

2026



East Valley Intergroup, Inc.
1855 E Southern, Suite 103
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480-834-9033
info@aamesaaz.org
www.aamesaaz.org

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Scan QR w/ phone

aamesaaz.org/contact/

NO BOOZE NEWS

My First Sober Thanksgiving

Gosh, what an accomplishment! After 20 years of nightly drinking, after years watching my personal life go into the toilet, I somehow managed to stop drinking by going to AA meetings and actually listening to suggestions!

I was just seven months sober, but facing what I thought was going to be an insurmountable obstacle. Not drinking on Thanksgiving! That idea seemed totally out of the question. I had never had a sober Thanksgiving in my entire adult life.

A great holiday dinner without wine? What? Attending the Thanksgiving Day Parade without a few drinks on a super cold day? Being in the house with all my relatives all day without a buzz? No way! These things were impossible for me to even imagine.

Luckily, an oldtimer—someone who had gone through this holiday dilemma many times before—gave me a suggestion which would not only get me through another day sober, but would change my sobriety forever. "Why don't you go to an AA meeting that day?" he said.

An AA meeting? On Thanksgiving Day? That's the craziest idea I had ever heard. "Yes, our home group, the Port Washington Group, has an all-day AA meeting on that day," he said. "Many meetings do this on holidays. There's an AA meeting every hour on the hour, until late at night. Not only are there meetings, but great food as well. Everyone brings food in from their own family celebrations too. You can even volunteer to help set up, clean up and serve the goodies. You might even chair one of the meetings or just come by and enjoy a cup of coffee—on us." By the look on his face, this oldtimer seemed to know something that I couldn't get just yet.

So that Thanksgiving, right in the middle of the day, just when I needed a break from my family, I moseyed over to the Port Washington Group's Thanksgiving Day celebration.

I'll be honest, I was nervous. Who would be there? A handful of losers? Well, I sure got a shock when I entered. The room was packed. Many of my familiar AA home group members were there, laughing and enjoying themselves. And they were serving tons of great food. Members marched in the whole time proudly adding their own special culinary contributions from home. Soon everyone got quiet. An AA meeting was starting!

Even with all my many personal problems swirling in my mind that moment, I stopped for a minute and looked around the church basement. I saw members who didn't have any family to be with that day. AA was their family. I watched them enjoy each other's company. I saw alcoholics who really needed a holiday meal. They got to eat and take part in the fellowship. There were fellow newcomers like me there who didn't want to drink, getting to spend the day in a safe place. Instead of a bar, or a jail, or an ER, or alone at home, we were all enjoying food and feeling welcome.

Suddenly my problems got so much less important. My gratitude got so much larger. My desire to reach out and help another alcoholic forever changed that day. I realized that my life wasn't so bad after all. I got to pitch in and help provide a safe, sober oasis of hope, love and support for other alcoholics who needed it. And I had a safe, sober place too.

I hope y'all have a blessed, sober Thanksgiving this year. It's a great time to reach out to others and be thankful for all our blessings.

From Definitely Steve, Nashville, Tennessee. AA Grapevine, November 2023



About twenty-four years ago, I went to my first AA meeting. I was an angry single mother who drank daily. At first, I was astounded by how much you knew about me--you seemed to tell my story every time you spoke. I was overjoyed when I realized that, with your help, I could live a life without alcohol.

But that pink cloud attitude slowly changed to one of discontent. I began to see many differences between you and me. You were mostly men who smoked and could go to meetings whenever it pleased you. I hated the smoke, didn't particularly like men, and had two small children to care for, in addition to a full-time job. Not only did I drink again, but I raged at my poor children and withdrew from those who could help me. It was back to loneliness and despair for all of us.

Today, although it has been many years since my last drink, it has not been so many years from my times of despair. One of my dear children was killed in a car accident, and the other went on to a life of his own. It is easy for me to feel lonely and to fall into thinking, You are different from me and cannot offer me what I need. I find it easy to forget that I am not the one in charge of my life. It is also easy to forget that I am much happier when I "let go and let God."

Today, the difference between the last time I relied on alcohol and now is that I know how to use the tools I learned from practicing the Twelve Steps. When I don't feel willing or able to "let go and let God," I know of some things that will give me encouragement:

1. Listening with my heart. When I listen with my heart at meetings, I hear the human condition of suffering, attachment, love, and longing. I also hear the human solution of love and acceptance. I hear that we are only human and that when we identify our limitations, we also identify the need and possibility of the divine and the reliance upon God.

When I listen with my heart, I can hear the peace of mind that soothes the sorrowful. They speak of the love they feel when they rely on a power greater than themselves and how much enjoyment they have in their lives when they remember that they do not have the final word.

2. Using what I have learned (so far) from practicing Step Eleven. I pay attention to the rise and fall of my belly while I breathe, in and out--and, as a thought intrudes, I gently push it away, tell it "later," and then I go back to that rise and fall of my belly. Remember how we delayed taking that first drink? Today, I can delay taking that thought (or that thought taking me).

3. Praying to my creator for help, over and over, almost chanting, until I feel the firm, loving arm of his compassion on my shoulder.

4. Writing--releasing thoughts from my mind onto paper or the computer and letting them swirl around outside of me.

5. Listing resentments and following the simple Big Book format of looking at and diffusing these resentments.

6. Listing fears, because I seem to always have fears, and asking myself (as the Big Book suggests), Why do I have these fears? Is it from relying on my own finite power? Can I see my way to trusting these fears to God and asking to be directed as to who I should be and not what I should do?

7. Working with someone else. I try to remember that if I am afraid, someone else is too. If I am lonely, then so is another alcoholic. I can help by reminding others of the tools available to us. I can reach out--on the phone or in meetings. I can break my icy wall of self-will by connecting with love and dispelling confusion and loneliness.

8. Having gratitude. I use that old gratitude list trick that we seize upon as newcomers and may forget as the fear of the first drink fades. By the end of each gratitude list, I feel a renewed reliance on my creator.

9. Finally, trying to remember that although I may be unique, I am not so different, after all. I am remembering this right now as my words reach you.

