. See written report in the Packet.

New website is ready to launch, but waiting until Jan so it doesn't disrupt NYE ticket sales on the "old" site

Several AA entities are hurting for money – even GSO is down by \$1M.

GSO provides a pamphlet with % suggestions for how to distribute homegroup funds.

Q. What is GSO? A. General Service Office – our NY AA office

STANDING COMMITTEE REPORTS

PI/CPC: Pam H. See written report in Packet.

Committee meets monthly on the first Monday at 7pm at the EVI office and on Zoom.

PI/CPC stands for: Public Information and Cooperation with the Professional Community.

Main objective is to provide accurate information.

Recap of 2025: HR conference, Health Fairs, Mesa Police Dept, 100 Club, Florence parole officers, nursing program, veterans stand-downs and runs, 19 high schools (lunchtime table top), faith leaders, digital campaign on Facebook and Instagram, Treatment conference, assisted living centrals, RV parks, PI powerpoint, centralized documentation, Operation Sober Holiday

Two requests: (1) if you are an outgoing Intergroup Rep, consider volunteering with PI/CPC next. (2) PI/CPC needs Grapevines – consider donating your old ones. If you want Pam to attend your home group business meeting, just ask! She'd love to share more info.

Special Events Committee: Lee Ann See written report in Packet. Also info in Steering Committee minutes.

Committee meets monthly on the 1st Friday at 6:15pm at Church of the Epiphany, right before monthly speaker meeting

Monthly EVI Speaker Meeting – every 1st Friday 7pm! Jan 2nd meeting will be hosted by Courage to Change.

Thanksgiving Alcathon – went well! 300 alcoholics attended. The event broke even.

Lee Ann and all current committee members will be stepping down at the end of the year. Their last event is NYE dinner/dance

Joe (Road to Recovery) asked – "if there is no active committee, will the monthly speaker meeting still continue? Roxanne answered – "YES!!

Steering committee will handle events until we find a new chairperson"

NYE dinner/dance will be 80's themed with catering by Famous Daves BBQ. 76 tickets sold so far (76x25=1900). Catering cost per head is \$25.14 with minimum spend \$3000 -- so need to sell quite a few more tickets to break even.

Becky K (Rock Solid) – suggested publishing a list of all the events that could possibly go away if we don't get more support. For reference they

are: *Monthly Speaker Meeting – 1st Friday*

Unity Day – October

Anniversary Dinner – May

Thanksgiving Alcathon – November

Bowlathon – August

New Years Eve dinner/dance - December

Phone committee: Robin See written report

Training is monthly on the 3rd Friday 6:15pm on Zoom right before the EVI business meeting.

Thank you volunteers – all 43 afterhours shifts are covered in December.

Lost 3 homegroups at end of summer so more opportunities coming up.

She's had feedback from phone volunteers that they're having a hard time reaching people on the 12th Step List. People often don't answer phone calls – so best to text first before calling.

Robin would be happy to provide training to individuals and groups! Sobriety requirement: 1 year

Unity Committee: Jennifer Committee meets monthly on the 3rd Friday at 6:15pm at the Church of the Epiphany, right before EVI Business meeting. She and the entire committee will be finishing their rotation at the end of 2025.

Sponsorship Workshop: Jannette (not present) Held 1st Saturday on even months at 10am at 2222 S. Price Road. 90 minute meeting. Next one is Sat Feb 6th – hosted by ICYPAA (International Conference of Young People in AA)

No Booze News: Regan Please let your groups know that they can submit articles for the NBN – she would love to receive stories, jokes, etc January issue is ready to print.

Literature: David W. Have books, will travel. Has a library of A.A. world service literature. Can do pamphlets and sobriety chips upon request. Attended December's EVI speaker meeting and set up a literature table. It was well attended, but no literature sales. If you have a homegroup event that could use literature (speaker meetings, birthday meetings, etc) – just ask!

LIASION REPORTS

Al-Anon: Lee His rotation ends this month. Winter Extravaganza will be January 24th 4pm with speaker at 7:15pm.

H&I: Debbie C. Some positions still open: literature, alt-secretary, alt-prison chair.

Spanish Intergroup: Lauren (not present) The Spanish Intergroup meetings on on the 1st and 3rd Friday.

08-818 DCM: Jason 2nd Tuesday 7pm at Tempe Bloopers, 1859 E. Baseline Rd.

If your homegroup is west of Alma School Rd, then you are part of subdistrict 08-818.

This is Jason's last Intergroup meeting (for reals now). The new DCM (Bart M.) will attend going forward.

08-819 DCM: Michael. (not present) 2nd Thursday – 7pm at EVI office, 1855 E Southern Rd #103 in Mesa

08-820 DCM: outgoing Carol M. – incoming Julius 1st Monday 7pm they meet at Epiphany of Christ Lutheran Church, 1050 W. Superstition Blvd in Apache Junction. Julius is the new DCM. Still need a secretary.

Quarterly potluck speaker meeting: Sat Jan 17 5:30-8pm. Host group is Good ol' Back to Basics and Rock Solid. Speakers are Clyde and Joanne from Thunderbay Ontario Canada. Main dish is chicken. Bring a dish to share.

OLD BUSINESS:

Steering Committee positions elected in December

Position	Outgoing Dec 2025	Voted in for 2026 rotation
Advisor to PI/CPC	Tom S.	Lynda F.
Advisor to Unity (mid-term)	Eddie C.	Tracy L.
Treasurer (mid-term)	CJ M	Alex B.

Steering Committee positions still open:

Position	Outgoing Dec 2025	Voted in for 2026 rotation
Secretary	Becky K	
Advisor to Phones	Dee P.	

NEW BUSINESS: None

ANNOUNCEMENTS: Becky K (Rock Solid) – Pigeon Coop Christmas Alcahthon 645A Dec 25 – all day all evening until late in the night

NYE event. Start Noon. Need help.

Ken (Opportunity Knox) motioned to close. Debbie (Women in Gratitude) seconded. Motion passed.

Meeting closed at 8:17pm with the Responsibility Statement.

Thank you for allowing me to be of service. ~Becky Kleck

A note about Zoom:

Thank you to ALEX B. and DANNY J. for coming early to set up the Zoom/Audio/Visual!

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as he may express himself in our group conscience. Our leaders are but trusted servants; they do not govern.

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

A chap was getting very tipsy at a party and making a nuisance of himself. Toward the end of the evening, he became attracted to a pretty girl who was playing a grand piano. He fell against it, causing the cover to come down on his fingers!

On the way home, his wife remarked acidly, “Remind me to put a piece of raw steak on your black eye when we get home!”.

It’s my fingers that hurt,” he replied. “I don’t have a black eye.”

“You’re not home yet!” she answered grimly.



We here at The No Booze News would love to hear from you about your experience, strength and hope. Maybe something that’s happened in your recovery or an experience that shows how the program is working in your life.

It’s an effective way to help other members who may be inspired by your story. Please include your name and phone number. We reserve the right to edit for content and/or clarity. Email you story to:

Kim W. Office Manager —info@aamesaaz.org Regan G. No Booze News Editor—rgkiyoti@yahoo.com