



East Valley
Intergroup, Inc.
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NO BOOZE NEWS

Peace Be Still

When I was about 19 years old, Uncle Billy and I sat fishing in a 12-foot flat-bottomed boat on a 10-acre pond outside Roanoke, Virginia. The sun began to rise, revealing thin wisps of fog dancing on the mirrored surface, reflecting the Blue Ridge Mountains, with dense mats of lily pads surrounding us. As the sun continued to rise we were regaled with subtle pops, like corks escaping champagne bottles. Then all around us lily pods burst open and the young, pink-white flowers greeted the dawn.

Several weeks ago, that scene came to mind as our Sunset Group AA meeting in Joshua Tree, California discussed the topic of serenity. It led me to consider how that quiet, still pond—one of my most captivating memories—lent itself as a metaphor for serenity, resentment and a multitude of thoughts in between.

Not long after the sun came up, Uncle Billy and I sat in our boat and began drinking beer and eventually sipping whiskey. Between the rising winds and the rocking of the boat accentuating our clumsy movements, the still areas of my mind and the placid pond both went from mirror-like calmness to whiskey-capped turmoil. As our laughter mounted, alcoholic merriment echoed off the surrounding woods, shattering the peace and quiet.

I spent 28 years confusing stimulation for happiness. By 2005 my life was like a 40-foot long speedboat on a 10-acre pond, cutting doughnuts as I pitched cinderblocks and boulders into frothy water, destroying lily pads and roiling the bottom of everything into a mud-choked mayhem.

Now in the calm sharing of our AA meeting, I realized that serenity is a fleeting condition: there's always some little wind stirring up ripples, even in my quietest moments. Sometimes I will still start throwing pebbles, then rocks, then boulders into my own quiet waters, as my mind races from a single thought to a string of them. It will lead to a resentment that eventually becomes a tirade or worse. Then, when I dwell on your poor behavior and judge you, I might even invite you to stand on my shores and heave your own smoldering rocks and boulders into my pond. Finally, there's that asteroid that comes out of nowhere and strikes the center of my pond and displaces half of the water, leaving the surface foaming for days, weeks or even years. That's what it felt like this past January when my friend of 20 years died of a heart attack two months before his 45th birthday.

Such were my thoughts that morning in the meeting, when I suddenly remembered words that I used to say to myself in my youth: Peace, be still.

At that moment, I realized that God is always available to calm the turmoil and do for me what I cannot do for myself. I can do a few things, like not throw new thoughts in after the old, and perhaps avoid a growing resentment. I can stop dwelling on your poor behavior, instead of recognizing how familiar it is—because it's also my own poor behavior. I've noticed that when I stop contributing to my own drama, the waters quiet down quite a bit. Finally, for the big ones I don't see coming, I can always turn to God and ask, "Please, let there be peace, help me be still."

From Ed L., Wrightwood, CA, AA Grapevine, Oct 2015



The Ghosts of Halloween Past

Every October, I think about ghosts. They are happy ghosts, most of them, wispy memories of holidays and joyful times. When the first gusts of fall come, I'm uplifted, amazed by a world as beautiful today as it was in my youth.

It has not always been so. For the past 10 years, my thoughts have been in a darker place. But this October, I awoke with a mind clear as air, my senses heightened, the sight, the smell, the feel of everything wonderfully intensified.

It's hard to explain the depths of depression that accompany alcoholism to someone who has never experienced the lethargy, the hopelessness. It's a world where the laundry goes unfolded, the cats unfed, a world where even the slightest movement is a chore. Suffice it to say that only the absolute necessities are accomplished and then only with great effort. And unless someone else performs them, the rituals that celebrate the seasons go undone. The Thanksgiving turkey goes uncooked, and the Christmas tree stays in its box, the ornaments unhung.

As for the Halloween decorations—the jack-o'-lanterns and my personal favorite, the ghost decorations for the yard, they remain in a box at the top of a closet, waiting.

There are four ghosts in there, cloaked in sheer white polyester with lighted heads that change color and bendable arms made of foam. They remind me of everything I love about Halloween—the thrill of the paranormal, the mystery of the unknown, the joy of giving candy to strangers and seeing them smile. Most of all, they remind me of my children playing in the yard.

Every year, come Halloween my ghosts welcomed trick or treaters to our door, until one October 10 years ago when they didn't. The box became too heavy, you see, and the shelf much too high to reach. And so, the task of putting them up went undone. In years past I relied on my husband to assemble them. It was a job that required elbow grease and determination, reinforcing their flimsy plastic stakes with rebar and fixing them to the ground with a heavy mallet. Thanks to him, they stood faithfully through my children's early years, steadfast in the October breeze.

But little by little, it became too much trouble to put them out. They became flimsy and old, and difficult to move when it came time to cut the grass. They were, in my husband's words, "a pain in the rear end," and he was right. Over time, those words became true for everything. Everything was just too much trouble because we lived beneath a 10-ton cloud filled with alcohol. Even though I was the only one drinking, it touched us both.

Card-carrying alcoholic that I am, I blamed him for it unjustly. I blamed him for everything—the fact that the ghosts no longer appeared in my yard like October magic, the fact that the joy had gone out of my life. The magic was gone. Over time, my ambitions withered at my feet as I stood watching, drink in hand.

After a year or two, the children quit asking to put the ghosts out. It did not take long for them to feel my lethargy, a force-field holding us all fast to the ground. Over time, it just didn't matter. It was only Halloween, after all.

But this year, things were different. I was in AA now. After a few months of real sobriety, the 10-ton cloud began to disperse. I began to feel again and to feel like doing things again. Come October, the dust on the box at the top of the closet began to stir, along with my memories of the ghosts themselves, their smiles frozen beneath wisps of fabric.

And one day, the closet door opened and the dust swirled in a shaft of light. "Let's take them out," I said to my husband. "We'll do it later," he replied. A few days later, the same again. I could feel the frustration begin to bubble. For a week, I let it slide. But in quiet moments, the ghosts in the closet began to haunt me. Over the years they had become a symbol of my alcoholism and all that went with it—the lethargy, the apathy and the awful truth that absolutely nothing really mattered to me anymore—nothing except drinking.