From Anonymous, CA. AA Grapevine, November 2007

Doing the Best That I Can

When I was young, I drank like all the other teens. Unfortunately, I got very ill. As a respite, I took a yoga class and later moved into a yoga community where drinking alcohol was forbidden.

During that long period of sobriety in my 20s, I learned how to meditate. And because I practiced yoga, I meditated every day for about seven years. When I turned 30, I left that yoga community and started drinking again. At first, I stuck to wine at dinner. Progression of the disease took root, and within a few years, I was drinking before, during and after dinner almost every night. It took 21 years for me to be defeated by alcohol and to make the desperate decision to come to AA.

Once in AA, I worked the Steps to the best of my ability. When I got to Step Eleven, I thought starting a meditation practice again would be easy. It wasn't. I could barely sit still for five minutes at a time, forget about focus this "monkey mind" of mine.

I turned to the AA literature for solace. I found I could read for about 15 minutes as a prayer and meditation time. I never shared about Step Eleven in meetings because I knew I wasn't actually meditating. After four years of sobriety, I had a two-night relapse. That got my attention. I decided to make a better effort at all the Steps this time around.

In 2011, I rented the basement of a friend's house. To my delight, I discovered that the others in the house meditated daily, and so I joined in. I kept my meditation time to 15 minutes. Some days I felt more successful than others, but I kept at it. I soon started sharing during discussions of Step Eleven at my AA meetings.

With five years of continuous sobriety, I moved to Florida and started attending a unique church in Cassadaga, Florida. Guess what? One of the basic practices there was meditation, except their teachers suggested 20 to 30 minutes of meditation a day. So I expanded my meditation time and, wow, I flew. Not literally, but I felt more expanded and uplifted than ever. I figured I'd reached the pinnacle of meditation, the desired result, so to speak. That lasted about five years.

Recently I have felt challenged to keep up my daily meditation time. Life intruded, activities crowded my mind, sponsees needed attention and I wasn't inwardly flying anymore. Meditation reached a dull sameness, and I felt earthbound. I've asked others about their meditation practice and found daily meditation is difficult for most of us.

But I have not given up. I set an alarm and sit down in the same chair every morning for as long as I can—30 minutes on good days. If nothing else, I talk to my Higher Power and pray to be of use that day. And I'm OK with that. More will be revealed. I don't know when, but I'm willing to learn and that's the best thing AA teaches me.

If I am honest, open-minded and willing all will be revealed—in God's time.

From LC, Deland, CA. AA Grapevine, November 2025

Step Eleven

"...the other Steps can keep most of us sober and somehow functioning. But Step Eleven can keep us growing..."

— The Language of the Heart, page 240



ROUNDUPS, CAMPOUTS AND CONFERENCES

APACHE LAKE CAMPOUT
November 6th-8th
Registration open now!
Info and registration at
TRAILTOSERENITY.ORG

EVI Special Event
Thanksgiving Alcathon

Wednesday, Nov 25th 12 pm to Friday, Nov 27th 12pm
Meetings held on the odd hours

Traditions play on Thanksgiving
Thursday the 26th @ 7pm

Church of the Epiphany
2222 S Price Rd. Tempe, AZ

East Valley Sponsorship Workshop
Saturday, December 10th @ 10am
Page A Day Group

To sign up-
Contact Ken @ 480-242-8160

Church of the Epiphany
2222 S Price Rd.
Tempe, AZ

FIRST FRIDAY MONTHLY SPEAKER MEETING
EXPERIENCE.STRENGTH.HOPE

Hosted by a different East Valley group each month
From 7 PM—8:30 PM!

Church of the Epiphany
2222 S Price Rd.
Tempe, AZ

Secular AA Phoenix 2026
(ICSAA Phoenix 2026)

Many Paths of Recovery — ICSAA PHOENIX 2026 — International Conference of Secular AA — November 13-15, 2026

MORE INFORMATION

With Al-Anon Participation

JOIN US NOVEMBER 13-15, 2026

At the Hilton Phoenix Resort at the Peak

Friday, November 6th

Host Group: Page-A-Day

Friday, December 4th

Host Group: Good Orderly Direction

Food @ 7pm, Meeting starts @ 730pm

Please join us!!
Potluck & Speaker Meeting
Path Less Traveled Group

6:15 Potluck & 7pm-8 pm Speaker

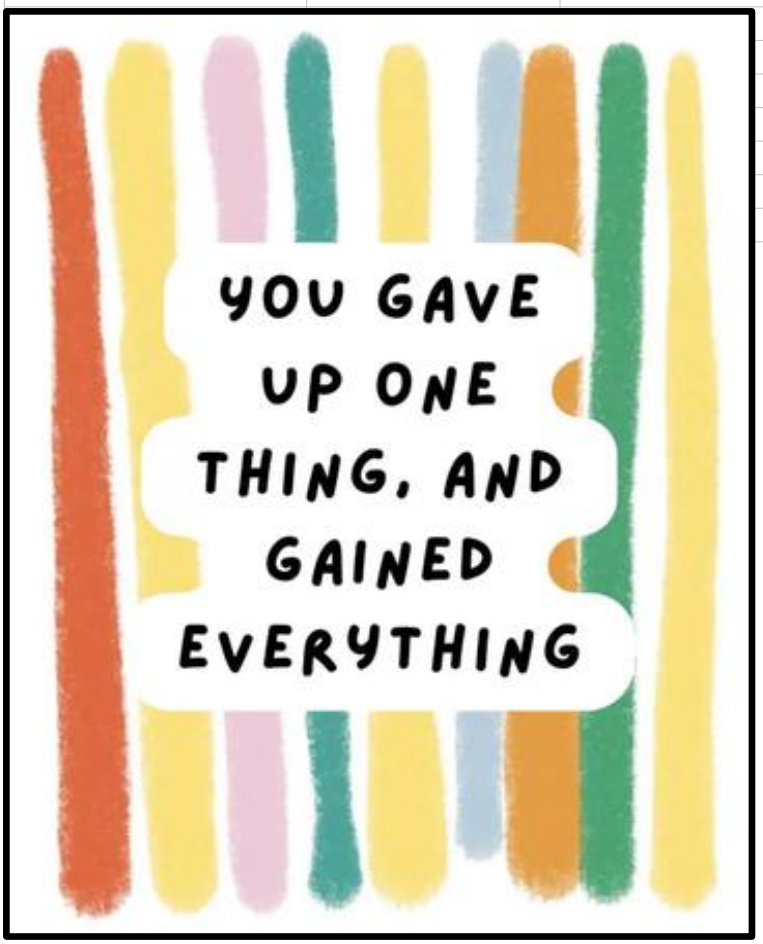
San Tan Valley Veterans Center
5764 East Hunt Highway
Last Friday Every Month

Remember to
Check out Event Flyers
listed at the Back of this
Publication!