I began to see the ghosts as something greater, the physical manifestation of an intense desire to change. Why did I feel it necessary for my husband to be the one to get the ball rolling? Couldn't I be the one to get things started for a change? I mean, good God, how hard could it be? After all, things were different. This year the children were no longer children but young men. It was nothing for them now to scale the closet shelves in search of a box as light as air. All it would take was my request. And so, the ghosts came out.

The box opened to reveal the passage of time. The flimsy plastic stakes were now cracked and brittle, the switches for the lights corroded with age. But at the top of each ghost's head was something I had never noticed before, a clear plastic filament from which they could be hung. Hung. From the trees. From the tulip poplar, now a 30-foot-tall tree.

But what about ghosts to display in the yard? First stop: A store where there were ghosts of every size and shape, but none that fit the bill. I was looking for something different, something that would really stand out from the road. And there they were in a circle, six white ghosts holding hands around a campfire made of red and yellow Christmas lights. There was even a special ghost with an orange plastic jack-o'-lantern for a head.

The minute I read the instructions I was hooked. This would be easy, heads made of stuffed plastic grocery bags, arms of wire coat hangers straightened out, bodies made from white trash bags, all duct-taped to an upside-down tomato cage held to the ground with tent stakes. In 10 minutes, I was at our hardware store. I was the only customer in the garden center and certainly the only one buying tomato cages in October.

Back home, my kitchen became a workstation, and my kids were suddenly curious. "Whatcha' doin,' Mom?" they asked. It had been a while since they'd seen me doing anything, and with a smile on my face at that. And lo and behold, they wanted to help. My oldest drew ghost faces with a permanent marker while my youngest taped trash bag bodies to a frame. They even complimented each other. "This is awesome," they said. And it was.

(continued next page)

The Ghosts of Halloween Past, cont.

(continued from page 2)

We carried the ghosts to the yard in the late afternoon light and arranged them in a circle. It reminded me of the circle we form at the end of every AA meeting at my home group when we say the Lord's Prayer. And I wondered just for a moment if the ghosts were not really ghosts but angels, waiting for wings. Telling my sons to stand side by side, I took a picture. I wanted proof of this moment. I wanted the memory made real.

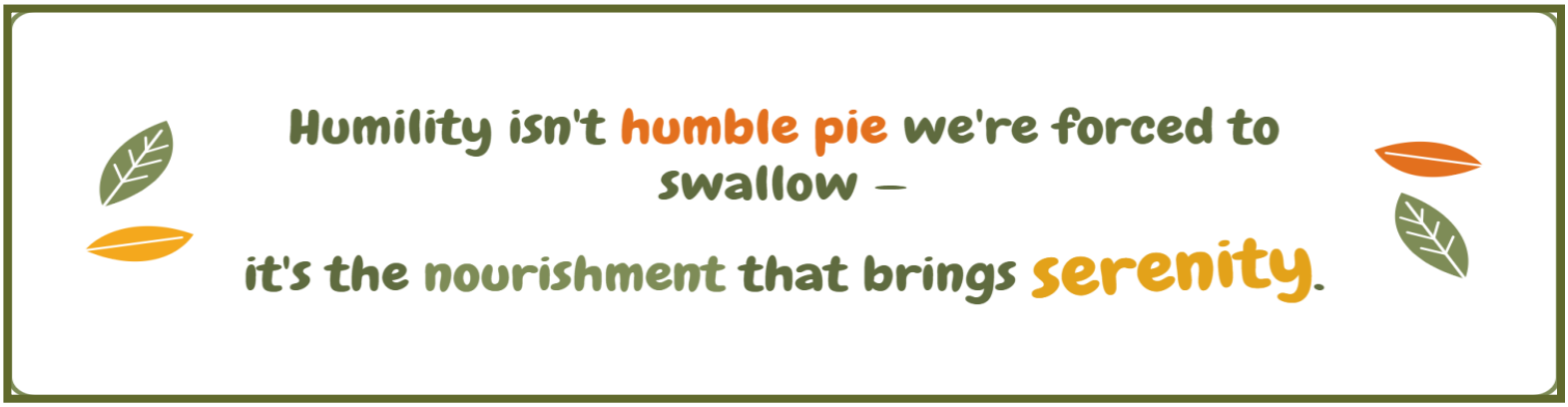
Just then, my husband came downstairs from his office. He had been working all day and had missed the commotion. "What's that?" he asked. "Ghosts," I replied. "We made them." He looked at me and smiled. "You made them? Really? Wow," he said. "You like them?" I asked. "Yeah, I love them," he replied, "They look … they look great." He crossed the yard to give me a hug. It was a hug from 20 years earlier, long and strong and warm.

In a few days, there'll be a turkey to cook and a tree to assemble, ornaments to sort through, blessings to be said. There'll be presents to wrap and put under the tree, not in a last-minute rush, but slowly, lovingly, well before Christmas day.

This year life will happen, and I will remember it. I will be there—body, mind and spirit—when the gifts are opened and the memories are made. But this year the greatest gift won't be opened or held or even seen. This year time itself is the gift and God the giver.

Because of AA I have been given back my life, myself, my soul. I've been given days yet to come and memories to mark them, moments in time solely my own. I've been given one more chance to set things right, a chance to make peace with the past and make way for the future. A chance, at last, to see things not as they were, but as they are, blue skies that are limitless and ghosts that are angels after all.

From Jill R., Tyler, TX, AA Grapevine, Oct 2024



Thoughts on the Tenth Step

The Tenth Step is the teen years of the Steps for me. This Step makes me start acting like an adult or make my amends. For me, it is about honesty, humility, courage and acceptance.

Honesty is something I had to learn. I am still learning how to be completely honest. In "how it works," it talks a little about honesty. I needed to grasp and develop a manner of living that demands rigorous honesty.

I learned how to look at my actions with honesty: Did I do my best? Were my actions based on fear, anger or love? Am I looking at my actions, and not just my intentions? Am I telling the whole story or just the parts I want others to hear? And at the end of the day, I ask myself: Did I do what I said I would do?

Humility teaches me that there are other people here besides me. I'm not always first or last; sometimes others get the job, the girl, or whatever it is sometimes.

With humility, I can learn what my strengths and weaknesses are and what I'm good at and what I need to work on. I'm no better or worse than anyone else.