Sober Anniversaries November 2026

Name	Date	Days
Laure K.	11/06/82	16062
Tom E.	11/19/82	16049
John H.	11/11/83	15692
Terry S.	11/22/84	15315
Richard W.	11/22/85	14950
Roxanne B.	11/08/86	14599
Vance C.	11/09/87	14233
Candace R.	11/17/89	13494
Pepe M.	11/01/90	13145
Patty W.	11/20/91	12761
Bob C.	11/01/93	12049
Gordon G.	11/07/93	12043
Donna F.	11/11/94	11674
Vicki B.	11/29/95	11291
Rose M.	11/01/96	10953
Ed B.	11/10/01	9118

Name	Date	Days
Jim N.	11/17/01	9111
Melissa H.	11/01/02	8762
Patricia B.	11/01/03	8397
Jennifer M.	11/26/05	7641
Maggie S.	11/29/05	7638
Tara E.	11/11/06	7291
Don S.	11/26/06	7276
Kristina M.	11/10/07	6927
Dawn H.	11/18/07	6919
Meredith J.	11/09/08	6562
Cristy F.	11/06/09	6200
Aaron B.	11/27/09	6179
Peter U.	11/11/12	5099
Michael R.	11/25/20	2163
Diana B.	11/09/21	1814
David I.	11/16/22	1442
Chris D.	11/24/23	1069



Step Eleven- Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition Eleven- Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Concept Eleven- The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



"Our Twelfth Step – carrying the message – is the basic service that AA's Fellowship gives; this is our principal aim and the main reason for our existence…. We must carry the message, else we ourselves can wither and those who haven't been given the truth will die." [Bill W, July 1955; Language of the Heart, p. 160.]

Does your Home Group Have an Intergroup Representative?

The East Valley Intergroup and Steering Committees strongly encourage all groups to elect an Intergroup Representative to attend the monthly Intergroup meetings and help make decisions that will help the groups carry the message to the alcoholics in our community who still suffer.

EVI Phone Workshop
Third Friday's at 6:15 pm
Before the monthly business meeting
On ZOOM aamesaaz.org
Or
Workshops can be done at your Group !
For more information Contact
Robin –602-465-0916

EVI Sponsorship Workshop

10am the 1st Saturday of every other month
Check aamesaaz.org for location information
Contact: Ken C.
HOST GROUP SCHEDULE
TBD

PI / CPC

(Public Information and Cooperation with the Professional Community)
THE EVI PUBLIC INFORMATION (PI/CPC) COMMITTEE INVITES YOU TO BECOME A "MEMBER" OR A "FRIEND"
1st Mondays at 7pm.
1855 E Southern Ave #103 (EVI Office)
Zoom ID: 984 4383 7353 Passcode: 061035
480 827-1905 or email picpc@aamesaaz.org
aamesaaz.org

UNITY COMMITTEE NEW MEETING INFO!

Meets at 2pm last Thursday of odd months via Zoom. Contact Sally C. for log in info. 602-578-0238
or desertmarketingaz@gmail.com.

EVI Special Events Committee

Meeting held before the
Monthly Speaker Meeting
1st Friday of the month
2222 S Price Rd. Tempe
contact: 480 827-1905

Office Volunteers &
EVI Hot Line Phones
4 hour shifts in the EVI office
Please text Ula for specific
times and days.
480-235-8301
***** Fill~in and Regular Shifts Available *****

EVI Monthly Speaker Meeting
1st Friday of Every Month
(Church of the Epiphany) 2222 S Price Rd. Tempe
Doors open at 6:30 pm
Dates Change so Keep Watching.

Central Office Manager's September 2026 Report
October 16, 2026

September has been as exciting month in your local East Valley Intergroup office. Our foot traffic is up, 12th Step calls are alive and well, and a number of members are becoming newly acquainted with the office. We had a total of 246 call & visits with 6 being 12th Step calls, and 111 visitors. I would venture to add that these are the numbers that were remembered to be written down. We have all been known to forget to mark one down now and then.
The brainstorming, networking, and conversations that are vital to coming up with a system to operate successfully with a part time manager should start calming down in the next couple of months although new systems take some additional time as well once we get them into place. I encourage you to let me know if you are aware of anything that seems to have fallen through the cracks.
I will be attending the Annual Intergroup and Central Offices Seminar in San Antonio on November 5th through 8th. I'm very encouraged to be able to solidify some of the relationships with Managers I've met through our weekly Zoom Managers' meeting. It's exciting to be able to learn from those Managers from around the country and Canada about what works and what doesn't in their respective areas, how our 12 Traditions apply in so many situations, and many other Intergroup and Central Office experiences.
I'd like to give a SHOUT OUT to our No Booze News Editor, Tamara! She came into the office to help with the October issues, and through the process of being here to help she designed a process to GREATLY improve our production process! We had much fun celebrating this advancement. Thank you Tamara!!
This is your Office! Come in and have a cold water, a treat, enjoy our archives, and become familiar!
Discuss with your group all the service opportunities that are available through your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers dedicated to carrying the message.

In the spirit of Tradition Eight, Love and Service

Rita C.
Part Time Central Office Manager
East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

September 2026		
Meeting Information Calls	45	398
General Information	57	474
Referred to Salt River Intergroup	6	12
Referred to Al-Anon	0	10
12th Step Calls	5	46
Business Calls	31	216
Office Visitors	111	706
Meeting lists printed	80	1500
Info request via E-mail	24	252

Desk Volunteers-Reg/Sub/None.
40/12/0

Our website (aamesaaz.org) is being updated weekly. Check it out!

New Meetings:

Out of Insanity Queen Creek Mtg House Tues 5:30

We Agnostics Mesa 7550 E Adobe St Mesa 7 pm

Fallen Women Step Study Pigeon Coop 4415 S Rural Rd Tempe Sat 1:30

Changes:

Step Sisters Tues Mesa New time is 7 pm

Easy Does It Sat Noon Meeting is now a Men's Meeting

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407
James A Farley Station
New York, NY 10116-2407 District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060
Vwhi.org

GSO Example of Group Contributions to A.A. Service Entities
Distribution of funds from groups that support four service entities
10% to District 10% to Area
30% to GSO 50% to Intergroup

*Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

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District 08-819
PO Box 594
Mesa, AZ 85211

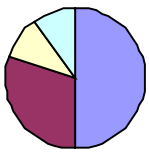
District 08-820 *NEW 2025-01*
PO Box 112
Apache Junction, AZ 85117

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060
Vwhi.

General Service Office - correspondence
PO Box 459, Grand Central Station
New York, NY 10163



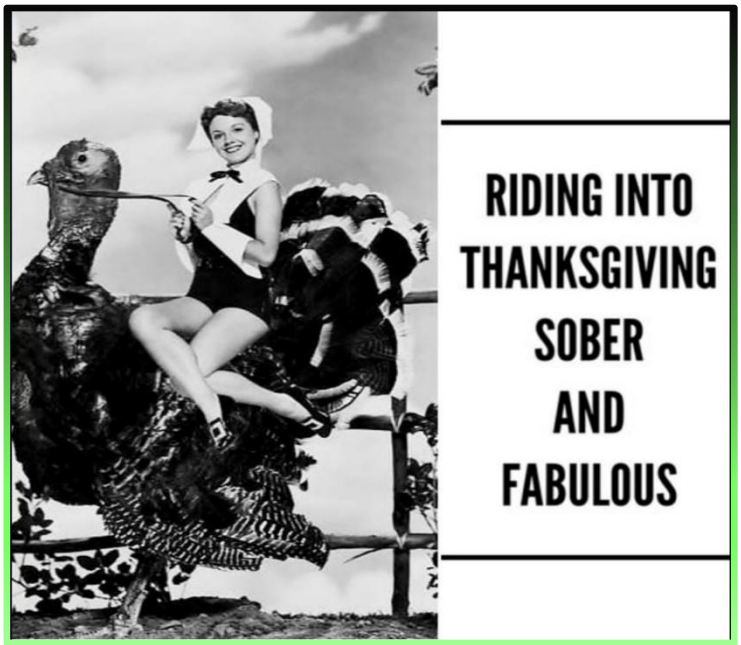
Area 03 Treasurer
3661 N Campbell Ave. #605
Tucson Az 85719

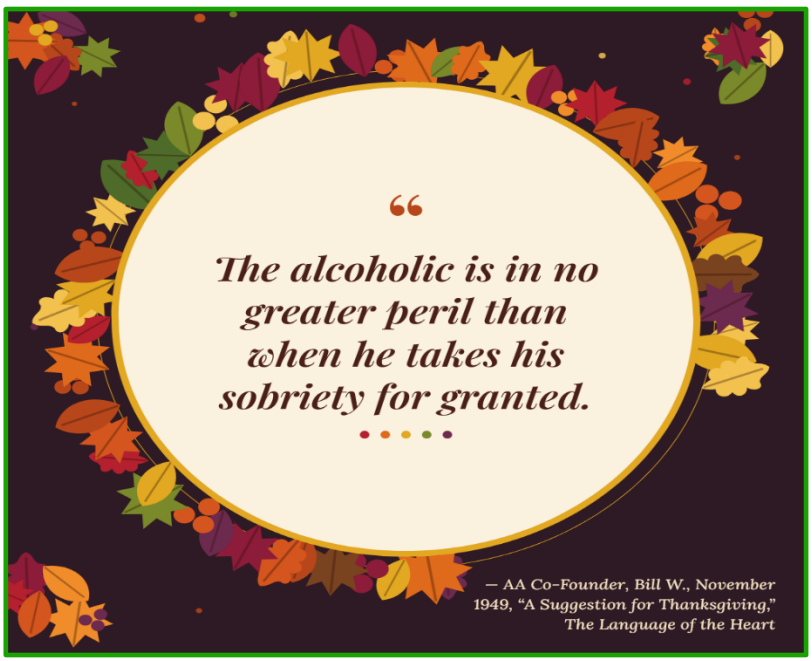
District 08-818
PO Box 12044
Tempe, AZ 85284
District 08-819
PO Box 594
Mesa, AZ 85211

GROUP CONTRIBUTIONS September 2026

Group Name	SEP	YTD TOTAL
A Vision For You Group – Ahwatukee		307
A Vision For You Group -QC		320
Ahwatukee Group		94.74
Ahwatukee Nooners		145
Ahwatukee Saturday Men's		1201.53
Ahwatukee Women's Group		343.01
Arbor Daily Noon Group	200	1800
Arbor Rain or Shine		57
As Bill See's It - QC		778.78
Attitude Adjustment CG		135
Attitude of Gratitude	160	320
Basic II		600
Bloopers	79.95	679.95
Bottom of the Bottle		468.5
Busted Ego	300	600
Chandler Men's Stag Group	489.56	889.56
Chandler Noon Group	136	1284
Chandler Women's BB Group		480.45
Chant 2		270.19
Common Solution Group		612.92
Common Thread		1116.99
Courage To Change		1168
Desperation Group		100
East Phoenix Men's		400
East Valley Men's Stag		628.29
East Valley Veterans		250
Easy Does It	210.6	1658.6
Eye Opener Group	250	250
Family Recovery		200
Feelings & Solutions		315
Fill In The Blank		550
Firehouse Meeting		549.47
Florence Group	100	190
Friday Night Big Book Study		475.2
Get It Together	58.72	1708.82
Gilbert BB Step Study	75	245
Gilbert Group		985.68
Good Ol' Back To Basics		312
Grateful Girlfriends		255.5
Great Start	283	1183
Happy Hour @ Sunbird		400
Hope for Today		268.5
Kitchen Table Group		250
Last Resort		30
Life In The Big Book		490.2
Lost and Found		470
Meal and a Message		1000
Monday Night Madness		168
Name In The Hat		890
New Spirit Group		433.55
No Name Group		150
Opportunity Knocks		200
Over The Influence		200