I've learned that there is no "us or them," nor "me or you." There is only "we." We are all just trying to get through this life as best we can.

I have to remember to pray for courage to do the things I need to do and to do God's will. I need to pray for the courage to change my actions when I'm having problems with people, places and things. And courage to look at my part in a problem and make my amends. I ask for the courage to do the mundane things in life I need to do but don't want to. And the courage to do things to improve my life. Lastly, I pray for the courage to say I'm wrong.

From Jeff H., Columbia, MO, AA Grapevine Online Exclusives

ROUNDUPS, CAMPOUTS AND CONFERENCES

APACHE LAKE CAMPOUT
November 6th-8th
Registration open now!
Info and registration at
TRAILTOSERENITY.ORG

EVI Special Event

Thanksgiving Alcathon

Wednesday, Nov 25th 12 pm

to Friday, Nov 27th 12pm

- Meetings held on the odd hours

Traditions play on Thanksgiving Thursday the 26th @ 7pm

Church of the Epiphany

2222 S Price Rd.

Tempe, AZ

QUARTERLY Breakfast & Speaker Meeting

SATURDAY OCT.17, 2026

8:30AM - BREAKFAST

930AM- SPEAKER MEETING $10 TICKET

SEE YOUR EVI GROUP REP FOR TICKETS

East Valley Sponsorship Workshop
Saturday Oct, 3 @ 10am
Primary Purpose Group
To sign up-
Contact Ken @ 480-242-8160

Church of the Epiphany

2222 S Price Rd.

Tempe, AZ

Secular AA Phoenix 2026
(ICSAA Phoenix 2026)

MORE INFORMATION

With Al-Anon Participation

JOIN US NOVEMBER 13-15, 2026

At the Hilton Phoenix Resort at the Peak

FIRST FRIDAY MONTHLY SPEAKER MEETING

EXPERIENCE.STRENGTH.HOPE

Hosted by a different East Valley group each month from 7 PM—8:30 PM!

Church of the Epiphany

2222 S Price Rd.

Tempe, AZ

AA Unity Day Variety Show

Sunday, October 11th

Chandler Community Center

Dinner @ 5pm, show starts @ 5:30

Tickets $20 (No sales day of the show)

Contact– Eddie C

(eddiec800@gmail.com or 602-677-8796)

Please join us!!

Potluck & Speaker Meeting

Path Less Traveled Group

6:15 Potluck & 7pm-8 pm Speaker

San Tan Valley Veterans Center

5764 East Hunt Highway

Last Friday Every Month

Sober Anniversaries October 2026

Name	Date	Days
David C	10/7/1979	17161
Thomas S	10/17/1981	16420
Danny S	10/22/1981	16415
Larry R	10/3/1983	15704
Marilynn S	10/23/1983	15684
Lenay L	10/7/1984	15334
Patti R	10/16/1984	15325
George D	10/20/1984	15321
Louise G	10/25/1984	15316
Mike C	10/12/1985	14964
Shap W	10/18/1985	14958
Harry L	10/28/1985	14948
Jim S	10/10/1986	14601
Pat P	10/18/1987	14228
Shirley B	10/8/1988	13872
Caroline C	10/18/1990	13132
George P	10/2/1992	12417
Denis W	10/26/1992	12393
Travis M	10/30/1993	12024
Lucy W	10/11/1995	11313
Juanita T	10/28/1995	11296
Jay Z	10/14/1996	10944
Irene D	10/21/1996	10937
Terry T	10/6/1997	10587
Dave H	10/14/1998	10214
Dennis R	10/23/1998	10205
Rebecka L	10/5/2000	9492
David R	10/3/2003	8399
Mike P	10/9/2003	8393

Name	Date	Days
Shelby T	10/1/2005	7670
Robert S	10/13/2008	6562
Sherry B	10/21/2008	6554
Vida J	10/17/2009	6193
Peggy J	10/23/2009	6187
Adrian M	10/21/2010	5824
Jerry C	10/25/2010	5820
April T	10/28/2010	5817
Peggy K	10/21/2012	5093
Paul B	10/1/2013	4748
Penny N	10/3/2013	4746
Jack B	10/10/2013	4739
Harry B	10/16/2014	4368
Richard E	10/8/2015	4011
Paige L	10/17/2015	4002
Angie G	10/29/2015	3990
Tim G	10/8/2016	3645
Andrew S	10/20/2016	3633
Maria W	10/29/2016	3624
Mindy S	10/24/2017	3264
Kristi S	10/30/2017	3258
Brandee C	10/30/2018	2893
Rachel K	10/10/2019	2548
Brandon B	10/14/2019	2544
Kristen T	10/25/2020	2167
Juanita K	10/16/2021	1811
Kimberly A	10/19/2023	1078
Julie S	10/30/2023	1067

(Apologies if any birthdays were omitted, there were some technical difficulties with the birthday database this month.)



Step Ten- Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition Ten- Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept Ten- Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined whether by tradition, by resolution, by specific job description, or by appropriate charters and bylaws.



"Our Twelfth Step – carrying the message – is the basic service that AA's Fellowship gives; this is our principal aim and the main reason for our existence…. We must carry the message, else we ourselves can wither and those who haven't been given the truth will die." [Bill W, July 1955; Language of the Heart, p. 160.]

Does your Home Group Have an Intergroup Representative?

The East Valley Intergroup and Steering Committees strongly encourage all groups to elect an Intergroup Representative to attend the monthly Intergroup meetings and help make decisions that will help the groups carry the message to the alcoholics in our community who still suffer.

EVI Phone Workshop
Third Friday's at 6:15 pm
Before the monthly business meeting
On ZOOM aamesaaz.org
Or
Workshops can be done at your Group !
For more information Contact
Robin –602-465-0916

EVI Sponsorship Workshop

10am the 1st Saturday of every other month
Check aamesaaz.org for location information
Contact: Ken C.
HOST GROUP SCHEDULE
TBD

PI / CPC

(Public Information and Cooperation with the Professional Community)
THE EVI PUBLIC INFORMATION (PI/CPC) COMMITTEE INVITES YOU TO BECOME A "MEMBER" OR A "FRIEND"
1st Mondays at 7pm.
1855 E Southern Ave #103 (EVI Office)
Zoom ID: 984 4383 7353 Passcode: 061035
480 827-1905 or email picpc@aamesaaz.org
aamesaaz.org

UNITY COMMITTEE NEW MEETING INFO!
Meets at 2pm last Thursday of odd months via Zoom. Contact Sally C. for log in info. 602-578-0238
or desertmarketingaz@gmail.com.