Group Name	SEP	YTD TOTAL
Page A Day Group		2197.02
Path Less Traveled	500	1400
Patio Group		711.7
Pioneer Group		64
Primary Purpose Group		111
Province Group		250
Progress Rather Than Perfection		150
Putting God First	23.5	23.5
Queen Creek Meeting House	77.7	77.7
Renewed Spirit		208.62
Rising Spirit		550
Road to Recovery	114.68	1136.44
Roads of Hope		55
Rock Solid		977.35
San Tan Men's	117.12	312.12
Second Chance Group		785
Serenity Sisters	97.52	97.52
Serious Over Sobriety	417.62	668.7
Skyline Rain or Shine		294
Sobriety is Gold		401
Sobriety Rocks	83.22	408.86
Some Are Sicker Than Others		400
Southeast Valley Stag	37.5	337.56
Step By Step	20	110
Steppers		120
Stepping Stones	300	875
Sunday Afternoon Step		60
Sun Lakes Women's Serenity Seekers	420	965
Sunset Group		100
Superstition Sunrise		175
Tempe Group		155
Tempe Nooners	60	940
Tempe Sunrisers		500
The Real Thing		137
The Way Out Group		345
Tuesday Nite Steppin' Out		125
Tumbleweeds Group		314.5
Upon Awakening		1050
We Agnostics	100	100
We Ain't Dead Yet		273.3
Wolfpack Group		500
Women In Gratitude		150
*Anonymous Groups	757.67	1677.87
GROUP TOTALS	5469.36	49169.19
Other Contributions and Income		
Individual Contributions		3335.35
Daily Sales	803.17	803.17
EVI Speaker Meeting	314.5	314.5
EVI Special Events	360	360
Uncategorized Transactions (Square)	469.87	469.87
OTHER TOTALS	1947.54	5282.89
GRAND TOTALS	7416.9	54452.08





BALANCE SHEET
September 2026

Assets	
Current Assets	
Checking	11,187.22
Prudent Reserve (Savings)	39,696.45
Accounts Receivable	1645.00
Inventory Asset	17,946.53
Undeposited Funds	2,706.13
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	**$76,195.13**
Liabilities & Equity	
Liabilities	
Accounts Payable	6,432.20
Visa Credit Card	3463.49
Payroll taxes	1179.80
Total Liabilities	**$4,148.51**
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	26,443.21
Net Income	1,824.47
Total Equity	**$72,046.62**
Total Liability & Equity	**$76,195.13**

PROFIT $ LOSS STATEMENT
September 2026

38 Group contributions totaling	**$4.537.54**
11 Individual contributions totaling	**$771.29**
Intergroup Business Meeting & Service Committee's 7th Tradition	
Total Contributions	$**5,308.83**
Total Income	**$ 9,016.03**
Less total Cost Of Goods Sold	**$2,442.20**
Gross Profit	**$6,573.83**
Less total Expenses of	**$5,013.83**
Net September Income	**$1,560.50**
YTD 2026 Income	**$1,824.47**

The current Prudent Reserve balance is $39,696.45

The Prudent Reserve has been established for 2026 in the range of $40,250.73 - $48,300.87

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service,
Alex B. EVI Treasurer
480 250-0000

Sign Up to Become a
GRATEFUL GIVER

Join your fellows and pledge $10 or more each month
to support the East Valley Intergroup.

***Sign up online at aamesaaz.org**
***Choose a monthly pledge amount, $10 to $416 ($5000 annual maximum for members)**
***Paypal contributions are automatically withdrawn.**
***Set us up as an auto pay in your bank account.**
***All personal contributions are anonymous at the public level.**

East Valley Intergroup
1855 E Southern Ave
Mesa AZ. 85204
480) 834-9033 aamesaaz.org



September 18, 2026

East Valley Intergroup Business Meeting Minutes

Please note: Minutes have been abbreviated in several areas due to space limitations. Please see original Intergroup packet for complete text.
Rep Attendees In-Person (40)
Rep Attendees on Zoom (20)

***Welcome new reps:** Daisy- Road to Recovery, Tom S(Sub)- Patio Group

1. Opening
Meeting opened by Chairperson Roxanne B. with the Serenity Prayer.
Hybrid meeting format confirmed.

2. Readings
The 12 Traditions were read by Nicholas

3. Introductions & Attendance
New Intergroup Representatives and Trusted Servants introduced themselves verbally and via Zoom chat.
Welcome to the new Reps: Daisy- Road to Recovery, Tom S(Sub)- Patio Group
Total 50 voting members were counted (combined in-person and Zoom).

4. Officer Reports
Secretary- Kathryn K.
Kathryn explained Treasurer report is not in physical packet in person but is in the packet
It was stated the previous minutes did not have correct attendance. Kathryn was asked to correct.
Wanita motioned to approve secretary report, seconded by Jennifer. Motion passed.
Treasurer – Alex B.
Presented full financial report including income, expenses, and trends.
Proposed budget for next year will be presented at the October Business Meeting and taken back to groups for review before subsequent vote. Proposal will incorporate an updated prudent reserve.
Gary motioned to approve Treasurer's Report, seconded by Matthew. Motion passed.
Chairperson – Roxanne B.
EVI subcommittees to submit proposed budgets before the October 12th Steering Committee Meeting.
Elections in November will take place. Rotating out will be Chairperson, Treasurer, Sponsorship Workshop Coordinator, and the Special Events/ Steering Committee Liaison.
Tracy L seeks another term as Unity Liaison.
Roxanne encouraged groups with concerns about EVI or the Steering Committee to communicate those concerns directly with trusted servants.
Vice Chair – Lucy W. (Absent)
Absent due to grand daughter's birthday party.