EVI Special Events Committee
Meeting held before the Monthly Speaker Meeting
1st Friday of the month
2222 S Price Rd. Tempe
contact: 480 827-1905

Office Volunteers & EVI Hot Line Phones
4 hour shifts in the EVI office
Text Ula for specific times and days.
480 235-8301
*** Fill~in and Regular Shifts Available ***

EVI Monthly Speaker Meeting
1st Friday of Every Month
(Church of the Epiphany) 2222 S Price Rd. Tempe
Doors open at 6:30 pm
Dates Change so Keep Watching.

Central Office Manager's July 2026 Report
August 21, 2026

In July we received 232 requests for information and assistance! Of those, 48 were for meeting info, 88 were office visitors, and 6 resulted in 12-step calls. The remaining were a mixture of miscellaneous calls and visits.

Per our Policies and Procedures Manual, East Valley Intergroup helps AA groups provide vital services through the work of volunteers, committees, and a paid office manager. With the office manager position changing from full time to part time, that leaves more room for volunteers and committees to fill the needs of our community. Our committees are alive and well! We are so blessed to have so many volunteers dedicated to serving our Fellowship through these committees! Meanwhile, we are seeing the transition of volunteers filling more of that space, and are working towards a much greater movement in that direction. We have several new office phone volunteers, and I am getting lots of feedback from people about announcements being made at their groups about volunteers being needed. Thank you, everyone who is making these announcements and for getting the word out there. We still need volunteers who are willing to be on a call list for filling in shifts occasionally when someone can't cover their shift. That would involve coming in to the office to be trained, and then coming in when needed now and then.

Part of my duties as Office Manager is overseeing our technology, including maintaining security, backups, and password management in addition to ensuring effective document storage and communication systems. My duties include managing office equipment including phones, computers, printers, etc. This must come to the forefront as soon as possible! We have discovered that both computers, as well as the credit card machine and our Quickbooks software are outdated and not able to receive updates (some of them security updates) as well as having other issues that come with being outdated. In addition, our office printer was not functioning so we have replaced that printer. We are not able to use it yet however because of the computer being out of date and not able to support the printer. My phone in the office only works part of the time, potentially having to do with the fact that our provider for internet and phone lines is overdue for updating our wiring. The really good news is that with our budget for Office Manager pay being cut we are in a position to replace the items that need to be replaced so that we can operate much more smoothly and safely going forward. Obviously, you will be hearing more about this as we go through the processes required to make these necessary improvements.

This is your Office! Come in and have a cold water, a treat, enjoy our archives, and become familiar!

Discuss with your group all the service opportunities that are available through your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers dedicated to carrying the message.

In the spirit of Tradition Eight, Love and Service
Rita Crawford
Part Time Central Office Manager

EVI CENTRAL OFFICE ACTIVITY

	July	2026
Meeting Information Calls	48	353
General Information	57	429
Referred to Salt River Intergroup	1	6
Referred to Al-Anon	1	9
12th Step Calls	6	41
Business Calls	31	185
Office Visitors	88	595
Meeting lists printed	80	1500
Info request via E-mail	24	252
Desk Volunteers-Reg/Sub/None		40/12/2

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out!

New Meetings:

Out of Insanity Queen Creek Mtg House Tues 5:30

We Agnostics Mesa 7550 E Adobe St Mesa 7 pm

Fallen Women Step Study Pigeon Coop 4415 S Rural Rd Tempe Sat 1:30

Changes:

Step Sisters Tues Mesa New time is 7 pm

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407
James A Farley Station
New York, NY 10116-2407

General Service Office - correspondence
PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer
3661 N Campbell Ave. #605
Tucson Az 85719
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820 *NEW 2025-01*
PO Box 112
Apache Junction, AZ 85117

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Vwhi.org

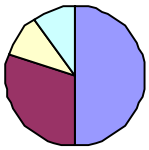
GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup

Reprinted with permission from A.A. World Services, from the pamphlet Self Support.