Office Manager – Rita C.
August slower for sales and contributions as shown in Alex's Treasurer's Report. Consistent with normal seasonal pattern.
Networking in EVI Office has increased with new volunteers being on board.

5. Standing Committee Reports
The following summaries reflect key committee updates and actions:
Website (Dawn H.) (Carolynn)
See written report submitted.
Introduced Carolynn as a huge help for re-building the website and getting everything fully function again!
Calendar events can include downloadable flyers. Flyers submitted to the office will be forwarded to Dawn for posting, while office volunteers will continue maintaining calendar and meeting information.
Contributions is working online as of now.
Members can subscribe to No Booze News through the site.
Carolynn spoke as well, agreed with Dawn and stated she was grateful to be a part of carrying the message. Carolynn spoke of her background in technology and website service.
Office Volunteer Coordinator (OPEN) 5 Year Sobriety Requirement
Roxanne stated candidate to be presented.

PI/CPC (Mike) Reported by Erica Alt
Erica is acting alternative.
Committee Meeting occur on the fourth Thursday of the month via Zoom.
Volunteers are needed. Reps were asked to take event flyers and JJ's contact information back to their groups.
Committee needs an alternate secretary. Incorrect minutes had been included in the packet.

- **Special Events (Andrea M.)**
Upcoming events: (All Flyers are attached to email)
Quarterly Breakfast – October 17th at 830 am. $10 tickets. (4 tickets remaining)
Thanksgiving Alcathon, Friday Nov 27th 12am-4am slot only slot left to fill.
Golf Scramble September 19th at Dobson Ranch Golf Course. $60 per player, First Tee Time is 7:09am (four of 13 team slots left)
September 19th Bill W Conscious Contact Film to be shown (FREE). Doors open at 1pm. Location is Love of Christ.
First Friday Monthly Meeting- Host Group- Sunset Group October 2nd 7pm at Church of Epiphany.
Firat Friday Monthly Speaker Meeting- Host Group- Page-a-Day November 6th 2026
EVI will NOT host a New Years Event this year.
- **Phones (Robin F.) Andrew Reported**
Andrew presented 41 shifts covered this month. Contact Robin or Andrew for questions.
- Phone Volunteer Training scheduled before the business meeting did not proceed because the expected trainees did not attend. Mike indicated that one-on-one training with Robin or Andrew would be pursued instead.
- **Unity (Sally) Tracy Sub for Sally**
Committee continues outreach to groups that do not have an EVI representative.
Sally and Tracy are preparing year-end report for December summarizing progress, including meetings visited and new Intergroup representatives obtained through out reach.
- **Sponsorship (Ken C.**)
Primary Purpose will host next Sponsorship Meeting.
Ken will be rotating out of position in December.
- **No Booze News (Tamara L.)**
Can subscribe to No Booze News on the website.
October newsletter will be delivered to Office Manager over the weekend.
Microsoft Publisher is being retired. Will need to find another no cost application, if anyone has any suggestions, please reach out.
- **Literature (David)**
Stated he will be at First Fridays, and Movie with Bill W, and secular conference in November.
Position will open up at the end of the year.

6. Liaison Reports
Key liaison updates included:
Al-Anon Liaison
Position began the meeting as open.

H&I (Nicholas S.)
Contact VWHI.org if you would like to participate in H&I.
90% of Donations go to books for incarcerated individuals.
Corrections Month, locations will be updated in the minutes, visited multiple jails.
Spanish Liaison (Lauren W.)
Attended Spanish intergroup meeting.
October 18th at Mariposa Park is the next Dia de Campo (Poster will be hung up at EVI)
Subdistrict 08-820 (Julius)
Quarterly Pot luck Meeting in October
November 14th assembly in Chandler.
Subdistrict 08-818 / 08-819
Neither reported.

8. Old Business
Critical vacancies:
Al-Anon Liaison Matthew was unanimously voted in.
Candidate, Ula, presented qualifications for Office Volunteer Coordination. Ula was voted in unanimously.

9. New Business
Tom S. asked for update on replacing computers and firewall. Roxanne responded with we are waiting for a quote from COX. When full proposal is ready it will go first to Steering Committee and the Intergroup for approval. Roxanne committed to pushing for an update in connection with October budget process.

11. Announcements/Action Items/Motions and Decsions

One slot left at Thanksgiving Alcathon. 12am-4am slot available.
Apache Lake Campout November 6th-8th 2026.
EVI Golf Classic September 19th.
Quarterly Breakfast October 17th at 830am.
Movie and Meditation September 19th at 1pm.
Three C's Al-Anon and Big Book Study meetings are moving from St. Andrews to St Augustine's Church.
Mesa Alano Club turns 50 years old Saturday 19th at 530pm. Raffle baskets, t-shirts, and speakers.
Alex: Prepare the proposed annual budget, including the updated prudent reserve, for presentation at the October business meeting.
Subcommittee Chairs: Submit proposed budgets before the October 12th Steering Committee meeting, preferably by late September or early October.
Kathryn: Correct previous meeting's attendance record.
Roxanne: Obtain the pending IT quote and move the office technology proposal forward through the October budget process.
Mike: Pursue one-on-one phone volunteer training with Robin or Andrew.
Erika PI/CPC: Address committee-minute issues and recruit and alternate sectary.
Tamara: Identify no cost replacement for Microsoft Publisher.
Dawn: Continue posting flyers submitted through the office to website calendar events.
Ula: Assume Office Volunteer Coordinator responsibilities.
Matthew: Begin Al-Anon Liaison responsibilities.
Sally and Tracy: Prepare the Unity Committee year-end progress report for December.
Andrea: Continue efforts to fill the remaining Thanksgiving Alkathon slot and coordinate October 17th breakfast tickets.
Rita: Post the Dia de Campo flyer and continue onboarding officer volunteers while addressing bookkeeping needs.
Intergroup Representatives: Share PI/CPC event information with home groups and begin identifying candidates for November elections.

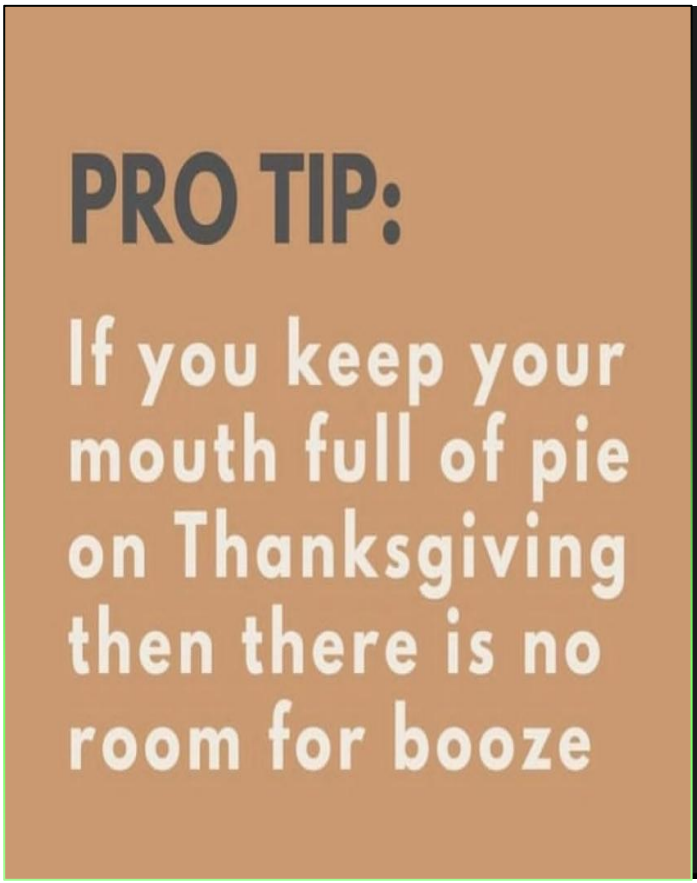
13. Closing

Tom motioned to close, seconded by Matthew and the meeting was closed.
Meeting closed with the Responsibility Statement: "When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Tradition Eleven

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

1. Do I sometimes promote AA so fanatically that I might make it seem unattractive?
2. Am I always careful to keep the confidences shared with me as an AA member?
3. Am I careful about throwing AA members' names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Am I careful not to identify myself or others as members of AA when I post certain things on social media, such as Facebook, Twitter or Instagram?
7. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?
8. If my group has its own website, have we considered this Tradition when we designed it, how accessible it is, and the type of content that it offers?





"You couldn't find a better hiding place for your bottles?"

Thanksgiving Word Search

Gratitude & Recovery

H I G H E R P O W E R R R A I
K G K J W T O D O S M G E R K
T S A E F H J D N U F I C S J
H P E C N A T P E C C A O P S
A O H L U N R R D A E T V U G
R N G R G K S T A U A W E M R
V S Y G C F T S Y T F S R P A
E O E H P U U O A U A E Y K T
S R T N K L F B T M M R K I I
T C L I O D F R A N I V O N T
T U R K E Y I I T P L I E H U
T E P O H S N E I I Y C S S D
C S I F K U G T M E E E D A E
S E R E N I T Y E J Y L H T L
F F U S P I H S W O L L E F C

Thanksgiving

Autumn
Family
Feast
Gratitude
Thankful
Harvest
Pie
Pumpkin
Stuffing
Turkey

Recovery

Acceptance
Fellowship
Higher Power
Hope
One Day at a Time
Recovery
Serenity
Service
Sobriety
Sponsor

IN LOVING MEMORY

George Cruickshank

MEMORIAL SERVICE

Saturday, November 28, 2026 · 10:00 AM

Inspiration Senior Living
6220 E. Broadway, Mesa, Arizona

All who knew George are welcome to come share a memory and celebrate his life.

George

a tribute by his longtime friend, Howie C.

Now I've known George a good long time,
And George is from Scotland, don't that blow your mind!
18 years old, he left Scotland one day.
Came to the U.S. by the Canadian way.
Northern Illinois is where he'd end up.
All the way from Scotland, just a young pup.
I don't know all the details of all those years,
But I know he liked drinking his booze and his beer!

And that's how George and I met one year.
We both moved from Illinois to Arizona back in the '80s.
I came with my kids and my lady,
Not sure if George was all alone,
But we met in Central Office working the phones.

That's the office of Alcoholics Anonymous or AA as we say.
We pretty much messed up our lives drinking that booze all day.
We have a better life by the principles we learned,
Do what is suggested and you won't get burned.

Now it's been many years since we've known each other,
And today George and I are more like brothers.
We've had lots of laughs in the years gone by,
One day at a time, be honest, don't lie.
That's how we do it to stay as high as the sky.
Thank God and AA for showing us the way.
For now we have serenity at the end of the day!

Thanks for being my friend, George.

The Prayer of St. Francis

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

EVI PRESENTS

FIRST FRIDAY MONTHLY SPEAKER MEETING

EXPERIENCE.STRENGTH.HOPE.

Join us for an evening of fellowship and great speakers hosted by a different East Valley group each month!

DEC. 4TH, 2026
7:00 PM – 8:30 PM

Host Group:
Good Orderly Directon

Food and Fellowship at 7:00 PM
Meeting starts at 7:30PM

Church of the Epiphany
2222 S. Price Rd. Tempe, AZ



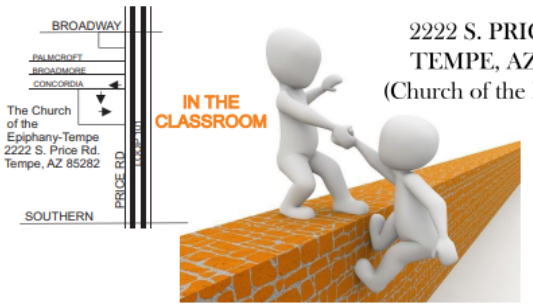
We need help!
Join the **EVI Special Events Committee**
meets at **6:15PM** before the Monthly Speaker Meeting

For more information contact EVI Office at (480) 827-1905
E-mail – evispecialevents@gmail.com

East Valley Intergroup's Sponsorship Workshop

December 5, 2026 at 10:00am

PAGE A DAY GROUP



2222 S. PRICE RD.
TEMPE, AZ 85285
(Church of the Epiphany)

"I am responsible. When anyone, anywhere, reaches out for help. I want the hand of AA always to be there. And for that: I am responsible."