GROUP CONTRIBUTIONS August 2026

Group Name	August	YTD TOTAL	Group Name	August	YTD TOTAL
A Vision For You Group - Ahwatukee		$ 307.00	New Spirit Group		$ 433.55
A Vision For You Group -QC	$ 240.00	$ 320.00	No Name Group		$ 100.00
Ahwatukee Group		$ 94.74	Opportunity Knocks	$ 50.00	$ 250.00
Ahwatukee Nooners		$ 145.00	Over The Influence		$ 200.00
Ahwatukee Saturday Men's		$ 1,201.53	Page A Day Group		$ 2,197.02
Ahwatukee Women's Group		$ 343.01	Path Less Traveled		$ 900.00
Arbor Daily Noon Group	$ 200.00	$ 1,600.00	Patio Group		$ 711.70
Arbor Rain or Shine		$ 57.00	Pioneer Group		$ 64.00
As Bill See's It - QC		$ 778.78	Primary Purpose Group		$ 111.00
Attitude Adjustment CG		$ 135.00	Progress Rather Than Perfection	$ 150.00	$ 150.00
Attitude of Gratitude		$ 160.00	Province Group		$ 250.00
Basic II		$ 600.00	Renewed Spirit		$ 208.62
Bloopers	$ 75.00	$ 600.00	Rising Spirit		$ 550.00
Bottom of the Bottle	$ 395.00	$ 468.50	Road to Recovery	$ 251.76	$ 1,021.76
Busted Ego		$ 300.00	Roads to Hope	$ 50.00	$ 50.00
Chandler Men's Stag Group		$ 400.00	Rock Solid	$ 120.00	$ 977.35
Chandler Noon Group	$ 104.00	$ 1,148.00	San Tan Men's		$ 195.00
Chandler Women's BB Group		$ 480.45	Second Chance Group		$ 785.00
Chant 2	$ 107.89	$ 270.19	Serious Over Sobriety		$ 251.08
Common Thread		$ 1,116.99	Skyline Rain or Shine		$ 294.00
Courage To Change		$ 1,168.00	Sobriety is Gold	$ 88.00	$ 401.00
Desperation Group	$ 50.00	$ 100.00	Sobriety Rocks		$ 325.64
East Phoenix Men's		$ 400.00	Some Are Sicker Than Others	$ 50.00	$ 400.00
East Valley Men's Stag	$ 248.39	$ 628.29	Southeast Valley Stag	$ 37.50	$ 300.06
East Valley Veterans		$ 250.00	Step By Step	$ 30.00	$ 90.00
Easy Does It	$ 150.00	$ 1,448.00	Steppers	$ 60.00	$ 120.00
Family Recovery		$ 200.00	Stepping Stones		$ 575.00
Feelings & Solutions		$ 315.00	Sunday Afternoon Step		$ 60.00
Fill In The Blank		$ 550.00	Sun Lakes Women's Serenity Seekers		$ 545.00
Firehouse Meeting		$ 549.47	Sunset Group		$ 100.00
Florence Group	$ 50.00	$ 90.00	Superstition Sunrise		$ 175.00
Get It Together	$ 207.56	$ 1,650.10	Tempe Group		$ 155.00
Gilbert BB Step Study		$ 170.00	Tempe Nooners	$ 60.00	$ 880.00
Gilbert Group		$ 985.68	Tempe Sunrisers		$ 500.00
Good Ol' Back To Basics		$ 312.00	The Real Thing		$ 137.00
Grateful Girlfriends		$ 255.50	The Way Out Group	$ 150.00	$ 345.00
Great Start		$ 900.00	Tuesday Nite Steppin' Out		$ 125.00
Happy Hour @ Sunbird		$ 400.00	Tumbleweeds Group		$ 314.50
Hope for Today		$ 268.50	Upon Awakening		$ 1,050.00
Kitchen Table Group		$ 250.00	We Ain't Dead Yet		$ 273.30
Last Resort		$ 30.00	Wolfpack Group		$ 500.00
Life In The Big Book		$ 490.20	Women In Gratitude		$ 150.00
Lost and Found		$ 470.00	*Anonymous Groups		$ 920.20
Meal and a Message	$ 1,000.00	$ 1,000.00	**GROUP TOTALS**	**$ 4,355.30**	**$ 43,699.83**
Monday Night Madness		$ 168.00	Individual Contributions	$ 501.00	$ 3,335.35
Name In The Hat		$ 890.00	**GRAND TOTALS**	**$ 4,856.30**	**$ 47,035.18**



"Sorry buddy, we don't serve spirits here...!"

"When I am willing to do the right thing, I am rewarded with an inner peace no amount of liquor could ever provide. When I am unwilling to do the right thing, I become restless, irritable, and discontent. It is always my choice."

From AA Big Book, Personal Stories, "My Chance to Live" p. 317

BALANCE SHEET
July 2026

Assets	
Current Asset	
Checking	25,511.44
Prudent Reserve (Savings)	39,630.19
Accounts Receivable	2,395.70
Inventory Asset	22,526.90
Undeposited Funds	2,706.13
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	**$92,752.41**
Liabilities & Equity	
Liabilities	
Accounts Payable	6,432.20
Visa Credit Card	1600.74
Payroll taxes	1179.80
Total Liabilities	**$9,212.74**
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	26,443.21
Net Income	13,317.52
Total Equity	**$80,537.22**
Total Liability & Equity	**$92,752.41**

PROFIT $ LOSS STATEMENT
July 2026

38 Group contributions totaling	**$6,660.40**
11 Individual contributions totaling	**621.00**
Intergroup Business Meeting & Service Committee's 7th Tradition	
Total Contributions	$**7,281.40**
Total Income	**$ 11,771.58**
Less total Cost Of Goods Sold	**$3,062.19**
Gross Profit	**$8,709.39**
Less total Expenses of	**$9,054.87**
Net April Income	**$-345.48**
YTD 2026 Income	**$13,317.52**

The current Prudent Reserve balance is $39,630.19

The Prudent Reserve has been established for 2026 in the range of $40,250.73 - $48,300.87

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Alex B. EVI Treasurer
480 250-0000

Sign Up to Become a
GRATEFUL GIVER

Join your fellows and pledge $10 or more each month
to support the East Valley Intergroup.

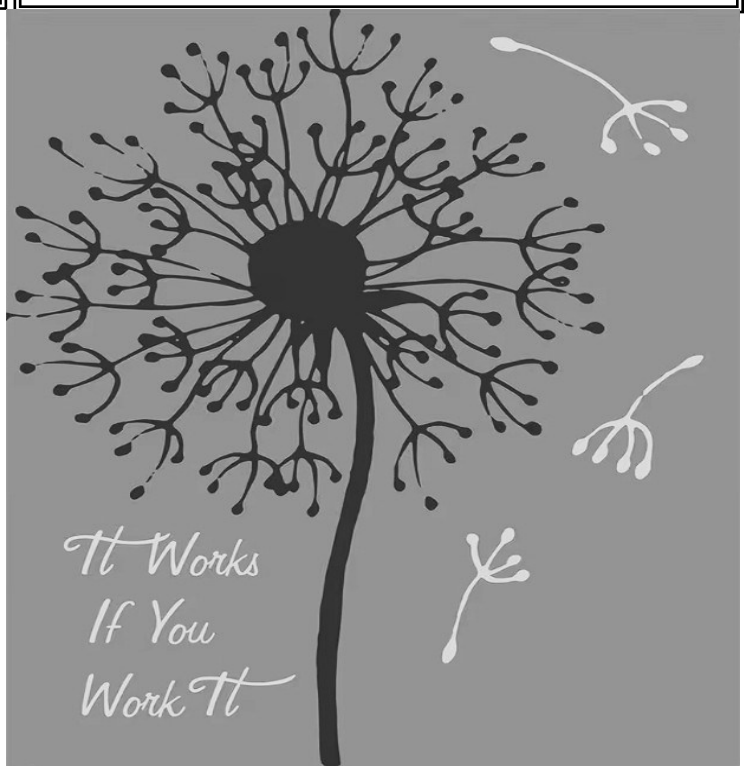
***Sign up online at aamesaaz.org**

***Choose a monthly pledge amount, $10 to $416 ($5000 annual maximum for members)**

***Paypal contributions are automatically withdrawn.**

***Set us up as an auto pay in your bank account.**

***All personal contributions are anonymous at the**



East Valley Intergroup Business Meeting Minutes
August 21st, 2026
Please note: Minutes have been abbreviated in several areas due to space limitations. Please see original Intergroup packet for complete text.
Rep Attendees In-Person (27)
Rep Attendees on Zoom (8)
*Welcome new reps: Denise- Maricopa Group, Jeff- S.O.S., Budda- Breakfast Club

1. Opening
Meeting opened by Chairperson Roxanne B. with the Serenity Prayer.
Hybrid meeting format confirmed.

2. Readings
The 12 Traditions were read by Cassie

3. Introductions & Attendance
New Intergroup Representatives and Trusted Servants introduced themselves verbally and via Zoom chat.
Welcome to the new Reps: Denise- Maricopa Group, Jeff- S.O.S, and Budda from the Breakfast Club
Total 35 voting members were counted (combined in-person and Zoom).

4. Officer Reports
Secretary- Kathryn K.
Kathryn absent due to family event.
Roxanne reported Secretary's report.
Matt motioned to approve secretary report, seconded by Buddha. Motion passed.
Treasurer – Alex B.
Presented full financial report including income, expenses, and trends.
Roxanne explained checking balance was temporarily elevated because of large literature and coin orders and credit card charges not yet reflected.
Gary motioned to approve Treasurer's Report, seconded by Joe. Motion passed.
Chairperson – Roxanne B.
Roxanne reported transition to a new job and explained that EVI office Manager position is now part-time so office response times may be longer.
Office Volunteer Coordinator and Al-Anon Liaison positions remained open.
Office volunteers are NEEDED!!
Vice Chair – Lucy W.
Attended Sub-district 819 and 818 where event flyers and EVI information was distributed.
Office Manager – Rita C.
Reported 232 requests for information and assistance during July. 48 requests for meeting information, 88 office visitors, and 6 contacts resulting in 12 step calls.
Both computers, credit card machine, and Quick books are outdated. Requests replacement plan going to Steering
Committee before being presented in Intergroup for approval.

5. Standing Committee Reports
The following summaries reflect key committee updates and actions:
Website (Dawn H.)
o See written report submitted.
o Restoration is underway with assistance from Carolyn in Nevada. Restoration proceeding within the previously approved budget.
o Online ticket sales and website posting of flyers/links were not yet available.
Office Volunteer Coordinator (OPEN) 5 Year Sobriety Requirement
o Roxanne presented
o Role continues to stay open, approximately two hours per week.
o Mondays 1-5pm volunteer opening is open in September from about six weeks.
PI/CPC (OPEN)
o Erica is acting alternative.
o Old Grapevine magazines are being collected for doctors' offices.
o A PI workshop is planned for November 21 st with organizing meetings beginning August 27th via zoom.
o Dawn is expected to assist with Holiday Facebook campaign once budget is finalized.
o Committee needs an alternate secretary.
Special Events (Andrea M.)
o Upcoming events: (All Flyers are attached to email)
Quarterly Breakfast – October 17th at 830 am. $10 tickets. (4 tickets remaining)
Sign up for November Alcathon, 4-hour shifts.
Golf Scramble September 19th at Dobson Ranch Golf Course. $60 per player, First Tee Time is 7:09am
(four of 13 team slots left)
September 19th Bill W Conscious Contact Film to be shown (FREE). Doors open at 1pm. Location is Love of Christ.
Opportunity Knocks will host September 4th First Friday Monthly Speaker Meeting.
EVI will NOT host a New Years Event this year.
Phones (Robin F.)
o July had 30 after hours shifts, including holidays, and all shifts were covered.
o New phone volunteers need at least one year of sobriety and can be trained at any time.
Unity (Sally) Tracy Sub for Sally
o Committee continues outreach to groups that do not have an EVI representative.
o Sally and Ulla attended Queen Creek Metting House quarterly business meeting on July 18 th .
o Committee met August 16th to plan additional outreach and move into its second/third-priority group lists.
o Additional volunteers are welcome to help visit meetings and promote EVI participation.
Sponsorship (Ken C.)
o Lates sponsorship workshop was hosted by the Ahwatukee Men's Group and has more than 20 attendees.
o Women's Groups are encouraged to host.
No Booze News (Tamara L.)
o No substantive No Booze News report is documented.
Literature (David)
o No substantive Literature Committee report is documented.

6. Liaison Reports
Key liaison updates included:
Al-Anon Liaison
o Position remains OPEN.
H&I (Nicholas S.)
o 90% of H&I funds go directly to confined AA members.
o Several facilities in Mesa, Glendale, Levine and Surprise were seeking AA meeting facilitators.
o Interested members were instructed to work through H&I ir Nichloas rather than approaching facilities independently.
o Most commitments are one year.
Spanish Liaison (Lauren W.)
o No substantive Spanish Liaison report is documented.
Subdistrict 08-820 (Julius)
o No substantive Liaison report is documented.
Subdistrict 08-818 / 08-819
o Lucy reported attending and distributing flyers and EVU information.

8. Old Business
Critical vacancies:
o Al-Anon Liaison open
o PI/CPC Chair open (Will be addressed in August)
o Office Volunteer Coordinator open
o Website rebuilding/restoration remains underway.
o Brandon withdrew from consideration for PI/CPC Chair.
o Mike presented qualifications was elected as the new PI/PCP Chair

9. New Business
Rita and Roxanne will develop the technology replacement proposal for Steering Committee review before seeking Intergroup Approval.