Workshop format: Enjoy the panel of fellow AA members share their experience, strength and hop on the challenges and rewards of sponsorship. Then have your answered during the interactive Q & A portion.

Refreshments are provided at this free event. For questions or to sign up your group, please call or text Ken @480-242-8160.

Al Anon Events

Saturday Serenity AFG Speaker Series
10 am on Sept 26, Nov 28
Zoom ID: 847 9029 6018
Passcode: 123456

Family Recovery Night
October 17th, 2026 (3rd SAT)
Dinner 5:30pm, Meeting 6:30 pm
Church of the Epiphany
2222 S. Price Rd, Tempe 85282
6:30 pm Zoom ID: 819 9500 7731
Passcode: 195151

Arizona Al-Anon Book Study
A New Way of Living AFG
Mondays, 6pm MST
Zoom ID: 892 9102 6549
Passcode: 123456

Friends of Bill and Lois
Monthly Speaker Meeting
AA with Al-Anon Participation
First Sat of each month, 7pm-9pm
NorthWest Church of Christ
5110 West Union Hills Drive
Glendale, AZ 85308

International Al-Anon Speaker
Meeting Sunday's
9am-10:30 am summer months
10am-11:30 am fall/winter
Zoom ID: 812 4237 3978
Passcode: alanon

Recovery Through the Concepts
Saturday, Oct. 24th, 10:30am-12:30pm
Gilbert Presbyterian Church
235 E. Guadalupe Rd, Gilbert AZ 85234
Zoom ID: 869 5143 4188
Passcode: 602820
Hosted by District 11

Carry the message to women in jail
Requirements include being in Al-Anon for at least 1 year, have a sponsor, and be available on a Saturday of your choice.
Contact Kimberly C at 480-570-0112 or rpcvkcarlineyahoo.com

Tuesday Night 12 Step Study
Weekly step meeting and quarterly Tradition meeting.
7:15pm - 8:15 pm
Zoom ID: 868 8495 4100
Passcode: 12x12

Get in the Car Speaker Meeting
2nd Saturday of each month
AA with Al-Anon Participation
Church of the Epiphany
2222 S. Price Rd, Tempe 85282
7 pm, Childcare available

Discovering Choices
Recovery in Relationships (B-30)
Wednesday Workshop Series
Hosted by District 13 WA Area
Every Wed 6pm Pacific Time
July 22-Nov 11 on Wednesday
Zoom ID: 387 493 608
Passcode: 123456

Al Anon 75th Anniversary with AA participation
November 14th, 9:30am-11:30 am
Self pay lunch to follow
University Presbyterian Church
139 E Alemeda Dr, Tempe AZ 85282

EVI INVITES YOU

Thanksgiving Alcathon

Starts Wednesday, Nov. 25th at 12PM
Ends Friday, Nov. 27th at 12PM

Meetings on the odd hours.

Fellowship • Gratitude • Service
Coffee • Food
• Traditions Play at 7PM on
Thursday,Nov.26th • All Welcome

Church of the Epiphany
2222 South Price Rd, Tempe, AZ , 85282

Questions? email Special Events at evispecialevents@gmail.com

EVI PRESENTS

FIRST FRIDAY MONTHLY SPEAKER MEETING

EXPERIENCE.STRENGTH.HOPE.

Join us for an evening of fellowship and great speakers hosted by a different East Valley group each month!

NOV 6TH, 2026
7:00 PM – 8:30 PM

Host Group: Page-a-Day
Food and Fellowship at 7:00 PM
Meeting starts at 7:30PM

Church of the Epiphany
2222 S. Price Rd. Tempe, AZ



We need help!
Join the **EVI Special Events Committee** meets at **6:15PM** before the Monthly Speaker Meeting

For more information contact EVI Office at (480) 827-1905
E-mail – evispecialevents@gmail.com

A SECULAR FELLOWSHIP OF ALCOHOLICS ANONYMOUS

We AGNOSTICS

— Now Meeting ~3 Times~ Weekly —

WEDNESDAY EVENING MEETING IN MESA (In-Person Only)

New – Join Us!
Wednesdays 7:00 pm

IN-PERSON
@
Red Mountain Rec. Center
7550 E. Adobe Street
Mesa, Arizona 85207
(Adobe & Power)

WEEKEND MEETINGS IN TEMPE (In-Person & Hybrid)

Saturdays 9:00 am
-and-
Sundays 1:30 pm

IN-PERSON
@
The Pigeon Coop
4415 S. Rural Road
Tempe, AZ 85282
(Baseline & Rural)

HYBRID*

The only requirement for AA membership is the desire to stop drinking.

Everyone Welcome! | INCLUDING AGNOSTIC, ATHEIST, FREETHINKER AND SECULAR

Our meeting format is secular and does not include prayer. We believe that the fellowship of AA should be available to everyone. We understand that some people find that recovery resonates more deeply when religious language is set aside. Our wish is to ensure that suffering alcoholics can find sobriety in AA without having to accept anyone else's beliefs or deny their own.

*Download the Meeting Guide, a Service of A.A. World Services, Inc.

Public Information and Cooperating with the Professional Community (PI/CPC)

WORKSHOP

Hosted by Area 3 PI/CPC

"Carrying the Message - Building Awareness of AA through Attraction, Service and Anonymity"

Saturday, November 21st	8:00am – 11am	Church of the Epiphany 2222 S Price Rd, Tempe

Come learn and share about...

- The purpose of AA PI/CPC services
- Applying AA Traditions when conducting public outreach
- Delivering an effective AA informational presentation
- Collaborating with professionals and community organizations
- Protecting anonymity while using traditional and digital media
- Developing a local PI action plan for your district or group

Volunteers Needed!

Contact
PI@area03.org
CPC@area03.org

for more information