11. Announcements/Action Items
Roxanne will continue coordinating office Volunteer until a replacement coordinator is found and will advance proposal through Steering Committee.
Rita will continue office operations and volunteer training, develop the technology replacement plan, and finalize budget details for the PI/PCPO holiday campaign.
Dawn and Carolyn will continue website restoration, with Dawn expected to provide a final report next month.
Mike will assume PI/PCP Chair duties, help recruit an alternate secretary, and coordinate volunteers for the November 21 st PI Workshop.
Andrea will complete breakfast-ticket distribution, work to fill the four remaining Thanksgiving Alcathon slots, and continue distribution of upcoming event information.
Ken will continue the sponsorship workshop schedule and succession planning before the end of the term.
Nicholas will provide the detailed H&I facility-commitment list and remain the contact for interested volunteers.
Robin will train eligible new phone volunteers as referrals are received.
Apache Lake Campout November 6th -8th 2026.
EVI Golf Classic September 19th .
Quarterly Breakfast October 17th at 830am.
First Friday Speaker meeting for September 4th
Movie and Meditation September 19 th at 1pm.
Celebrated Scott G at 12 years, another member at 18 years and another member at 40 years.
13. Closing
Judy motioned to close, seconded by Gary and the meeting was closed.
Meeting closed with the Responsibility Statement: “When anyone, anywhere, reaches out for help, I want the hand of
A.A. always to be there. And for that: I am responsible.”

Tradition Ten

**Alcoholics Anonymous has no opinion on outside issues;
hence the AA name ought never be drawn into public controversy.**

1. Do I ever give the impression that there really is an "AA opinion" on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government?

2. Can I honestly share my own personal experience concerning any of those without giving the impression that I'm stating the "AA opinion"?

3. What in AA history gave rise to our Tenth Tradition?

4. What would AA be without this Tradition? Where would I be?

5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?

6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others





A guy walks into a bar.
The bartender says, "What can I get you?"
The guy says, "Actually, I've got a joke for you."
"No thanks," the bartender replies. "I heard your jokes are awful."
"But I haven't even told it yet!" the guy says.
The bartender looks at the guy, shrugs and says, "Yeah, well ...
I heard it through the Grapevine."

From Lia R., *Santa Rosa, Calif., AA Grapevine, February 2026*

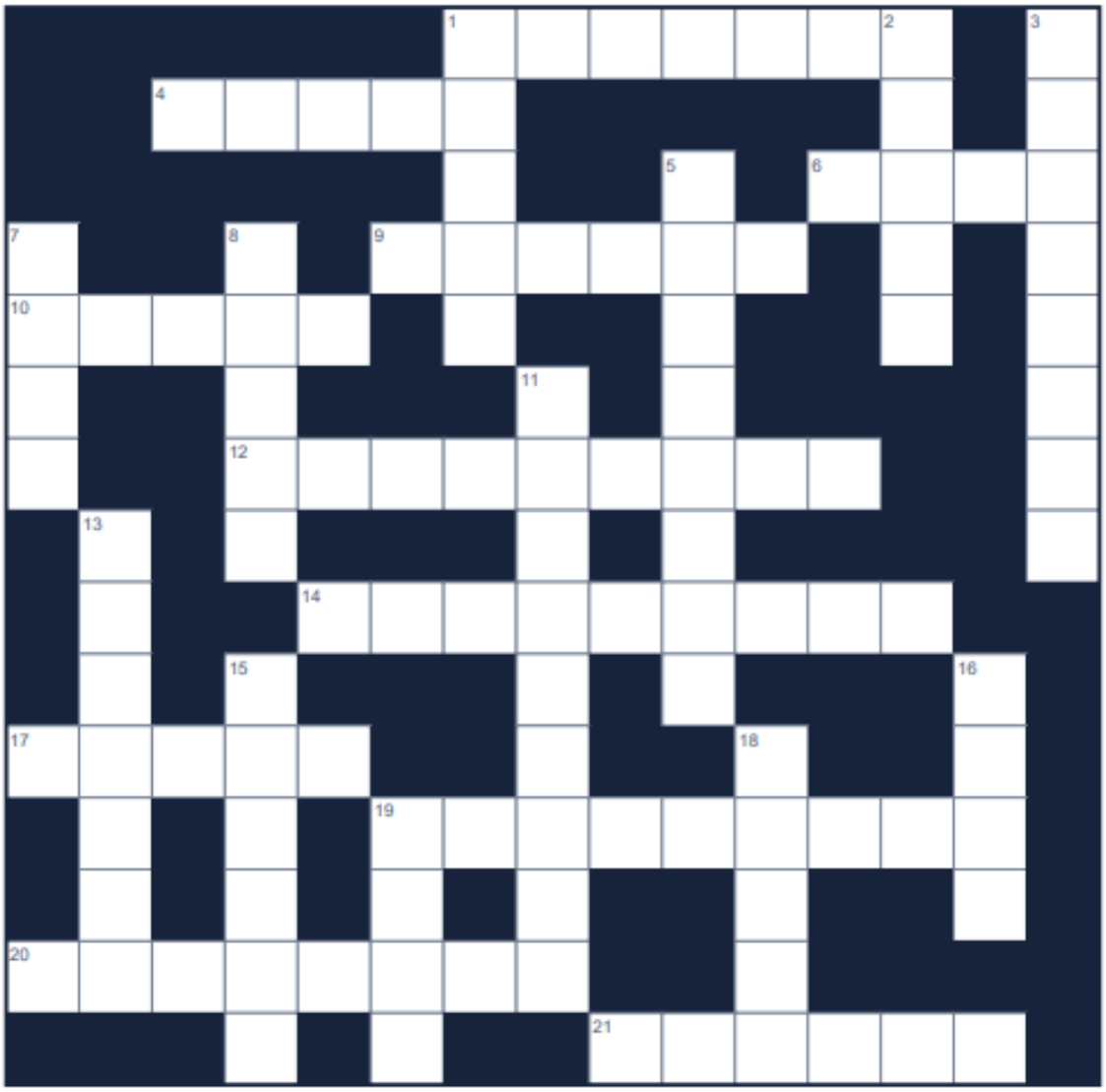


We here at The No Booze News would love to hear from you about your experience, strength and hope. Maybe something that's happened in your recovery or an experience that shows how the program is working in your life. It's an effective way to help other members who may be inspired by your story. Please include your name and phone number. We reserve the right to edit for content and/or clarity. Email your story to:

Rita—Office Manager —info@aamesaaz.org Tamara L.—No Booze News Editor, tamlinehan@gmail.com

“No Booze” Crossword

October 2026 Edition



ACROSS

1 Baffling, powerful — and this
4 What the program offers in place of fear
6 What the newcomer walks out with
9 To know the difference
10 Ohio city where it began in 1935
12 What Step Twelve promises as a result
14 Kind of experience described in Appendix II
17 Co-founder alongside Bill W.
19 ___ and fearless (Step Four)
20 God grant me the ___
21 Made direct, except when doing so would injure

DOWN

1 Runs the meeting — or what you set out beforehand
2 Two or more alcoholics gathered together
3 Read aloud to open most meetings
5 What the chips are counting
7 Hungry, angry, lonely, tired
8 Kind of inventory taken in Step Four
11 Member who unlocks the door and reads the format
13 To change the things I can
15 Fuel of the church basement
16 Big Book unit cited by number
18 What you do when the room comes around to you
19 A brief return to drinking

(Answers at bottom of page 14)

With the Holidays fast approaching, here are some helpful tips for continued sobriety!

1. Line up extra AA activities (help on the phones, speak, empty the ashtrays).
2. Be host to friends, especially newcomers, at home or at a coffee shop.
3. Keep your AA telephone list with you at all times.
4. Find out about holiday meetings or celebrations in your local groups.
5. Skip any drinking occasions you're nervous about.
6. If there's one you can't skip, take an AA friend--or keep candy handy.
7. Don't think you have to stay late (plan an "important date" in advance).
8. Go to church. Any church. And don't forget about extra meetings.
9. Don't sit around brooding; catch up on reading, museums, walks, letters.
10. Don't project about holiday temptations: remember "One day at a time."
11. Even if you cannot give material gifts, enjoy the beauty of holiday love.
12. Carry the message. Give the joy away, and it will be yours to keep.

From the AA Grapevine, 12 Tips for Sober Holidays, December 1989

Answers to 'No Booze' Crossword, pg. 13

ACROSS

1 CUNNING
4 FAITH
6 HOPE
9 WISDOM
10 AKRON
12 AWAKENING
14 SPIRITUAL
17 DRBOB
19 SEARCHING
20 SERENITY
21 AMENDS

DOWN

1 CHAIR
2 GROUP
3 PREAMBLE
5 SOBRIETY
7 HALT
8 MORAL
11 SECRETARY
13 COURAGE
15 COFFEE
16 PAGE
18 SHARE
19 SLIP

QUARTERLY

Breakfast & Speaker Meeting

JOIN US FOR FOOD, FUN, AND FELLOWSHIP



SATURDAY
OCT.17, 2026

TWO SPEAKERS FROM
THE EAST VALLEY

8:30AM - BREAKFAST
930AM- SPEAKER MEETING

$10 TICKET
ALL YOU CAN EAT PANCAKES AND SAUSAGE
ALSO INCLUDES COFFEE, OJ, FRUIT, AND YOGURT

SEE YOUR EVI GROUP REP FOR TICKETS!

AA UNITY DAY

Variety Show

RECOVERY • UNITY • SERVICE

A celebration of talent, hope and recovery in our community.



SINGERS • MUSICIANS • COMEDIANS • DANCERS • AND MORE!

SUNDAY
OCTOBER 11, 2026

CHANDLER COMMUNITY CENTER
125 E. Commonwealth Ave.
Chandler, AZ 85225

DINNER
5:00 PM

VARIETY SHOW
5:30 PM

WATER / SOFT DRINKS | COFFEE & DESSERT | FREE PARKING

$20 PER TICKET
please note: no tickets sold at event

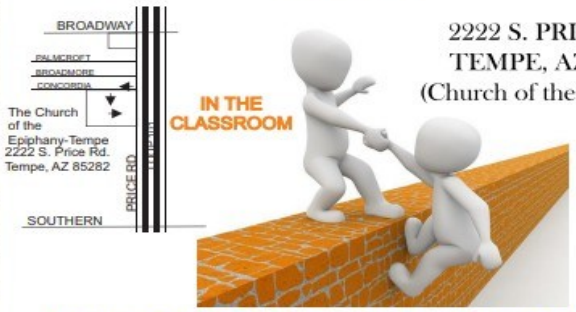
FOR TICKETS:
Eddie C
eddiec800@gmail.com
602-677-8796

TO APPLY TO PERFORM:
Jim F
jdfariz@gmail.com

East Valley Intergroup's Sponsorship Workshop

OCTOBER 3, 2026 at 10:00am

PRIMARY PURPOSE GROUP



2222 S. PRICE RD.
TEMPE, AZ 85285
(Church of the Epiphany)

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Workshop format: Enjoy the panel of fellow AA members share their experience, strength and hop on the challenges and rewards of sponsorship. Then have your answered during the interactive Q & A portion.

Refreshments are provided at this free event. For questions or to sign up your group, please call or text Ken @480-242-8160.

EVI INVITES YOU

Thanksgiving Alcathon

Starts Wednesday, Nov. 25th at 12PM
Ends Friday, Nov. 27th at 12PM

Meetings on the odd hours.

Fellowship • Gratitude • Service
Coffee • Food
• Traditions Play at 7PM on
Thursday,Nov.26th • All Welcome

Church of the Epiphany
2222 South Price Rd, Tempe, AZ , 85282

Questions? email Special Events at evispecialevents@gmail.com



EVI Special Announcement!

Someone has stepped up to relieve Roxanne of her Volunteer Coordinator Duties!!!!!

Thank you and WELCOME ULA!!!

Ula's contact info is 480 235-8301

Please text.

Now, for the warmest THANK YOU to Roxanne for your years of dedicated Service to our committee!

You have been a super dedicated Servant, and we appreciate you!!



Public Information and Cooperating with the Professional Community (PI/CPC)

WORKSHOP

Hosted by Area 3 PI/CPC

"Carrying the Message - Building Awareness of AA through Attraction, Service and Anonymity"

Saturday, November 21st	8:00am – 11am	Church of the Epiphany 2222 S Price Rd, Tempe

Come learn and share about...

- The purpose of AA PI/CPC services
- Applying AA Traditions when conducting public outreach
- Delivering an effective AA informational presentation
- Collaborating with professionals and community organizations
- Protecting anonymity while using traditional and digital media
- Developing a local PI action plan for your district or group

Volunteers Needed!

Contact PI@area03.org CPC@area03.org for more information